



MaryJane's Cluck™

Celebrate

independence!

July 1, 2009

A word from your Sisterhood Coordinator

The 4th of July, Independence Day, and Farm Fair

You only have to look as far as our Farmgirl Connection to understand how we farmgirls feel about "independence." It is our core. Each of us, at our best, knows that we march to our own drumbeat. Yet even in our differences, we know that here at the farm we have the freedom to be ourselves—all farmgirls, different in so many ways, yet all with the same "heart condition." A year ago when I was asked to help with the organization of MaryJane's Farm Fair, I couldn't imagine anything I would like to do more. The thought of getting a couple thousand of my closest farmgirl sisters all in one location was simply dreamy. Now as the day approaches, my excitement is almost palpable. I cannot wait to hug each and everyone you!

In 1776, John Adams wrote about Independence Day to his wife, Abigail:

"This will be the most memorable epoch in the history of America. I am apt to believe that it will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward forever more."

Rest assured, Mr. Adams, we farmgirls will be doing our best to keep the celebration of independence alive and well here on the Palouse!

René Shoom





Featured Farmgirl

Carrie Meerwarth

Name: Carrie Meerwarth

Forum ID: Carrie M

Married: Yes

Children: Yes, mother of five children: three boys, ages 21, 18, 15, and two girls, Nicole, 16, and Ashley, 11. Both girls have earned numerous Farmette badges through the MaryJanesFarm Sisterhood Program.

Favorite Flower? Orchid

Why? Because it is kind of a wildflower that seems to be hardy enough to grow in wild and forsaken places, yet is dainty and feminine.

What is your passion (besides hubby and kids and other family members)?

I love stitching and crafting.

Favorite Quote: "'Tis better to weep at joy than to joy at weeping." – Shakespeare, *Much Ado About Nothing*

Best piece of advice anyone has ever given you ... and who gave it? Any advice my mom has ever given.

What are your dreams for the future?

Have a bigger farm with more land and animals.



“ We are each of us angels with only one wing,
and we can only fly by embracing on another. ”

– Luciano de Crescenzo

The scoop from MaryJanesFarm

Still time to Buggy, Barter, & Boogie down the Palouse to our 4th of July Farm Fair!

[Click here for details.](#)

I just finished my gown for Farm Fair!! I've pretty much decided that I'm "liberty-goddess/freedom-fairy!" It is a completely absurd, over the top ridiculous frock, which about sums me up!! I can not wait to see everyone, meet everyone and just bask in everyone's light and glory. Blessings to each of you!! ~ Julia Hayes, Farmgirl #30

OK ladies... Hold on to your bonnets... The Klamath Falls Charming Chicks are comin' to town! We will be joined by the Rogue River Chicks and friends meeting us from western Washington ... We will be meeting KPaints for dinner with others and the Washington gals and staying overnight in Cheney ... then we are staying at the Tamarack RV Park in a darling cabin ... Gail and I and Wendy will be driving 7 or 8 hours to get there by dinner ... Can't wait to meet everyone!
~ Cheryl, Farmgirl #309

Can't wait to meet all the farmgirls I chat with! : ^)
~ Teresa Sue, Farmgirl Sister #316



Pay Dirt Farm School Classes

Pay Dirt Farm School is our non-profit educational program offering farm apprenticeships. The program provides practical experience for individuals who value common sense and introduces them to the operations of an organic farm. The school's mission is to cultivate organic farmers and eaters. The school was founded with the belief that the elimination of deadly pesticides, herbicides, and chemical fertilizers, along with the maintenance of healthy living soil and the rebuilding of local communities, all play a major role in the development of individuals whose thoughts, dreams and actions create positive change.

For a complete list of classes for 2009, please [click here](#).

The farm scoop continues ...

New MaryJanesFarm Store Open in Moscow??

