

MARYJANES FARM®

Sister Issue

May 2014

With some
added pluck,

we came up with this easy way to click (er, cluck) your way back to the farm in between magazine issues. As with any nesting hen, we prefer to accomplish our work with regularity. That's why, if you're an official member of **MaryJane's Farmgirl Sisterhood**, our Sister Issue (formerly **MaryJane's CLUCK**) will be showing up in your e-mail box on the first day of every month (well, except for January, because we head henchos take a much-needed break every December). With a cluck-cluck here and a click-click there, we're here for you just when you need a sisterly cyber hug the most. Let the braggin' (er, clucking) begin!

Life made us
FRIENDS,
MaryJanesFarm
made us
SISTERS



© 2014 MaryJanesFarm • Moscow, Idaho

Contents

{ just a click away! }



6 HELLO
from Sister #1



16
EACH OTHER
with Melyssa Williams



10
WELCOME
new and renewing sisters



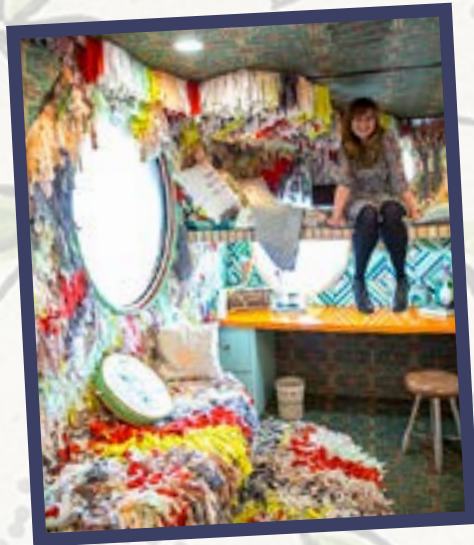
24
HOMESCHOOLING
with Melyssa Williams



26 FARM KITCHEN
with Ashley



28
OUTPOST



31
GARDEN GATE



36
STITCHING & CRAFTING
with Rebekka



38
MAKE IT EASY
with CJ



40 **MOUNTAIN ROSE HERBS**



continued ...

Contents continued ...



continued ...



42 CLEANING UP

46
SISTERHOOD
SPECIAL
Milk Cow Kitchen



58 SISTERHOOD
NECKLACE



59 MERIT BADGE
AWARDEES



49
FARMGIRL CHATTER



Sister Loves

{ staff picks ... only a click away! }

What girl doesn't love to shop, even if all you can afford is some window shopping? Here's where we treat ourselves and our readers to the things we love most. Come shop with us! Our favorites are only a click away.



p. 18

Carol



p. 14

Kristi



p. 22

Saralou



p. 34

Karina

Hello from Sister #1



Spring Flower Fling

I was feeling inspired by my daughter's May Day Bouquets (p. 12), so I got to wondering. What if I took her idea one step further?

And turned it into an excuse for a spring gathering!

That's right—petals 'n pals, blossoms 'n buds.

How about we call it a Spring Flower Fling (SFF for farmgirls in the know).

The gist: Girlfriends get together, bringing flowers (BYOF*) for an afternoon of arranging, swapping, ribbon-tying, **floral-themed snacks**, and bonding over bouquets.



The Flower Girls by Alexei Harlamov via Wikimedia Commons



Here are a few seeds of inspiration to get you started:

1. Send out invitations on **plantable seed paper**. If you're feeling crafty, you might even want to **make your own**.
2. As hostess, consider providing tables and chairs, green floral tape (for wrapping long stems), ribbon and other decorative bits, and umbrellas or bountiful tree branches for shade.
3. Ask each guest to bring a vase, a few bunches of flowers (from her garden, local farm, or florist), and a snack for all to share. Other fun items that guests could bring include:
 - twigs, leaves, herbs, and dried berries
 - inspiring books and magazines
 - garden gloves

Maybe monkeys should be left at home? But, hey, that's your call ...

When guests arrive, arrange everyone's flowers and foliage on a table in any fashion that works for you—color, size, variety, etc.

Ask your guests to line up and move, cafeteria-style, around the flower table, collecting flowers for their bouquet as they go. When everyone has a nice handful, settle in and begin creating arrangements.

