

MaryJane's Cluck™

Monthly Sisterhood Newsletter ... where the braggin' begins!

December, 2009

Circumstances made us FRIENDS, MaryJanesFarm made us SISTERS!

MARYJANESFARM

Hello from Sister #1

As a child growing up in the '50s, I almost always had a doll with me. Most of my dolls were handmade; some were store-bought, but small enough to fit into the crook of my arm. I toted my dolls everywhere—from the coziness of my bed to my dad's workshop, the garden, around the neighborhood, even camping. They washed up just fine after frolicking in the dirt, and when a homemade favorite finally grew threadbare beyond patching, my mother would make me a new one from her magic scrap basket.

My own children inherited my love of handcrafted toys: beloved rag dolls and sock monkeys stuffed with love. And now that I'm a grandmother, it seems only natural to pass this tradition on to my granddaughter. She was already patting her cloth doll on the bottom at only 1 year old, as she lovingly tucked its rag head under her own chin like a seasoned mother. Her handmade cloth doll is even more important to me now, in light of discoveries about toxins in toys. Millions of toys were recalled in recent years because they contained materials like lead, cadmium, and arsenic.

As parents and grandparents, we need to know these things, but trying to sort out all the warnings while standing in a store aisle can be overwhelming. I've decided that the key to making sure I'm shopping as safely as possible—with as little stress as possible—is preparation.

First off, I identified the stuff I wanted to avoid. The Consumer Action Guide to Toxic Chemicals in Toys (www.healthytoys.org) ranks commonly purchased children's products according to toxicity. As an extra safety precaution, I'm going to steer clear of any toy that has

continued ...



I toted my dolls everywhere!

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Here are directions for a simple doll that can be stitched by hand in no time at all.

Doll: Cut out fabric (osnaburg or muslin works great) using the pattern on the following page. With right sides together, stitch seams 1/4" from edges, leaving openings for arms and legs in body piece. Turn all pieces right sides out; stuff. Insert arms and legs into openings and hand stitch in place. Create nose and heart from fabric scraps; hand stitch with decorative stitches. Embroider eyes and mouth if desired, or use button eyes for an older child. Hand stitch wool, yarn, or even twine onto head to create hair. Be creative!

Top: Cut out fabric of your choice. With right sides together, stitch shoulder and side seams 1/4" from edges. Hem neckline, sleeves and bottom. Turn right side out.

Skirt: With right sides together, stitch side seams. Hem bottom. Hem top of skirt, leaving space to insert elastic, or turn right side out and sew right onto doll as you tuck and gather.

Once you've made your doll clothes, embellish with an apron made from a vintage tea-stained hankie. (To tea stain fabric, simply immerse in hot water, add several bags of black tea, soak until fabric is desired darkness, and rinse.

continued ...

that "new" plastic smell or any other strong fragrance that indicates it might contain creepy chemicals.

Now comes the fun part: exploring all the creative play options that can awaken a child's mind (and rest easy on ours, too). Plastic-proof toy ideas:

- Wooden planes, trains, and autos: www.rosiehippo.com
- Organic cotton or wool-stuffed animals and dolls: www.lisab.com
- Board games (without a bunch of plastic parts): www.ampersandpress.com
- Nontoxic art supplies: www.ecoartworks.com
- Craft kits (knitting, crochet, embroidery, weaving, and woodworking kits for kids): www.magiccabin.com
- My son's first playful stitching project (in sixth grade) was a sock monkey named George. The classic sock monkey pattern is included with every pair of Red Heel socks. Or you can buy stitching kits online at www.classicmonkey.com.

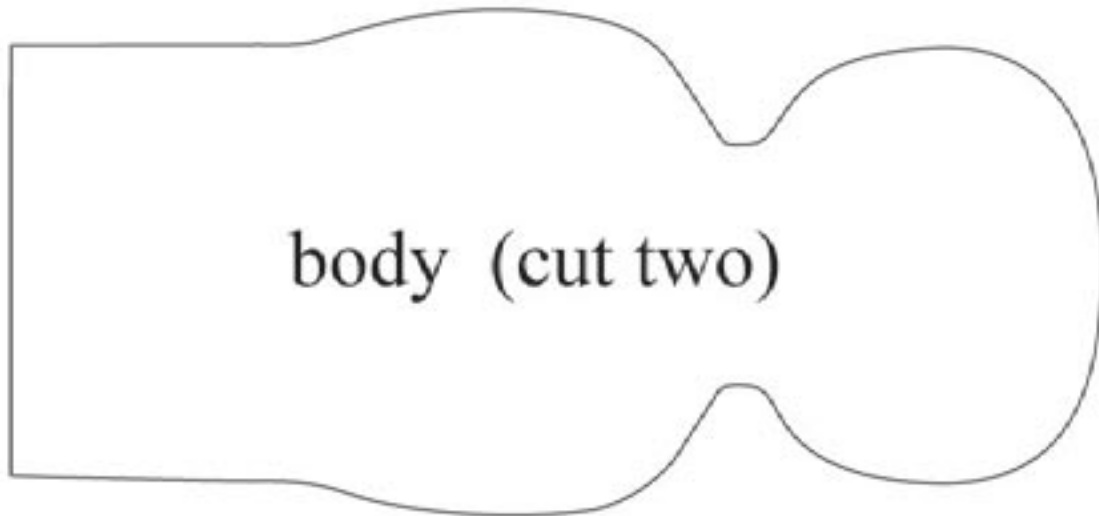
Since we aren't the only ones buying toys for our kids, we're faced with the challenge of asking friends and relatives to shop conscientiously as well. A growing trend is the preholiday Safe Gift Request letter. It's simple: Explain that you've been researching the latest news about toxic toys and that you're waging your own family boycott of them. Encourage your loved ones to jump on board, and give them lots of ideas about what kinds of gifts are considered safe. You might even want to print this and pass it along. No reason to feel awkward: You're looking out for your child's welfare.

Imagination is a child's best toy. With it, kids can turn old clothes into costumes and cardboard boxes into frontier forts. "Pretend friends" stitched from cloth and filled with love are on my shopping list. I'm leaving the arsenic and cadmium on the shelf.

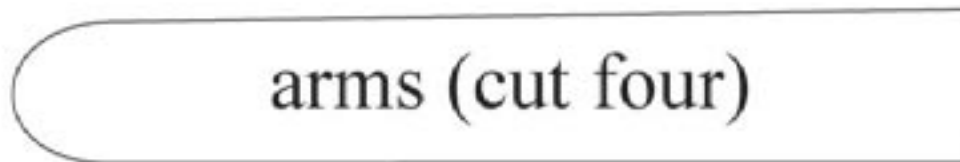
Mary Jane ♥



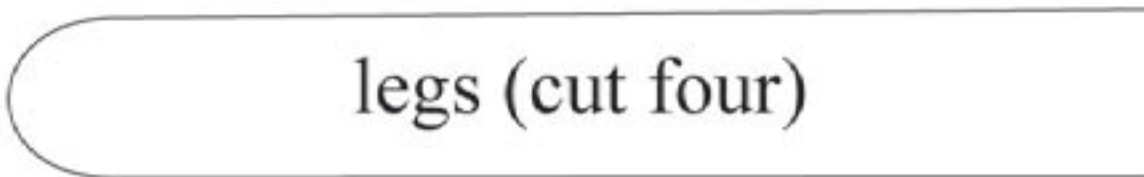
Enlarge pattern to the size of doll you want.