So I was driving through Moscow the other day (fairly typical, as I live in Palouse) and out of the corner of my eye, I thought I saw a red and white store sign with the name MaryJane and something else. I believe it was in the area down by the farmers' market. Now rather than risk a car accident, I kept my eyes and car on the road. I know there has been talk of a new store opening in Moscow, but I can't find anything on the website about it. Can this be it? Does anyone know if the Moscow store is open yet and perhaps what the hours might be?

AlyssaMarie @ Link'd Hearts Ranch
Does the "grapevine" have this one right?

Read here to find out more.



July Holidays

July 3-5 Celebrate Independence Day weekend at Farm Fair!
July 19 National Ice Cream Day
July 20 National Hug Your Kid Day
July 23 Gorgeous Grandma Day ... you know who you are!
July 26 Parents' Day

For more details on fun days you might not know about, **click here.**



Farmgirl Chatter

What are farmgirls chatting about?

Check it out at The Farmgirl Connection link [here!](#)

Welcome Wagon

So many new farmgirls ~ Welcome to you all!

Check them all out here.

Book Ideas: Victory Garden Plans

Wouldn't that be a great book? Re-invent a victory garden!! Chock full of garden designs, heirloom seeds, composting, harvesting, and some down-home victory garden recipes!!

- Melody

To add your thoughts on Victory Gardens and read what other farmgirls are saying, **click here.**

Across the Fence: A Waking Thought

GOOD MORNING!! OK gals, I'm just crawling out of bed and totally not sure if I am posting this in the right section. Still picking the morning crud bugs out of my eye (ummm, that was a lovely mental picture). LOL. I hardly ever dream or have dreams that I can remember. So just a couple of minutes ago, I realized I was thinking how cool would it be if we had a farmgirl board game! I'm thinking the object of the game would be more about spreading love and awareness on self-sufficiency rather than money ... ooops, I lost my train of thought. Time for a cup of tea and a few minutes to wake up! Be back in a bit ...

- Melanie

Wanna "play" along? **Click here.**

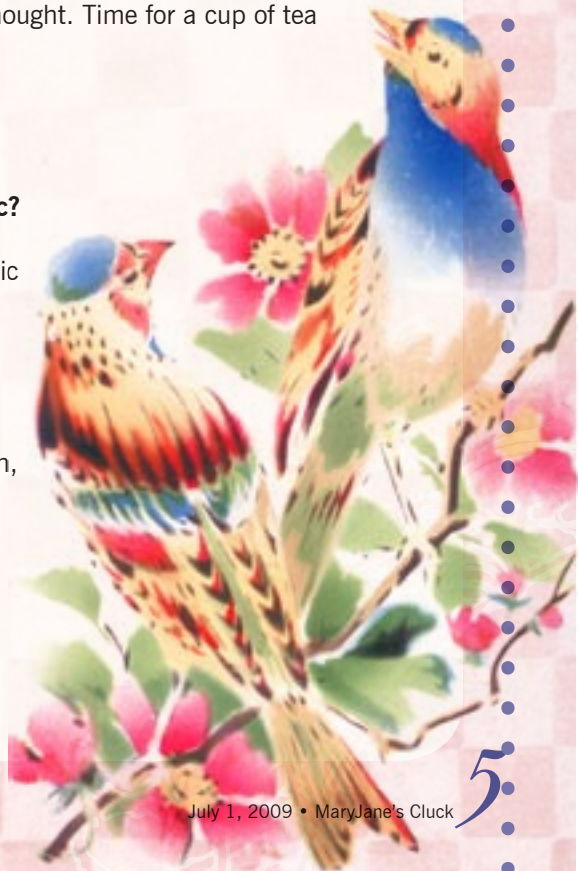
Stitching & Crafting Room: What's Your Favorite Type of Fabric?

So, what is your favorite type of fabric? I have to say that while silks, satins, and velvets are sooo wonderful to touch and organic cotton is so "green," my all-time favorite ... and those of you who grew up in the '60s can attest to this ... seersucker! Yep, good old-fashioned cotton seersucker ... I love the way it puckers and gets softer with washings. I love both the solids as well as plaids ... I have 2 seersucker blouses in my closet, but they are hard to come by. So for now I just continue to wash, wear, and enjoy mine. Oh and another thing I LOVE about seersucker ,, No Ironing! lol! Have a Great Day.