Look for a list of terrific tips from my friend and florist (and former MaryJanessFarm intern) **Caroline Eells Waller** in the April/May 2014 (April Showers) issue of our magazine.



Young Girl Holding a Monkey by Rosalba Carriera
via Wikimedia Commons



A Young Beauty Holding A Bouquet Of Flowers by Fritz Zuber-Buhler via Wikimedia Commons

continued ...



continued ...

By all means, invite the younger Janes to join in the floral fun.

Whether they're dabbling in daisy chains ...

or just playing with petals, they're sure to enjoy the occasion.

Oh, and I almost forgot ...

*BYOF = bring your own flowers!



Young Roman Girl with a Bunch of Flowers by Cecrope Barilli
via Wikimedia Commons



Child Braiding A Crown by William-Adolphe Bouguereau
via Wikimedia Commons

Every Sister Has a Story

Former beautician Ardis Eckel has written a regular feature in our magazine (from its inception 13 years ago) called Every Woman Has a Story. For the online version of *MaryJanesFarm* (Sister Issue), I thought a regular feature called Every Sister Has a Story would be awesome (where have I been?). Anyway, every month, we'll randomly pick a name from our roster of Sisters and treat you to a feature.

I've been the subject of a few features myself over the years. And you know what works best for me? A list of the general questions I'll be asked. So here's our list of questions. You can wait until someone from the farm schedules a call with you to answer them (in person, so to speak, with me, Meg, Kristi, Jen, or any of the other lovely ladies who work here), or you can answer them via e-mail. Your choice.

Every Sister who is featured will receive a one-year free subscription to *MaryJanesFarm* magazine in addition to a one-year Sisterhood membership renewal or gift membership to a woman of her choice. Let the fun begin!

1. What are the three things you are most proud of in your life?
2. What does your future life look like?
3. What traditions have been passed down in your family?
4. What's a good book you've read lately?
5. What about you makes you smile ☺?
6. What would you do with a million dollar check, coming to you all in one fell swoop from an anonymous donor?
7. What person has helped you most in life?
8. If today was your day for show 'n tell, what would you bring to share?
9. What's one thing about you few people know?
10. What are three things that show up most on your to-do list?

MaryJane 





Big welcome to our new and renewing Sisterhood members!

Alyssa Erwin-Thigpen
Amanda Rae Hartless
Amy Maus
Andrea Furber
Angela Vargas
April Dennis
Ashley Christensen
Autumn Day
Barb Dickinson
Barbara Smith
Bobbie Glick
Brenda Towsley
Cari Lee Crane
Corey LeBoeuf
Cristine May
Dana Ramos
Darby Gibbins
Dawn Chunn
Dawn Maloney
Deanne Ritter
Deborah Cornett
Debra Davis
Debra Hallock
Denise Collins
Diana Burns
Doreen Tillotson

Elaine Deromanis
Elizabeth Colvin
Ginger Booth
Heather Coffel
Ilse Cherecwich
Italia Patterson
Jami Bolton
Jane Bodo
Janice Kruger
Jenni Burgan
Jennifer Cannariato
Jill Stidham
Judy Keefe
Julie Mesdag
Julie Michel
Julieanna Purdue
Justine Thompson
Karen Holtrop
Karen Feichtner
Karen Spires
Kate Obrien
Katherine Anderson
Kathleen Smith
Kathy Strader
Kaye Derrick
Kelli Wandsworth