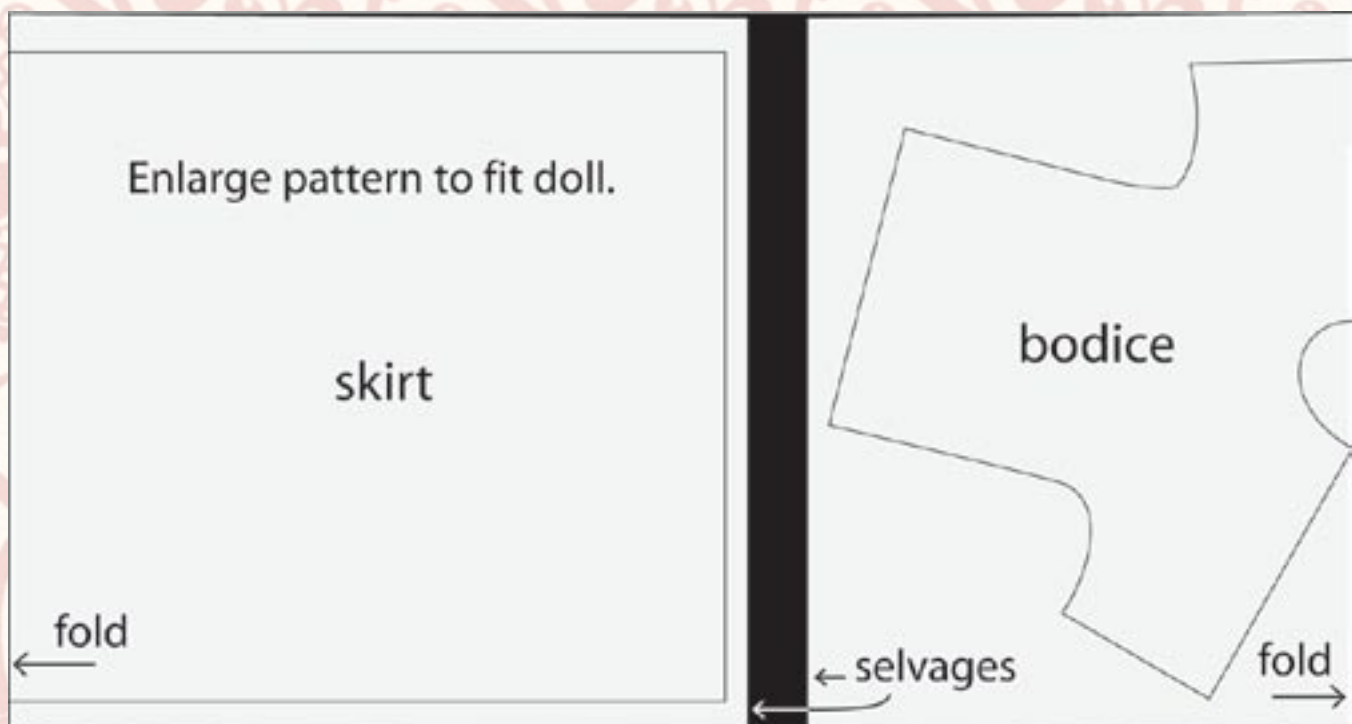
body (cut two)



arms (cut four)



legs (cut four)



Enlarge pattern to fit doll.

skirt

fold

bodice

selvages

fold

A word from your Sisterhood Coordinator ...

Recently, with a little nudging from friends, I began hiking the countryside around our little community called Horse Heaven Hills. The landscape is harsh, blanketed by sagebrush, jackrabbit holes, coyote trails, and a view like none other. The friends that I hike with are more “experienced hikers,” and while they have invited me to join them for nearly a year, I have always declined, fearing that I could not keep up with them. To my surprise, I am doing okay ... certainly holding my own.

When I am out on the trail, I feel transported from one mental space into another. I have discovered that hiking stimulates my mind, as there are so many things on the trail that tend to be thought-provoking for me.

Things like a little flower that seems to splash color in the midst of the brown background calling out to me, reminding me that I want to be that little flower that makes someone happy just by being what it is.

I have also noticed the seed on the sagebrush—the plant that seems the most average when examined closer is anything but average. It is very complex, with a specialness all its own. As I walk, I can’t help but notice the paths of all the living things that have walked here before me, reminding me that I am not the only one that has been here ... neither past, present, nor in the future.

I have never been more aware of my own breath as I am when I am out there climbing the trails. Often times, I feel that my life is moving way too fast, and that I am not aware of even the simple act of breathing in and breathing out once I am back off the hill.

I love standing at the peak of the hill overlooking the river below, and as my eyes drink in the beauty of the valley, I draw a deep breath, along with slightest hint of musk that is in the air. Every day I am out there, I discover something new, either about me and my ability or about the landscape around me. I have found myself asking, “What was I waiting for?”

If, like me, you are hiking in the hills around your home, please make sure to journal your experience and all the things that you are learning in the process.

Gene' Shoem

Sister #185





each other

According to MaryJane, the seven aspects for living the farmgirl life are:

EACH OTHER | FARM KITCHEN | GARDEN GATE | STITCHING & CRAFTING ROOM | MAKE IT EASY | OUTPOST | CLEANING UP

EACH OTHER with Megan Rae To earn a Sisterhood badge in our **EACH OTHER** category, [CLICK HERE](#)



Megan Rae (Sister #2) grew up “on the farm”—MaryJanesFarm. She attended Gonzaga University and received a bachelor’s degree in Journalism. After marrying her college sweetheart, they moved to Kansas and bought their first home on a cobblestone street. Her love for writing, editing, and well, her Mom, finally brought her back to the farm. Raising her 2-year-old and 7-month-old farmgirls and working alongside her husband, mother, and family is the perfect lifestyle mix for Megan. She rounds it out with travel across the country to visit her five dearest college girlfriends who she loves with all her heart (they’ve all been in each other’s weddings), her stepsister in New York City (the perfect excuse to slip into a pair of stilettos), and one of her favorite farmgirls that she met when she lived in Kansas (scheduled around working the cows, of course).

In college, my roomie and I were big into the holidays. Me being big into the holidays is no surprise, but I was ecstatic that my roommate was as crazy as I was. We always had a tree, lights, stockings, and *only* holiday tunes from Thanksgiving to New Year’s. Which is kind of funny, considering we were on break and not there most of that time. And when we were around, we should have been studying for fall semester finals.

Instead, we threw a party every year. There were a few requirements. For starters, it was always just for girls. Sometimes a random male friend would stop in, but we’d scare him off pretty fast. Everyone had to wear their most comfy pajamas (although we were usually trying to outdo each other with the cutest holiday flannel set). Everyone had to bring something yummy to snack on, and everyone had to bring a white elephant gift for \$10 or under. We didn’t figure wrapping into that total, and I’m pretty sure most of us spent more than that on wrapping because the more elaborately the gift was wrapped, the more often it was passed around during our white elephant gift exchange. And finally, the best part about our girls-only pajama holiday party? Everyone brought their favorite board game!

The louder the game, the more fun we had. The games where we had to act things out always got the most laughs. Some years, we’d get a little competitive; other years, we’d be rolling on the floor laughing.

As I walked across the stage in my cap and gown crying, quite a few of those tears were shed with the realization that our holiday parties would disappear.

Well, a girlfriend of mine recently suggested a holiday game party (girls only)!! How excited am I?? We even have a date to make the invites, just like I used to back in the day—same requirements, different friends. I can’t wait to share the same kind of holiday cheer with a whole new group of friends.

P.S. Carol, our CLUCK design diva, placed a photo of my college friends on page 27. I sure do miss the holiday fun we used to have.





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FARM KITCHEN with Alyson Oüten To earn a Sisterhood badge in our **FARM KITCHEN** category, [CLICK HERE](#)



Alyson Oüten (Sister #100) is a farmgirl, trapped in a cosmopolitan career. In addition to gardening, she digs deep into stories with her investigative shovel as a television news reporter in Boise, Idaho, and has won two Emmy awards. Alyson lives in a 1910 Craftsman-style bungalow in downtown Boise. She spends as much time as possible cooking for friends and preening and pruning her cottage garden. Alyson is a regular guest at our wall-tent bed and breakfast, where she soaks up our little piece of paradise in a bath under the stars. "I found heaven!" she says.