> ^ .. ^ < Happiness is being a katmom.

"I've never met a sewing machine I didn't like!"

Click here for other farmgirl favorites.





Featured Recipe

From *MaryJane's
Farmgirl Wisdom*



Farmgirl Salad (Yield: four servings)

- | | |
|------------------------------------|---------------------------------|
| 1/2 cup fresh strawberries, sliced | 1/2 cup almonds |
| 1 small apple, thinly sliced | 1/4 cup fresh cilantro, chopped |
| 1/2 teaspoon lemon juice | 2 cups mixed greens |

Toss strawberries and apple with lemon juice. Add remaining ingredients. Drizzle with Garlic Almond Vinaigrette and toss.

Garlic Almond Vinaigrette (Yield: 2/3 cup)

- | | |
|------------------------------|---------------------------------|
| 1 small clove garlic, minced | 1 tablespoon white wine vinegar |
| 1/2 teaspoon sea salt | 2 teaspoons honey |
| 2 teaspoons almond butter | 1/2 cup olive oil |

In a pint jar, blend all ingredients and shake the jar vigorously for 3 to 5 minutes. Store, tightly covered, in the refrigerator for up to 3 days.



MARYJANES FARM

Farmgirl Sisterhood News

We will be crowning a **"Farmgirl Sister of the Year"** at the upcoming Farm Fair event on Sunday, July 5. Who is she? Stay tuned! Here's a hint: She's a NE Farmgirl.

Woo-Hoo! This month's Sisterhood Badges go to: (drum roll please)

Marcy Jo

Each Other: Intermediate Badge, Families Forever
Each Other: Intermediate Badge, Entrepreneurial Spirit
Stitching & Crafts: Intermediate Badge, Button Up
Garden Gate: Beginner Badge, Heirloom Forever
Garden Gate: Beginner Badge, Horse Dreams
Garden Gate: Intermediate Badge, Horse Dreams
Garden Gate: Intermediate Badge, What's Your Beef?
Cleaning Up: Intermediate Badge, Shopping Green
Cleaning Up: Expert Badge, Shopping Green
Outpost: Beginner Badge, Disconnect to Re-connect
Make It Easy: Intermediate Badge, Build it Green

Merry Amann

Garden Gate: Beginner Badge, Heirlooms Forever
Cleaning Up: Intermediate Badge, Shopping Green

Rebekka Boysen Taylor

Farm Kitchen: Beginner Badge, Self-Sufficiency
Farm Kitchen: Intermediate Badge, Self Sufficiency
Stitching & Crafts: Beginner Badge, Crochet

Gail Springman

Tammy Bradshaw

Julia Valorich

Victoria Montoya

Audrey Beth Kirk

Cleaning Up: Beginner Badge, Shopping Green
Cleaning Up: Beginner Badge, Going Green
Cleaning Up: Beginner Badge, Going Green
Cleaning Up: Beginner Badge, Shopping Green
Stitching & Crafting: Beginner Badge, Apron
Stitching & Crafting: Beginner Badge, Sew Wonderful
Cleaning Up: Beginner Badge, Shopping Green
Cleaning Up: Intermediate Badge, Shopping Green
Cleaning Up: Beginner Badge, Shopping Green
Cleaning Up: Beginner Badge, Shopping Green
Garden Gate: Beginner Badge, Backyard Farmer
Make It Easy: Beginner Badge, Light the Way
Make It Easy: Intermediate Badge – Light the Way
Make It Easy: Expert Badge, Light the Way
Stitching & Crafts: Intermediate Badge, Crochet
Stitching & Crafts: Expert Badge, Quilt

Pam Cook

Lisa Dorian

Kayla Howard

Carrie Meerwarth



Moscow, Idaho

FARMERETTE AWARDS:

Ashley Meerwarth
• Stitching & Crafts: Beginner Badge, Quilting
• Stitching & Crafts: Intermediate Badge, Quilting
• Stitching & Crafts: Beginner Badge, Crochet
• Stitching & Crafts: Intermediate Badge, Crochet
• Stitching & Crafts: Beginner Badge, Homespun
• Garden Gate: Beginner Badge, Backyard Farmer

the clucking continues ...