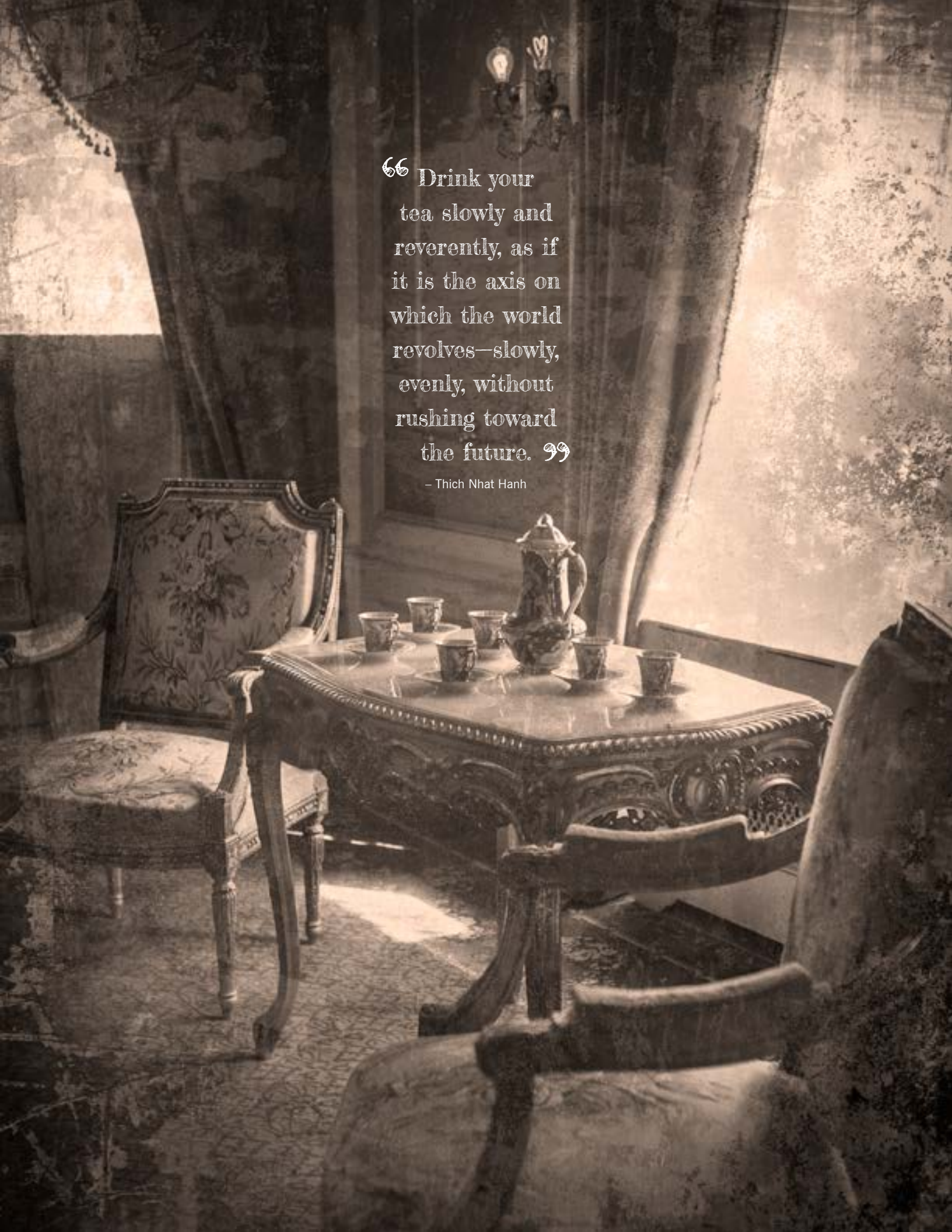
Kelly Mallory
Kim Baxter
Kim Reineke
Kimberley Campbell
Kimberly Savino
Kimberly Jacobson
Kristen Braybrooke
Kristina Holtrop
Leslie Stone
Linda Schram
Linda Wilkey
Linda Gabler
Lisa Hawkins
Lisa Stephenson
Lisa Thielfoldt
Lori Collins
Malinda Robertson
Maria Day
Mariah Cope
Marilyn Faber
Maymee Murphy
Melissa Holman
Melissa Yee
Michelle Parker
Michelle Garwood
Mickey Thompson

Monica Hancock
Nancy A. Brown
Nancy Jo Gartenman
Nicole Christensen
Pam Thorpe
Pamela Czurak
Patti Martin
Peggy Miller
Peggy Richmond
Peggy Rowe
Roma Horton
Ronda Keating
Rosemarie Diederick
Sarah Carter
Sarah Houlihan
Shelly Long
SuZan Brown
Sylvia Ekdahl
Tami Lin Beeler
Tammy Cummings
Teresa Kent
Tina Kay Taylor
Wendie Williams
Wendy Richardson
Wendy Curling
Yvonne Miskimon



“A true friend
reaches for your hand
and touches your heart.”