Grandma's Eggs

We've entered that season. Not the "holiday" season, per se, but the season of traditions. Every family has them; some are elaborate and rigid, others are so subtle, you don't even realize you have them until you look back over the years.

My family has several; we have creamed corn with oysters with our Thanksgiving turkey and we walk to church on Christmas Eve. On Christmas morning, wearing our pajamas, we open Santa's gifts in our overstuffed stockings (all hand-knit by my mother).

But it's Christmas breakfast that contains our most treasured tradition. If you think I'm going to get sappy and sentimental here ... you're wrong. I'm about to introduce you to "Grandma's Eggs."

It's a phrase that makes members of our family swoon. My nephew Benny, a fourth-generation connoisseur of said eggs, already understood the meaning and could request Grandma's Eggs at 14 months of age.

It began in 1965 when my grandma, Juanita Adamson, first made a recipe from an old edition of *The Good Housekeeping Cook Book*. It wasn't called Grandma's Eggs; it was called "Baked Eggs in Cheese Sauce."

It's a simple recipe. It's a good recipe. But it's not about the eggs or the cheese. It's about having something special that you share and enjoy as a family.

In 1971, wanting to shake things up and try something more "upscale," Grandma replaced the eggs with some seafood/egg dish. I was too young to remember, but there was apparently an outcry! The men, especially, were distressed at the unexpected exit of the eggs. Grandma refers to that breakfast blunder as "The year of the revolt."

Suffice it to say, that was an anomaly. Grandma's Eggs have been a constant ever since. And, at age 86, the woman who turned a recipe into a ritual still makes those eggs each Christmas morn.



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FARM KITCHEN with Alyson Oüten To earn a Sisterhood badge in our **FARM KITCHEN** category, [CLICK HERE](#)

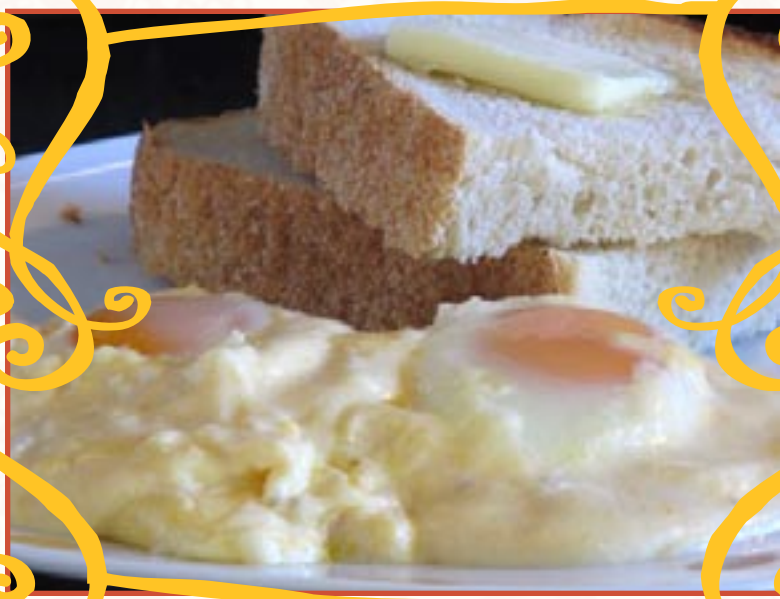
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Grandma's Eggs

*Note: the original recipe calls for highly processed cheese. This is my modified version.

- 3 T butter
- 3 T flour
- salt & pepper to taste
- 1 t prepared mustard
- 1½ cups milk
- 1 cup cheddar cheese
- ½ cup cream cheese
- 6 eggs

Preheat oven to 325°F. Melt the butter in a heavy saucepan; stir in the flour, salt, pepper, and mustard. Slowly add the milk; cook and stir until smooth and thickened. Add cheddar and cream cheeses; stir until melted. Cover the bottom of a greased 10" x 6" x 2" baking dish with half the sauce. Break eggs, side by side, into the sauce. Cover with remaining sauce. Bake until eggs are set, 20–25 minutes. Serve on English muffins.



Featured Recipe

From *MaryJanesFarm* "Farm Kitchen"
Special Recipe issue

Orange/Walnut Biscotti

Yield: twelve biscotti

- 2½ cups MaryJane's Budget Mix™
- ¾ cup sugar
- ½ t ground cardamom
- 7 T cold butter, cut into ½-inch pieces
- 1 cup walnuts, chopped
- 1 large egg, beaten
- ½ cup fresh orange juice
- 1 T orange zest



1. Preheat oven to 350°F. Place parchment paper on an 18" x 13" x 1" baking sheet.
2. In a large bowl, blend Budget Mix, sugar, and cardamom.
3. Using a pastry blender or fork, cut in the butter until it resembles coarse meal. Add walnuts and stir.
4. Make a depression in the center of the mix to receive the liquid. Pour in the egg, orange juice, and zest, and mix until dough forms.
5. Turn the dough onto a lightly floured surface. Shape into a ½-inch thick rectangle and place on prepared baking sheet.
6. Bake for 25 minutes. Remove from baking sheet and let cool on wire rack for 10 minutes.
7. Using a serrated knife, cut each log into ½-inch slices. Arrange on baking sheet and cook for an additional 8 minutes on each side. Remove from baking sheet and let cool on a wire rack. Store at room temperature in an airtight container for up to 3 weeks.

Find this and 50 more recipes

using our Budget Mix in the "Farm Kitchen" Special Recipe issue of our magazine. [Click here to order.](#)



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GARDEN GATE with Mary Ann Newcomer To earn a Sisterhood badge in our **GARDEN GATE** category, [CLICK HERE](#)



Mary Ann Newcomer, (Sister #246) is a MaryJane Farmgirl, living in Boise, the capital of Idaho. Her great grandparents' homestead was established in 1899 on the Palouse prairie and is still in the family. She learned to cook, garden, can, and sew with her grandmother. Never without a garden or, at the very least, a shelf of plants in an apartment, she followed her passion to become an Advanced Master Gardener, a director of the Idaho Botanical Gardens, and a scribe, scout, and speaker for all things gardening.

Short Days, the Long View

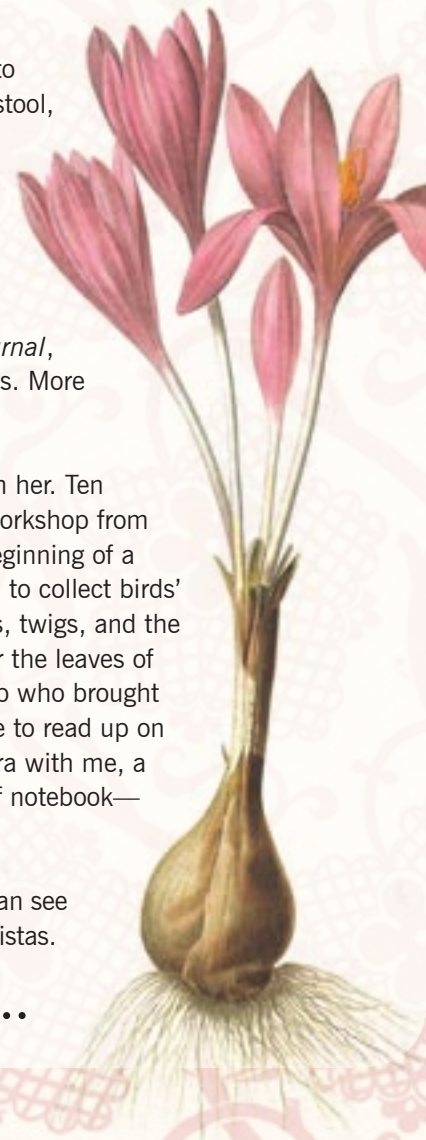
The Winter Solstice is upon us: 10:47 Mountain Standard Time, Monday, December 21. I adore these very short days, long dark afternoons, and early evenings. I am a firm believer in honoring the Earth and each season in all its glory—the quietude of winter has become my respite time. Not one to make resolutions or to take navel gazing seriously, I spend this time reveling in the bounty of gardens past and those to be sown. In other words, arm-chair gardening at its finest.