Farmgirl Chapter Henhouses

Here's where official members of the Farmgirl Sisterhood have set up "henkeeping" in our online "Henhouses." Our Henhouses give chapter members a place to meet online to chat, post photos, share instructions, tutorials, and more just for their own chapter. Each Henhouse has a "Bulletin Board," where a designated "Head Hencho" for that chapter posts chapter announcements and events. Even if you aren't a member, you can view these sites (go directly to the discussions without trying to type in a password at the top), but only official Farmgirl Sisterhood members will have access to post in their chapter's cyber Henhouse.

Click here to purchase your Sisterhood membership. If you're already a Sisterhood member and love to display your Sisterhood certificate, you'll really love our second and third-year renewal certificates! In fact, some of our Sisters have even purchased their renewals in advance to get theirs!





Magazines, Books, and More

August/September 2009 issue of *MaryJane's Farm*

Our August/September issue, *Makin' Hay*, has started shipping to subscribers and will be on newsstands July 14. In it, you'll find seven ways to preserve the harvest, unique ideas for horse trough gardening, projects for crafting with twine, and even instructions for making a homemade tent that you can decorate in romantic farmstyle.

[Click here](#) to subscribe to *MaryJane's Farm* magazine.

Magazine “Goodies” on the MJF Website

“For those who are looking for the Magazine portion of the website, here is the place to find additional patterns, instructions, recipes and such! Yum!”

~ Alee, Farmgirl Sister #8

To find the goodies, [click here!](#)

“MaryJane’s Everyday Organic” Newspaper Column

Want to help MaryJane spread the farmgirl spirit? Get in touch with your local newspaper (letter, phone call, visit) and nudge them into carrying her column, “MaryJane’s Everyday Organic.” Let them know you’re on board and why—that you’re someone who cares, who dares, and most importantly, who loves to share what MaryJane represents for you; that you want to see more of what MaryJane has put voice to; that her simple solutions for buying less, eating better, and getting more out of life are something you’d like to see them carry.

Here’s the little bit of info you’ll need:

“MaryJane’s Everyday Organic” weekly column is distributed by United Feature Syndicate, the same people who bring you features like Miss Manners, Sense & Sensitivity, Animal Doctor, Peanuts, and Dilbert. Newspapers can **e-mail** lwilson@unitedmedia.com to find out more. Good luck, and let MaryJane know WHO you contacted and WHEN by **dropping her a line** at column@maryjanesfarm.org.

“MaryJane’s Everyday Organic” is running in The Salt Lake Tribune!

Check it out online every Thursday. [Click Here](#)

And you can look at the “More Home News” list on the left side of the page to read past columns.

Magazines, Books, and More continues ...

SPECIAL: 3-Book Bundle

MaryJane's books are all bundled up for summer reading. Buy them together and save \$15! *MaryJane's Ideabook, Cookbook, Lifebook; MaryJane's Stitching Room; and MaryJane's Outpost.* **Click here.**



Gift Items ...

Inspire yourself or inspire a friend with books, journals, note cards, and other gifts from MaryJane. From the kitchen to the campfire, there's something special here for every farmgirl-at-heart.

Click here to shop our gift items.

And don't forget to visit our "Product Shop" ... **Click Here**

There, you'll find everything from organic bed sheets to beautiful bed sets to aprons to dolls to candles to chocolate to over 60 instant or quick-prep meals and desserts to much, much more!



René Groom, Sisterhood Coordinator

MaryJanesFarm • Moscow, Idaho

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**Over 809 Farmgirl Chapters in 48 states and 7 countries
and 31 Henhouses with 639 Sisterhood members ~
growing stronger every day!**