– Author Unknown



“ Drink your
tea slowly and
reverently, as if
it is the axis on
which the world
revolves—slowly,
evenly, without
rushing toward
the future. ”

— Thich Nhat Hanh

Each Other



In the Shelter of Each Other



{EACH OTHER} with Megan Rae | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Megan Rae (Sister #2) grew up “on the farm”—MaryJanesFarm. She attended Gonzaga University and received a bachelor’s degree in Journalism. After marrying her college sweetheart, they moved to Kansas and bought their first home on a cobblestone street. Her love for writing, editing, and well, her Mom, finally brought her back to the farm. Raising her 6-year-old and 5-year-old farmgirls and working alongside her husband, mother, and family is the perfect lifestyle mix for Megan. She rounds it out with travel across the country to visit her five dearest college girlfriends who she loves with all her heart (they’ve all been in each other’s weddings), and one of her favorite farmgirls that she met when she lived in Kansas (scheduled around working the cows, of course).

May Day

By the time you read this, my daughters and I will already be sneaking around our neighborhood, ringing doorbells and leaving colorful baskets of cheer on doorsteps. The tradition of leaving anonymous flowers for neighbors on May Day goes way back and, while it may have originated in Ireland, it’s now celebrated around the world. It’s not a big surprise that we’ve fallen for the custom, too.

Who doesn’t love the idea of ringing a doorbell and then hiding to watch the recipient open the door and look around with curious wonder? And who doesn’t love making someone’s day with a flower or two? It’s such a sweet way to celebrate the beginning of spring and the sweet fact that we finally have flowers blooming again.

This year, we found an old *Mayflower* magazine and made photocopies to use for our flower cones. We used a bit of leftover burlap from another project for the rest. Soon, we’ll snip a couple of hyacinths and tulips and be on our way to make our neighbors’ day. Happy May Day!

Meg





Sister Loves

{ our favorites ... just a click away! }

Kristi's
PICKS
(JUST A CLICK AWAY)



MAIL-ART MAVEN
(SISTER #4314)

I'm a big admirer of the crow, loving its intelligence and cunning personality. I recently learned that the American Crow's population has declined by almost 50% in the past 15 years due to its high susceptibility to the West Nile Virus. I thought I'd show my crow love and raise a little awareness by highlighting my favorite crow-themed items.



crowfootstudio



sardineclothing



ReneesArtwork



ClayLickCreekPottery



ImagesbyKentOlinger

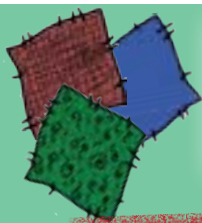


CoriLeeMarvin



darialvovsky

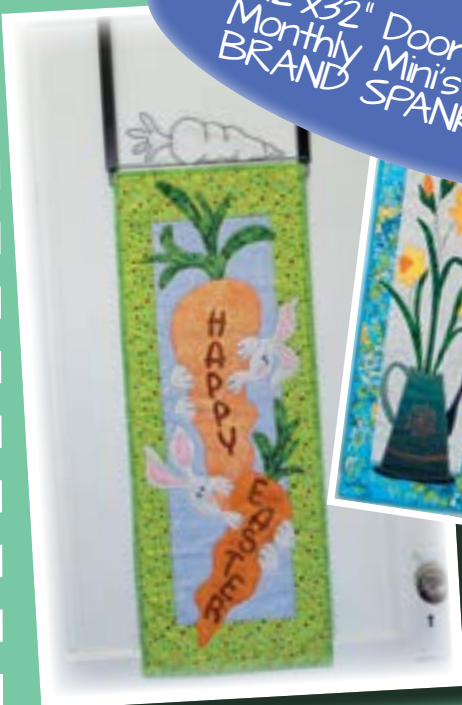
You can visit Kristi's picks
by clicking on the photos.



Patch Abilities, Inc.

Refreshingly "do-able" mini quilts

12"x32" Door Banners
Monthly Mini's Series #7
BRAND SPANKIN' NEW!!!!



What makes our patterns "refreshingly do-able"???

- small projects easily finish in 1 day!
- use fusible applique method - so easy peasy, you don't have to be an experienced quilter - beginner freindly
- applique stitching IS the quilting - no additional quilting necessary
- so affordable - patterns retail at \$7-9 each & over 130 designs to choose from.
- hangers & embellishments available with each pattern.