I make my nest in my bedroom or the living room. I am lucky to have a perfect “roost” in both rooms: the oversize chair, a footstool, a warm blanket, a good reading lamp, and a view of the garden. Piled up in a basket next to each chair: a clipboard, some paper for drawing, a handful of Prismacolor markers, a couple of fine-tip black Sharpies, books for reading and inspiration, and a few fits and starts of my collection of “garden journals.” There, you will find a book or two of Billy Collins’ or Mary Oliver’s poetry, a copy of *Beatrix Potter: A Journal*, one of Hannah Hinchman’s books, and of course, seed catalogs. More on those luscious garden-porn seed catalogs in a minute.

I mention Hannah Hinchman because I have learned a lot from her. Ten years ago, I had the good fortune to take a nature-journaling workshop from Hannah. I came away with a very long list of books and the beginning of a serious addiction to nature journals, art supplies, and the need to collect birds’ nests. I learned to sit quietly and observe closely—bark, leaves, twigs, and the magnificent mathematical arrangement of petals on a flower or the leaves of an artichoke fruit. There was a real rocket scientist in the group who brought up the math stuff. I’ve never quite gotten over it. Take a minute to read up on the “Fibonacci sequence.” Since then, I always have my camera with me, a Sharpie at the ready, and some kind of notebook—ANY kind of notebook—for scribbling notes and tracing leaves.

I am lucky to live in the American West, and from my perch, I can see enormous, violent weather, jaw-dropping sunsets, and endless vistas.

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“The pages are still blank, but there is a miraculous feeling of the words being there, written in invisible ink and clamoring to become visible.”

– Vladimir Nabakov



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GARDEN GATE with Mary Ann Newcomer To earn a Sisterhood badge in our **GARDEN GATE** category, [CLICK HERE](#)

continued ...



But nothing brings me closer to the garden and the natural world than sitting quietly indoors or out, making the time to REALLY look at the world, up close and personal. When you take the time to record what you see, in words or in drawings, you gain another incredible perspective of the smallest parts of the world around you. There is incredible beauty in the construction of a bird's nest, the pattern of spots on a quail's egg, the whorls of the clematis seed head. There is the gorgeous fragrance of a lavender sprig, but have you looked closely at the arrangement of flower petals along the stem? I still find myself picking up the cap of an acorn and admiring its texture and shape. Take time to draw it.

I hope you will give yourself a little present for the new year, the garden year, ahead. Get yourself a little notebook. Any notebook—a one dollar composition notebook or a fancy journal—whatever works for you. I have a \$40 10-year garden journal. It is so nice and so heavy, I seldom use it. (I might try again; my friends keep telling me to.) If the thought of journaling makes you shaky, start by recording the weather high and low temps on the calendar.

Or say hello to your inner child and get out the scissors (with cool edges, please), the glue sticks (I like the kind that are NOT permanent), a cheap three-ring binder, and some plain and lined pages. Now go get those seed catalogs. After you have made your lists for next year's garden, checked it twice, and placed your orders, start cutting up the catalogs and gather all your purdy pictures and make a collage. Make several. Line the seed pictures up and make your own catalog! Get out the Sharpies, get colored pens and pencils, sketch a flower, an egg, a nest. Color it. Add a photograph or a beautiful notecard from a friend. Stick these on the pages. Now put them in the binder.

You have just started a garden journal.

stitching & crafting room

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STITCHING & CRAFTING with Rebekka Boysen-Taylor To earn a Sisterhood badge in our **STITCHING & CRAFTING** category, [CLICK HERE](#)



Rebekka Boysen-Taylor, (Sister #40) was born in Spokane, Washington, right around the time Mount St. Helens blew her top. She studied Geography at Portland State University and taught grade school in the Bronx and inner-city Los Angeles. She lives with her family on the Palouse. As a stay-at-home mama to two organically growing little ones, Rebekka rounds out her organic lifestyle by volunteering at the Moscow Food Co-op, working as an instructor for MaryJane's Pay Dirt Farm School, embracing a DIY ethic, winning blue ribbons at the county fair, and living simply.



Last-minute Hostess Gifts

As the last parties of the year go into full swing and there are teachers to spoil, I am stocking up on simple homemade gifts. For years, I have read articles about making gifts in under an hour for less than \$20, but honestly, I don't have an hour or \$20 to spare without losing some of my holiday spirit. The hostess gifts I have in mind are more along the lines of "all under 10," both in dollars and minutes. They are big, however, when it comes to usefulness and style.

The Art of Letter Writing

Make giving thanks and keeping in touch easy this year. To create personalized stationary, buy a set of alphabet stamps in a vintage font, an ink pad in a rich hue, and some blank invitation cards with envelopes from your local scrapbooking store, office supply store, or craft store. I like to buy flat invitation cards as opposed to folding cards—they are unique and come with chic borders and fancy envelope linings. If you buy a package meant for weddings, you might get 50 invitations and 50 small folding cards with envelopes for under \$30—that makes a set of 10 cards just \$3. If you don't want to purchase stamps or can't find a style you like, go down to the local scrapbooking shop. You can pay by the hour to use their stamps and ink, and if you are organized and have a block of time to devote, this is a great way to save money and support a local business. Once I get my supplies set out, I practice stamping a few times on scrap paper to make sure my hand is steady and the impressions are even—and trust me ... you will want to practice. Once you have the hang of it, stamp away on the real thing. It looks nice to center one letter at the top of your card if you are unsure of where to



continued ...

stitching & crafting room

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continued ...

start, but don't be afraid to try something else. Make 10 cards and tie them together with kitchen twine or ribbon, adding in the same number of stamps and a new pen if you like. Stationary makes a classy, simple gift for your children's teachers, your neighbors, and the gals at the office.

For the Hostess ... Button Wine Glass Markers

Going to your girlfriend's house for dinner or to your in-laws for the big holiday gathering? Take along a set of handmade wine-glass markers tied to a bottle of your favorite bubbly drink. This time of year, my local food co-op has delicious bottles of organic sparkling cider for under \$3 and great organic wine for under \$10.

To start out, you will need simple metal hoops about the size of a quarter. These can be found at your local jewelry store or craft store and are technically earring hoops. From here, this project is a breeze—just open each hoop, slip a button on, close it up, and you are done. Find some fancy ribbon or leftover yarn to tie the charms onto the bottle and enjoy the party!





make it easy

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MAKE IT EASY with Shery Jespersen To earn a Sisterhood badge in our **MAKE IT EASY** category, [CLICK HERE](#)



Shery Jespersen (Sister #753) is a Wyoming cattle rancher who's been horse-crazy all of her life. Shery is a leather and lace cowgirl. Her other interests include "junktiques," creating eclectic "make do" arts and crafts, collecting antique china, and cultivating mirth.

Repurposed Shoulder-pad Potholders

My mother gets the credit for this idea. She was raised during the Great Depression and WWII and she knew well the old saying, "Waste not, want not." Mom saves odds and ends for me, things she thinks I'd like to read or recycle; when I visit her, I get to go home with a bag of assorted goodies. In one such collection was a set of shoulder pads that she had removed from a jacket (haven't we all?). When I got home and discovered them, I couldn't imagine why in the world Mom had passed these "treasures" on to me. So I called her and she told me they're dandy as little potholders. She's right! They're just the right size, they bend in the middle, and all they needed was a little farmgirl ingenuity to pretty them up.

If you don't have shoulder pads in your own closet, just ask around as I did and you'll end up with a pile. Free-cycle farmgirl style! You may get a few funny looks from friends, but once they see these cuties, they'll want a pair too.

Helpful Hints:

You can finish these potholders a couple of ways. Add buttons and hang-loops or not—the latter being a no-frills version. I opted to stitch them down the middle to enhance the "bend." I wanted my potholders to have a whimsical "prim" look, so I used pearl cotton thread and sewed them by hand. Of course, it would be even faster to machine-sew them, but I love a hand-sewn look. I wash hand-sewn and crocheted potholders by hand in the sink.

YOU'LL NEED:

old shoulder pads
needle and thread
cotton fabric
(*notice the use of
MaryJane's fabric)
buttons
rickrack

continued ...





make it easy

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MAKE IT EASY with Shery Jespersen To earn a Sisterhood badge in our **MAKE IT EASY** category, [CLICK HERE](#)

continued ...

Directions:

1. Pin shoulder pad onto two square pieces of fabric, giving yourself a little room around to leave a $\frac{1}{4}$ " seam allowance. Use two different patterns if you like the look. Cut out the pieces.
2. Take off the shoulder pad and pin your two fabric pieces together, wrong sides out.
3. Begin sewing the pieces together at one bottom corner and then proceed up and over the curve. Finish at the other corner and leave the flat bottom side open. Turn right side out.
4. Tuck the shoulder-pad inside, nice and snug. Put a couple of pins in it to hold everything in place. Fold the raw edges in and whip stitch the opening shut, tucking your rickrack loop in at one end and sewing it into place.
5. Sew buttons on.
6. If you want, stitch up the middle to enhance the "bend."



make it easy ... with

mountain rose herbs®
.com



Irene Wolansky is the Marketing Director at Mountain Rose Herbs. Born and raised on the Oregon coast, Irene spent her childhood learning about beekeeping, growing and preserving fruits and vegetables, building forts in the forest, and going on adventures with her dog. She has many interests, which include making her own body care products, mushroom harvesting, gardening, arts and crafts projects, nature photography, mead and beer making, camping, herbal medicine, baking, traveling, hiking, and spending time with her boyfriend and friends. **Click here** to visit Mountain Rose Herbs on the Web.

Rose & Lavender Facial Toner

I love this hydrating, soothing, and gentle facial toner, which is suitable for all skin types. It is perfect for using at any time of the year, but I have found it to be especially helpful in the winter months when our skin tends to become drier due to harsh outside elements or inside heaters/wood stoves.

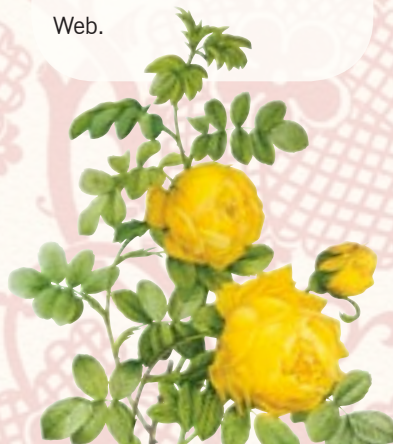
The Vegetable Glycerin acts as a humectant, attracting moisture to the skin; Witch Hazel Extract and Rose Flower Water are gently cleansing and toning; and the Aloe Vera Gel, Chamomile Extract, and Lavender Essential Oil are soothing and calming.

Please feel free to adapt and embellish this recipe to see what works best for you. Lemon Balm, Helichrysum, Calendula, Chamomile, and Rose Geranium flower waters are also lovely to use. Herbal infusions (teas) may be substituted for the flower water, but they will not last as long. If using an herbal infusion, make only as much toner as you will need for a week or so, as they will not keep well unless refrigerated. You can also substitute other herbal extracts or essential oils, or can omit them entirely from the recipe if you would like. If this recipe feels a little sticky to you, then decrease the amount of vegetable glycerin. If it feels a little dry, then increase the vegetable glycerin or add a dash of oil (Jojoba, Rosehip Seed, Olive, Kukui Nut, Meadowfoam, or Avocado are all great choices). I use all organic and natural ingredients because I don't like to put chemicals or pesticides on my body.

Rose and Lavender Facial Toner

- 2 oz Rose Flower Water (Hydrosol)
- 1 oz Witch Hazel Extract
- 1 T Aloe Vera Gel
- ½ t Vegetable Glycerin
- 7 drops Lavender Essential Oil
- 4 drops Chamomile Extract

Place all ingredients into a 4 oz bottle, top with a fingertip mister, shake, and enjoy! Shake well before each use. After rinsing your face in the morning and evening, spritz with toner and allow to dry naturally or pat dry with a soft washcloth. Then apply your moisturizer as normal. This toner should keep for at least six months without refrigeration.



According to MaryJane, the seven aspects for living the farmgirl life are:

EACH OTHER | FARM KITCHEN | GARDEN GATE | STITCHING & CRAFTING ROOM | MAKE IT EASY | **OUTPOST** | CLEANING UP

OUTPOST with Shery Jespersen To earn a Sisterhood badge in our **OUTPOST** category, [CLICK HERE](#)



Shery Jespersen (Sister #753), Wyoming cattle rancher and outpost writer (rider), shares the “view from her saddle.” Her longtime love is Apple Pi “Dolly” Rose, a 20-year-old Morgan otherwise known as “The Best Darn Horse in the Universe.” In our Make It Easy section, Shery also shares her other love, “make do” arts and crafts.



To Thine Own Self Be True

The younger generation of farmgirls following in their elder sisters' footsteps need all the encouragement they can get, along with nurturing, teaching, and leading—with a more self-reliant, healthy lifestyle as the result. In my opinion, much of what made past generations of people hardy and healthy, strong and sweet, and commonly honorable has fallen by the wayside like “come and go” fashion trends. However, cultural icons and virtues *can* resemble fashion trends in that they tend to bounce back. I’ve seen this in my own life; the bell-bottoms I wore as a teen in the ’60s and ’70s recently roared back onto fashion runways like a boomerang.

Even though we’re far apart, farmgirls all over this great land (and beyond) are embracing each other in a group hug, and in the center is a collective dream. We easily cover the miles with a little help from technology. Time and again, I hear sisters describe their farmgirl experience as going back to a bygone era. And yet, the mindset is very much a forwardly progressive lifestyle focused on creating a bright and healthy future.

By just about anyone’s standards, I qualify as living out in the middle of nowhere. Even so, a local farmgirl sister found MaryJanesFarm and later introduced me to our exemplary “leaderette,” MaryJane Butters. Our culture and our country need as many inspiring leaders as we can get nowadays. And the farmgirl concept as a whole is in perfect rhythm with meeting many of the needs in our society today. We’re rediscovering the crucial importance of family ties and community, and that owning a meaningful life requires hard work and core values. The real beauty in all of this is that the work is a feel-good experience like no other. It is a worthwhile journey throughout.

It’s taken me 30 years to find my true groove—the same length of time it took bell-bottoms to find the comeback trail. All I had to do was live as I’d been taught by my grandparents and parents. I also keep a favorite quote from Shakespeare’s *Hamlet* as a motto: “To thine own self be true.” Live as you ought, be your best real self, and boldly use every bit of strength you can muster to carve out a wholesome, happy life.

Find your “Happy Acres Farm” in a name you know well ... your own. Like MaryJane, you might end up thriving at the end of a dirt road ... or in the suburbs like Paula (MaryJane’s Suburban Farmgirl blogger) or on a country lane like René (MaryJane’s Rural Farmgirl blogger), or in the heart of a city like Rebekah (MaryJane’s City Farmgirl blogger). Check out the blogs at www.maryjanesfarm.org.

One last bit of (unsolicited) advice: If your journey brings you out my way, never pass a gas pump without topping off the tank!

cleaning up

According to MaryJane, the seven aspects for living the farmgirl life are:

EACH OTHER | FARM KITCHEN | GARDEN GATE | STITCHING & CRAFTING ROOM | MAKE IT EASY | OUTPOST | **CLEANING UP**

CLEANING UP with Toni Salerno To earn a Sisterhood badge in our **CLEANING UP** category, **CLICK HERE**



Born and raised in Florida, Toni Salerno (Sister #197) left her city life as a Theatre Director/Teacher to live a more holistic, serene life in Idaho. Five years ago, she found her dream home in Troy, Idaho, and embraced the Palouse way of life. Now, Toni and her husband, Adam, and their four daughters own Clean Green, an organic cleaning service. This company specializes in chemical-free cleaning using their own line of environmentally safe products. Visit their website at www.cleangreenocs.com.