6"x22" long skinny minis
decorate ANY slim wall
(over 100 seasonal designs
to choose from! Yowza



12"x14" minis conveniently
display on a table stand
(choose from over 36
designs)



These are just a sprinkle
of our many many patterns
available. Hop onto our website
for a full product view:



www.ackfeldwire.com
(888-272-3135)

www.patchabilities.com
or call to request a catalog: 563-778-2101



Each Other



Don't Let Your Babies Grow Up to Be Mamas

{EACH OTHER} with Melyssa Williams | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Melyssa Williams (Sister #161) was a homeschooler back in the day. She spent a perfectly ridiculous amount of time reading and writing, usually in a tree, sometimes with pet chickens. Now she stays out of trees, but still reads and writes. There are three small fry in her house that refer to her as Mom, and keeping in tradition, she puts them in trees with good books. She is the author of the *Shadows* trilogy for Young Adults, and can be reached at ShadowsGray.com.

Notes to Weird Mothers

Mothers are weird. Not just I-have-barf-on-my-shirt-and-I-don't-care weird, but weird in other ways.

Ways like:

Sacrifice. I don't mean I'm giving up my glamorous day job as a model to stay home and check the newly potty-trained toddler's briefs for racing stripes, if you know what I mean, but sacrifice as in everything I do revolves around/involves/is for my kids. *Everything* I do. That's right. And there's no Bryan Addams or Kevin Costner in tights, either. Just me. Even the coffee I drink is for them—for their safety and well being. Moms sacrifice for their kids.

And we like it.

Don't you find that weird?

I LIKE not buying myself a gym membership to whip my sorry patooty into shape so that I can afford swim lessons for the little tyke. I'm just going to name my muffin-top Gloria and learn to love her, for she is squishy and quite dependable, even if she doesn't look good in mid-rise jeans anymore.

I LIKE using Suave shampoo instead of salon brands so that I can afford the organic milk that they will pour on their cereal and end up washing down the sink. That milk.

I LIKE driving the minivan I said I'd never drive because it has room for my kids, plus their rowdy friends, instead of the Jeep Wrangler I only lust after slightly.

I LIKE learning new ways to hide the squash in the nightly goulash.

I LIKE eating everybody else's leftover crusts of bread and calling it my breakfast.

I LIKE knowing that someday my house will be clean and white and spotless, but also quiet and boring, and at the same time, hopefully not too many miles away, my grandkids will be pooping and shouting and barfing and throwing fits in the craft aisle.





I LIKE knowing that at those moments, my kids will be thinking, “I love my mom—how did she DO this? I’m going nuts!” and I will send them silent prayers of support and understanding, while I eat croissants and chocolate.

So while I can, I sacrifice a little, Gloria and me. All too soon, we’ll be alone and have plenty of time to go to the gym, eat a real breakfast, and plate the zucchini lovingly on a crystal platter instead of hiding it in the creamy chicken casserole.

Until then, I’ll just be weird.



Sister Loves

{ our favorites ... just a click away! }

Carol's
PICKS
(JUST A CLICK AWAY)



GRAPHIC DESIGNER,
UKULELE ENTHUSIAST
(SISTER #3)

The merry, merry month of May!
May brings flowers, sunshine,
warm breezes, and Mother's Day!
Here are some beautiful Etsy
creations perfect for gifting.



Soft Earth Art



The Cutting Board Shop



ElegantWreath



Momma Goddess



Caru Skincare Co



Trish Yochum Designs



AliciaArtShop



The Jewelry Island



You can visit Carol's picks by
clicking on the photos.



moda

BEE MY HONEY

by Mary Jane ♥

The beleaguered honeybee needs our love now more than ever. "Won't you *Bee My Honey*, oh tiny wee one? Come look," I whisper. "This year, I've planted extra honeysuckle, dozens of butterfly bushes, patches of phlox, and a field of clover for your nectar needs. Your journey is long and hard; let us help!"

For every yard of my new *Bee My Honey* fabric that is sold, I'm able to continue supporting the important work of TheHoneybeeConservancy.org. Thanks for bee-ing the change with me!

Ask for my 100% cotton *Bee My Honey* fabric at your favorite quilt store, February 2014 or online at FatQuarterShop.com.