Make Mine
GREEN

Wintertime, the time of season when you gather with family and friends to exchange gifts. Why not add cleaning gadgets to your holiday list? With technology booming in the cleaning department, many of the people on your gift list will find some of the latest cleaning tools exciting and innovative. This could possibly even spark a new interest in cleaning with the teens in your family. Studies have shown that people are more willing to do a project if they are interested in the materials being used. And now with cleaning products being more technologically advanced, it will be easier to get the task done with enthusiasm.

Here are some of the latest cleaning products that have swept the market and have proven to be interesting and effective: UV-C sanitizing wands, steam mops, steam power blasters, thermodynamic air purifiers, backpack HEPA filtration vacuums, and Roomba floor cleaners.

With UV-C sanitizing wands, you will have the latest high-tech device with a purpose. By harnessing the power of UV-C light and waving the wand over multi surfaces, you will be eliminating 99.9 % of all germs, bacteria, dust mites, and viruses. The sanitizing wand also claims to eliminate flu viruses, such as the recent H1N1. This product is great for allergy and asthma sufferers because it can be used on soft surfaces such as stuffed animals, blankets, and mattresses, which are sometimes challenging to clean properly. Verilux is the leading brand for the UV-C wands, and they also make a travel wand to use in airplanes and hotels. To learn more about them, visit www.verilux.com.

The power of steam has been a great tool in cleaning these days, and more and more people are turning to chemical-free cleaning with steam. Steam mops dry-steam floors and/or carpets using only tap water to clean with. The power is unleashed in the steam that actually sanitizes as it cleans. Some of our clients insist on us using steam mops because they have small kids and want to know their floors are clean without the use of harsh chemicals. Also, steam has been very effective in power blasting. Portable steam cleaners are so effective in cleaning out the toughest of ovens, getting in the small cracks, and blasting grime away. These steam blasters are powerful and are great for any surface that needs a good steam blast. I love using the Shark Portable Steamer first before doing the detail work while I clean, because I know the steam automatically sanitizes the surface and loosens the dirt and grime. Visit www.sharkclean.com to learn more about their products.

continued ...

cleaning up

According to MaryJane, the seven aspects for living the farmgirl life are:

EACH OTHER | FARM KITCHEN | GARDEN GATE | STITCHING & CRAFTING ROOM | MAKE IT EASY | OUTPOST | **CLEANING UP**

CLEANING UP with Toni Salerno To earn a Sisterhood badge in our **CLEANING UP** category, **CLICK HERE**

continued ...

As for air purifiers, there are many to choose from; however, I have researched two purifiers that prove to be effective and safe. BreatheCLEAN (www.breatheclean.com) is a whole-house air purification system that actually attaches to your air ducts and sterilizes the air using UV light. It is affordable and has proven to be very effective at keeping the indoor air quality pure and clean. Another air purifier that is portable and for smaller spaces is the Airfree purifier (www.airfree.com) that uses a thermodynamic sterilizing system to sterilize the air. It uses no filters or UV, just a patented heating system that intakes the air, sanitizes it through high-powered heat, and then expels fresh, clean air.

Another interesting product is the backpack HEPA vac. It is a backpack vacuum with an extended wand that uses the HEPA filtration system to purify the air as it vacuums everything from dust and dirt to debris. It is lightweight and easy to use. With this great device, you feel less like a cleaner and more like a ghostbuster, eliminating any particle that comes your way. There are many models to choose from, ranging from residential to commercial to hospital- and airline-grade. To be introduced to the latest backpack vacuums, visit www.pro-team.com.

One of my favorite cleaning products is the Roomba vacuum from iRobot (<http://store.irobot.com>). These tiny robotic devices can now clean up to four rooms on one charge. Roombas have sensors on them and are able to navigate living spaces and obstacles while they vacuum. For me, it just doesn't get any better than setting these little robots down and letting them do the work. iRobot also has a Scooba that washes floors.

With these latest cleaning gadgets added to your gift list, you could get the whole family working while you sit back and enjoy seeing your gifts put to use! Now *that* is a holiday season to remember ... and a very clean one.

“ I love the Christmas-tide, and yet,
I notice this, each year I live;
I always like the gifts I get,
But how I love the gifts I give! ”

~Carolyn Wells

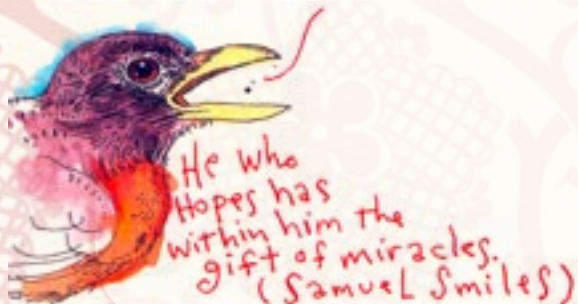




Young Cultivators

What's a Young Cultivator?

Young Cultivators are girls and boys between the ages 6 and 13. They can work with Farmgirl Sisterhood members to earn badges, but have their own unique program. [Click here to find out more.](#)



Count Your Blessings

by Rebekka Boysen-Taylor

Teaching gratitude is one of my primary goals as a mother and teacher. The ability to see all the blessings in your life, particularly during hard times, makes you a happier and more generous person. By focusing on all that we have, we see our own inner strength and know that we are enough. This is self-esteem the old-fashioned way. When our children are small, we teach them to thank their friends for sharing toys, and to thank their mama or daddy for helping them to dress or make a snack. Once kids are a little older, they are able to give thanks for the love and presence of their family and friends, for the food they eat, and for the people who bring it to their table. This is a good time to start counting your blessings as a family.

The Blessing Bowl

To start discussions about thankfulness in a kid-friendly way, try using a beautiful wooden bowl or a basket filled with items from nature. For our family's first Blessing Bowl, we used a dozen or so beautiful dark-brown chestnuts and embellished them with translucent glitter to fancy them up for our family Solstice dinner. Take a walk outside and see what you can find where you live. If you don't have local chestnuts, you can use acorns, small pinecones, seashells, seeds, beans, or smooth stones. I originally thought that our Blessing Bowl would be used for holiday dinners, but my kids ask for it several nights a week. Once everyone is seated, we pass the bowl around the table, each person taking out a chestnut or two. The bowl is passed around the table again, and each person places their chestnuts inside while giving thanks for their blessings. This can be done silently or aloud for others to hear. Be sure to keep a notebook nearby to write down particularly meaningful words, especially if you have children at your table. We are using some amazing seashells in our Blessing Bowl now, and the kids are drawn to the uniqueness of each shell. These are little steps toward a good life for my kids; and their eagerness to share news of blessings great and small tells me we are on the right path. Taking the time to count our blessings as a family has certainly made me feel more content. For that, I am truly thankful.



Featured Farmgirl

Cherry Murphy Gibbs, Sister #628

.....



Forum ID: Cherry Me Darlin'

Married to my lovely, Brian, who brings me contentment, stability, and fireworks on a daily basis!

Children: My beautiful 18-year-old daughter, Lauren, who holds me in awe of God's love that He would bless me with such a gift!

What's your day job? By day, I'm the AP manager for Oil Equipment Company (we mostly build convenience stores), and at all other times, I'm a real estate agent and wannabe author.

Favorite flower? Peruvian daffodils.

Why? Because they are a daffodil by name, but a lily in looks—and for some obscure reason, that really intrigues me. Plus, they smell absolutely HEAVENLY!!

What is your passion? Being creative, whether it's painting, writing, or creating beautiful areas in and around our home. That, and I read, read, read! Books are one of my favorite things!

Favorite quote: "A thing is as simple or as complicated as you make it." –TT Murphy, my late granddaddy. He would often say this to me when my dramatic side needed to be reigned in, and I can hear his voice in my head, repeating these words, at least once a week when I begin to allow "life" to overwhelm me. This quote is my stabilizer. He would also often say to me, "Cherry, me darlin', tall is beautiful!" My spine automatically reaches to the heavens whenever I think of these words!





continued ...

Best piece of advice and by whom? Again, my TT. This is a bit personal, and I hope not TMI, but Brian and I found ourselves pregnant at 17, newly graduated from high school. There was much opposition to my marrying simply because I was pregnant. The pressure from all fronts, including internally, was overwhelming. My granddaddy told me to follow my heart, and my heart led me to marry instead of continuing the career path I'd set forth for myself my senior year in high school.

In 2004, our romance hit a major speed-bump and Brian and I divorced. One bitter, emotional night, I spoke these very same words to him, all other words having failed me. It was the only thing I could think of ... "follow your heart" ... and I probably repeated it to him three or four times just before he left me for what felt like the very last time. The next day, we began a long trip back to the happiness we once knew and have known since, and I know that these simple words led us to that journey.

What are your dreams for the future? Hmmmm ... I have so many! First and foremost, I dream of happiness and success and strength for my baby girl, however she chooses to define them. I dream of a morning Brian and I can wake up with no more pressing responsibility than choosing which of our heart's desires should be fulfilled that day. I dream of a country governed by common sense rather than greed and power-hungering. I dream of a "Secret Garden" garden and chickens wandering my yard and a pantry filled to brimming with the fruits of my labor. And I dream of seeing my name on the *New York Times* bestseller list, though I'd be content with just having my little children's book published! How cool would that be?





Carol has the Christmas bug!

The Scoop from MaryJanesFarm

We're going to take a little extra time off over the holidays to spend with our families and catch up on the home front, so we won't send you a Cluck in January. We wish you a Merry Christmas, a Happy Hanukkah, a joyous Kwanzaa, and a spectacular Solstice—whatever holiday you celebrate, may you celebrate it in peace, joy, and love.

Farmgirl Blog Alert!

We're excited to announce our two new Farmgirl blogs: Wyoming cattle rancher and outpost writer (rider) Shery Jespersen shares the "view from her saddle" in our new **Ranch Farmgirl Blog** on Fridays. Paula Spencer, *Woman's Day* magazine "Momfidence" columnist from North Carolina, brings you our new **Suburban Farmgirl Blog** on Wednesdays. Our regulars, **City Farmgirl** Rebekah Teal (Tuesdays) and **Rural Farmgirl** René Groom (Thursdays), are still tapping away at their keyboards. You can click to all of our farmgirl blogs right on our **home page**. As a Sisterhood member, we've automatically added your name to our e-mail blog alerts. As a Sisterhood member, you'll also receive our brand-new **Recipe/Project of the Week** every Monday. **Up next:** merit badge how-to videos!

Current Holidays:

December 2 ~ Full Moon
 December 10 ~ Human Rights Day
 December 12 ~ Hanukkah Begins
 December 15 ~ Cat Herders' Day
 December 16 ~ National Chocolate-covered Everything Day
 December 21 ~ Winter Solstice: First Day of Winter
 December 25 ~ Christmas Day
 December 26 ~ Kwanzaa Begins
 December 31 ~ Lunar Eclipse, Make Up Your Mind Day, New Year's Eve

Dates taken from MaryJanesFarm 2009 Farmgirl Calendar. To order our 2010 calendar, [click here](#).





Farmgirl Chatter

What are farmgirls chatting about?

Check it out at The Farmgirl Connection link [here!](#)

Book Idea: Decorating Your Barn, Submitted by Bonnie Ellis

I just got back from Southern and Central Iowa. Many of the barns have a separate painted quilt block mounted on them. They are cool. I know some states have them, but have you thought about putting one up? It's a lot of work, as some of these are 8-foot square. But I am going to put one up called "hole in the barn door." I'll take a picture when it is finished. Do you decorate your barn? Name of the farm, how old is the barn, painted scenes, etc.—let us know. Please [click here](#) to see what all the talking is about.

Speaking of quilts, we've stitched and quilted up over 20 ideas using my new Farmgirl Fabric Collection to get you inspired and given you **5 FREE quilt patterns** on our website. [Click here to take a look!](#)

(And see our
"Tried-n-True" issue
to read about barn quilts
taking Illinois by storm.)





the chatter continues ...

Farmgirl Barter: A Free Tea Bag Cozy Download, Submitted by Linda

Just want MJF girls to know that I have a new free download for a Tea Bag Cozy over at my blog. Please come over and see. It is my Christmas present to all who want it. It is a great little gift idea for someone. Just **click here**.

Blessings,
Linda



Fabulous Farm Collectibles/Farmgirl Barter

Looking for the "perfect" gift? Don't forget to check out our Fabulous Farm Collectibles/Farmgirl Barter section—just **click here**.

Farm Kitchen: Christmas Breakfast, Submitted by Joyce

Hi girls! I host our family Christmas breakfast each year. I usually serve the same dishes (because everyone loves them!). This year, I would like to add a new main dish to the celebration. Any suggestions? I make Christmas Morning Wife Saver every year. It's like a cheese/egg strata with back bacon. Thanks so much for your help. I'm hoping to make this Christmas breakfast special for my new son-in-law and the rest of the family too.

If you have a suggestion or want to see what others have suggested just **click here**.

Farm Kitchen: Bread-the-MaryJane-Way, Submitted by Carol

(This thread was started nearly a year ago, and it's now 109 pages long with lots of great information!) In our Feb/Mar 2009 issue, "Simply Bee," we tell you how to make no-knead artisan bread the MaryJane way! If you don't have this magazine, **click here for the article**, complete with recipes and things like where to purchase organic flour, etc.

Then **join in on the discussion here** to share your experience and successes!



the chatter continues ...

Holidays: Check out the Handmade Eye Candy, Submitted by Michelle

Hey Everyone!! Each Tuesday, I travel the Web to find great handmade/green tutorials for making pretty things!! Eye candy, girls!! **Click here to see.**

P.S. ... If you get into "green crafting" and have a project/picture you'd like to share, **e-mail me.**

Holidays: I have a challenge for you ... Submitted by Theresa

Every year, for Thanksgiving and Christmas, my family finds the neediest families in our area. We pick two. We then put together two complete Thanksgiving meal boxes. Included: a turkey, stuffing, yams, green beans, gravy recipe with all ingredients, fresh rolls, fresh pies, and anything else that is needed. This is delivered by a sheriff's deputy two days before the holiday, anonymously. Then with Christmas coming, we do a complete fresh ham dinner with all the fixings, along with toys for all the children in the family, plus practical gifts, i.e., jackets, shoes and socks, etc. This, again, is delivered by a sheriff's deputy, anonymously. I know this is a late-in-the-date challenge, but if any of you can afford to do this, there are families out there that would be eternity grateful.

Join in on the discussion and **share your plans here.**

Stitching & Crafting

Room: Cute Tea Apron

Pattern, Submitted by Dutchy

I got this link in my e-mail (5 Dainty Tea Apron Patterns: Vintage Hank-afores") and thought y'all might like them too. These are too cute! Next year, I am going to try to buy four big hankies at our cheap store (they are called "farmer's hankies," lol) and make this. I love them all, but "nr 4" is my personal fave :)

Here is the link.





Farmgirl Sisterhood News

from the Henhouses

... (Click here to cluck back!)

Mountain Chicks: First Project ... That's right!! Our first project!!