Dreaming of warmer
days ahead...



MARYJANE'S™

home

MARYJANESFARM®



Foulard & Flower

MaryJane's Home is now available at:



BON-TON

Carson Pirie Scott

Boston Store

Elder-Beerman

Exclusively sold in Canada at

Herberger's

Younkers

Bergner's

Sears*

Manufactured under a license agreement with Peking Handicraft, Inc. MaryJanesFarm® and MaryJane Butters® are registered trademarks of Farmgirl Trading Company L.L.C. All rights reserved.



We begin with
Black Beans
add key spices



to go

Caribbean

**BPA
FREE
Lining**

EDEN® beans are 100% U.S.A. family organically grown, soaked overnight, and cooked at our organic cannery. Some are cooked in an *all organic traditional spice sauce*, like the Caribbean Black Beans. Plain or seasoned, there are no finer, more satisfying beans around. Simply heat and serve as a stupendous side, or in soup, stew, chili, tacos, burritos, salsa, salads, and dips.



over 300 Pure & Purifying foods and 1,100 + free recipes

edenfoods.com |



©2014 Eden Foods 07311

Sister Loves

{ our favorites ... just a click away! }

Saralou's
PICKS
(JUST A CLICK AWAY)

Garden Gluttony



Mister Martha



HomeMade Modern



Gina Michele



The Homesteady



The Golden Sycamore



GRAPHIC DESIGNER
(SISTER #6)

The warmer weather has inspired me to get out and get my hands dirty. I'm talking gardening! The only problem is, I live in an apartment. I found some neat ideas for some indoor planting I can do. Did you know you can grow a pineapple from an existing one you bought from a store? So neat!!!

You can visit Saralou's picks
by clicking on the photos.



SUMMER REPELLENT SPRAY

Each summer we go on camping trips, forest hikes, long bike rides, and enjoy berry picking, barbecues, and picnics...until the buzzing begins. Keep those pesky blood suckers away and enjoy your time outside! This spray contains catnip hydrosol which can actually be just as effective as commercial chemical repellents, without the nasty side effects from toxins like DEET. Smells great too!

INGREDIENTS

8 oz organic catnip hydrosol
20 drops organic cedarwood essential oil
20 drops organic lavender essential oil
10 drops organic lemongrass essential oil
10 drops organic lemon essential oil

DIRECTIONS

Slowly drip each essential oil into the hydrosol, counting with care as you go. Mix all ingredients in the bottle by shaking vigorously. Shake well before each use and reapply as often as needed.


mountain rose herbs
800.879.3337



Each Other



Homeschooling with Melyssa



{EACH OTHER} with Melyssa Williams | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Melyssa Williams (Sister #161) was homeschooled and spent a perfectly ridiculous amount of time reading and writing, usually in a tree, sometimes with pet chickens. Now she stays out of trees, but still reads and writes. There are three small fry in her house that refer to her as Mom, and keeping in tradition, she puts them in trees with good books. She is the author of the *Shadows* trilogy for Young Adults, and can be reached at ShadowsGray.com.

The Cook and Janitor Get a Day Off

Homeschool moms wear a lot of hats. Cute berets, jaunty caps, wooly stocking types, you name it. But the most common are teacher, janitor, cook, and chauffeur. Sometimes (while also wearing the Household Manager hat), you have to give your employees (you) a day off.

I get two days off, folks! That's right, the female offspring and the two that I actually claim to homeschool (as opposed to the one I still claim is a really, really tall preschooler) are spending quality time with their dad on the road and won't be back until tomorrow. That gives me two days off. I'm just really excited. I don't have to explain the paradoxes of improper fractions or spell phalanges or anything that at all resembles education (not that we resemble it very much anyway, even on a good day). I could so totally watch

soap operas if I were so inclined (I'm not). I can clean the girls' room according to MY specifications (evil chortle). I could fold laundry while watching *The View*, like a good little stay-at-home mom (I'd rather stick toothpicks in my eyes). I could work on my parenthesis addiction (but, why?).

I love homeschooling. I will say it again—thus convincing my inner voice, who is being pesky and meddlesome again—I love homeschooling.