Now this is an easy one. I will be sending out all the welcome packets by the end of the week. Inside will be all kinds of things for you. The project? Fill out the questionnaire and return it to "Mother Hen." **Click here to join in.**

Farmgirls of the Heartland: Farmgirls Volunteer for American Lung Association

Submitted by Wende

Farmgirls of the Heartland volunteered Nov. 14, 2009, for the American Lung Association. The "Fight for Clean Air Climb" was held at the Town Pavilion in downtown Kansas City. Over 200 climbers took the 34 flights of stairs to help FIGHT FOR CLEAN AIR."

Oh yes ... And should we mention all of the firefighters who were there to participate in full gear ... **OO la la! Click here to see a slideshow.**

Farmgirls of the Heartland: Give from the Heart

Submitted by Wende

Please view our invitation to the Farmgirls of the Heartland Christmas Party. We have selected the Gladstone Animal Shelter as the worthy recipient of our Christmas giving. Please select one or more items from their wish list and bring to the party or get with me and we can collect them. All donations WELCOME. Monetary donations (checks) can be made out directly to the shelter.

Wish List: Bleach, Paper Towels, Cheap \$5 Clay Kitty Litter, Newspapers, Dishwashing Soap, Laundry Soap, Large Trash Bags, Treats for Dogs and Cats, Old Blankets and Towels, Cat and/or Dog Collars and Leashes.

A reminder: the party will be December 5, 2009, in historic downtown Smithville, MO. Thank you so much for giving from the heart. **Click for more details.**





more Farmgirl Sisterhood News

Wondering what else is going on over at the Henhouses? If you aren't yet a Sisterhood member, sign up today and then e-mail Brianogle@MaryJanesfarm.org and he will set you up.

If you would like the opportunity to have your business, life, or blog featured in the Cluck, please contact René at rene@maryjanesfarm.org. She is ready and eager to hear your story!



New Sisterhood Necklace

We'd also like to announce our new Sisterhood necklace! We've just partnered with Elaine Tolson of Washington to offer this lovely bit of vintage-style jewelry—for Sisterhood members only. Your necklace will be emblazoned with your own unique Sisterhood number, setting your braggin' rights "in stone." Whether you wear it as a secret code for those in-the-know, or as a conversation starter about the Sisterhood, is up to you.



Woo-Hoo!

Merit Badge Awardees

Woo-Hoo! This month's Sisterhood Badges go to (drum roll please):

Beverly Sherman, KMop #799

Beginner badge: Buttoned Up / Stitching & Crafting
Beginner badge: Crochet / Stitching & Crafting
Beginner badge: Sew Wonderful / Stitching & Crafting
Beginner badge: Safe Toys / Stitching & Crafting
Beginner badge: Self-sufficiency / Farm Kitchen
Intermediate badge: Buttoned Up / Stitching & Crafting

Brenda Baker, LakeOntarioFarmgirl #711

Beginner badge: Sew Wonderful / Stitching & Crafting

Carrie Meerwarth, Carrie M #147

Beginner badge: Community Service / Each Other
Intermediate badge: Community Service / Each Other
Expert badge: Community Service / Each Other

CJ Armstrong, ceejay48 #665

Beginner badge: Homespun Christmas / Stitching & Crafting
Beginner badge: Entrepreneurial Spirit / Each Other

Jessica Gneiding, (Farmette of Patricia Gneiding #785)

Beginner badge: Horse Dreams / Garden Gate

Kimberly Ann Devlin (Miltimore), Cherrypie #225

Beginner badge: Sew Wonderful / Stitching & Crafting
Intermediate badge: Sew Wonderful / Stitching & Crafting
Intermediate badge: Aprons / Stitching & Crafting

Patricia Gneiding, patriciag #785

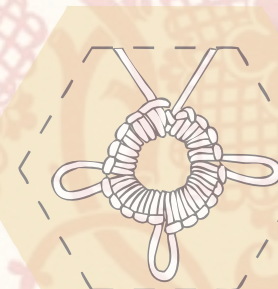
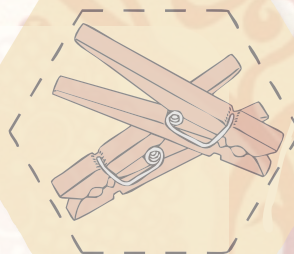
Beginner badge: Horse Dreams / Garden Gate
Beginner badge: Shopping Green / Cleaning Up

Rachel Gneiding, (Farmette of Patricia Gneiding #785)

Beginner badge: Horse Dreams / Garden Gate

Sharalyn Paetz, Angora girl #341

Beginner badge: Aprons / Stitching & Crafting





MaryJane (center) with her BSFs.

Farmgirl Sisterhood Special

Hello, Farmgirl Sisters! It's the December Farmgirl Sisterhood Special!



This offer is good through our website only, at www.maryjanesfarm.org. Does not include shipping.

The Secret Sister Holiday Sale excludes Sisterhood Membership or Renewal, Gift Certificates, Calendars, Beeswax Candles, and the Grange Handmade Brownwork Embroidered Quilt.

Remember to fill in the "Coupon Code" field with BSF on the last page during checkout.



Magazines, Books, and More

December/January 2010 issue of *MaryJanesFarm*

Our December/January issue, "Old Fashioned Christmas," is on newsstands now. In it, you'll learn to make an organic holiday dinner in just 2 hours, craft a gingerbread farm, find ideas for the holidays beyond red and green, make a place for every tool, and more.

[Click here](#) to subscribe to *MaryJanesFarm* magazine.

Magazine "Goodies" on the MJF Website

"For those who are looking for the magazine portion of the website, here is the place to find additional patterns, instructions, recipes and such! Yum!"

– Alee, Farmgirl Sister #8

To find the goodies, [click here!](#)

MaryJanesFarm 2010 Calendar

A new year is fast approaching, and to help you begin planning it out, here's our fourth annual MaryJanesFarm Calendar. Each month's top page features a full-color image from our farm and each calendar page includes dates, holidays, inspirational sayings, lunar phases, and fabulous farmgirl culture. This is a Project F.A.R.M. (First-class American Rural Made) product. All 26 pages are printed here at the farm on 8½" x 11" card stock and are bound with black spiral wire, unfolding to 11" x 17".

[Click here](#) to order.



Magazines, Books, and More continues ...

SPECIAL: 3-Book Bundle

MaryJane's books are all bundled up for gift giving. Buy them together and save \$15! *MaryJane's Ideabook, Cookbook, Lifebook; MaryJane's Stitching Room; and MaryJane's Outpost.* **Click here.**

Gift Items ...

Inspire yourself or inspire a friend with books, journals, note cards, and other gifts from MaryJane. From the kitchen to the campfire, there's something special here for every farmgirl-at-heart.

Click here to shop our gift items.

And don't forget to visit our "Product Shop" ...

Click Here

There, you'll find everything from organic bed sheets to beautiful bed sets to aprons to dolls to candles to chocolate to over 60 organic instant or quick-prep meals and desserts to much, much more!



If you know of someone who may be interested in receiving this newsletter, send their e-mail(s) to us at sisterhoodhopeful@maryjanesfarm.org and we'll e-mail them a sample issue.

René Groom, Sisterhood Coordinator
MaryJanesFarm • Moscow, Idaho

You can contact René on her cell 509-778-1494
or her office phone 509-786-2887
or **e-mail her** at rene@maryjanesfarm.org.

**Over 893 Farmgirl Chapters in 48 states and 7 countries
and 41 Henhouses with 883 Sisterhood members ~
growing stronger every day!**

Holiday ideas ...

MARYJANES FARM



Sushi Basket
Everything you need to make sushi, including instructions.

EDEN. Order Gift Baskets
www.edenfoods.com/gifts

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	Tom's Birthday	4	5	Work Party
8	9	10	Dinner with John & Judy	12	Jack's Party
13	14	15	17	18	HANUKKAH
20	21	22	23	24	25
27	28	29	30	31	

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Soup's On Basket
Eight soup starters in an American made enamel pot with lid.

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