But sometimes ... just sometimes ... I get a little envious of moms who get a seven-hour break every day. I'm sure it's not as glorious as it sounds, but when you're trying to read aloud from *Betsy-Tacy* and renew it online simultaneously, all while washing underpants, planning dinner, listening to some spelling, answering a text message, pulling a toddler out of the toilet, kissing a booboo, wiping up spills, emptying the dishwasher, and fretting about bills—all at the same time—well, the grass looks awfully green and lush and inviting on that other side of the fence.





Sometimes, the grass is full of happy, singing meadowlarks and has a picnic spread and waiting. With brie cheese, dark chocolate, and a man who looks vaguely familiar.

So, when that happens, and the mirage of greener grass becomes too tempting to ignore any longer, you have to take a break.

And sometimes that break involves your children going on a trip without you. And sometimes that break includes a pint of Häagen-Dazs ice cream and a large spoon. And it was good.

I would tell you more, but I have a lot of things to do today. Among them is a nap and a bath, although not necessarily in that order and not at the same time. And if you're feeling somewhat jealous, hardworking mommy, maybe Mr. Williams would take YOUR kids on a trip sometime. I highly recommend it.

Splash, splash, Zzzzzz.





Farm Kitchen

Where the Cookin' Begins!



{ FARM KITCHEN } with Ashley Ogle | to earn a Sisterhood badge in our { FARM KITCHEN } category, [CLICK HERE](#)



Ashley Ogle (Sister #2222) was born and raised in northern Idaho, and has always had an intense interest in anything kitchen. Shortly after marrying MaryJane's son, Brian, at the historic one-room schoolhouse his grandfather attended, Brian and Ashley moved back to the farm and began renovating the 1890 farmhouse that both Brian and his grandmother grew up in. And in keeping with tradition, they're raising their family in the same house (two little girls: Adria, 4, and baby Alina).

Ashley works at MaryJanesFarm as a recipe developer/food stylist, and now spends each day inventing and preparing the delicious food you see in our magazines, books, and websites.

Crustless Quiche

It seems like whenever I decide to put quiche on my menu at home, I always end up avoiding it. When I peek at the menu and notice it there, my inner monologue goes something like this: "Oh, quiche ... I'll need to make piecrust, let it chill, then prebake it. Maybe I'll make the crust tonight and we'll have quiche tomorrow." The thing is, when I do manage to find the time in a day to make a quiche, my whole family enjoys it. What I needed was a crust that requires little prep time and still tastes good. So I thought maybe I could use potatoes as a crust. It turns out, potatoes are the perfect solution! After a few passes through my **mandolin slicer**, they are ready to line a pie plate and be the foundation of a delicious quiche. These fillings are my personal favorites, but you can use my crust recipe and add just about anything from your fridge or garden. Go ahead and have fun with this one. If you make a quiche using this crust that you're especially proud of, I'd love to hear about it! Send me an e-mail at ashley@maryjanesfarm.org.

Prep Time: 45 minutes
Cook Time: 1 hour, 25 minutes
Makes: one 9" quiche

Russet Crust

- 1 large russet potato (about 13 ozs)
- 1 T olive oil
- 1/2 t salt
- 1/4 t pepper
- 3 T grated Parmesan cheese
- 1 sprig rosemary, minced (about 1 1/4 t)

Filling

- 4 slices bacon
- 16 crimini mushrooms, halved and sliced
- 20 asparagus spears, cut into 1" pieces
- 1/2 cup shredded Havarti cheese
- 1/2 cup shredded Cheddar cheese
- 8 eggs
- 1/4 cup milk





Special Equipment

mandolin slicer

1. Preheat oven to 450°F.
2. Peel potato. Using a mandolin slicer, slice to 1/8" thickness; add to a medium bowl. Add remaining crust ingredients and mix well.
3. Arrange potato slices around the bottom and sides of a 9" pie plate. Bake for 25 minutes.
4. While the crust is baking, dice bacon and cook over medium heat until mostly cooked (about 7 minutes). Drain all but 2 t of the grease, add mushrooms, and cook until mushrooms are tender.
5. Remove crust from oven and reduce oven temperature to 350°F.
6. Add mushroom and bacon mixture to bottom of crust. Add asparagus, Havarti, and Cheddar.
7. In a medium bowl, whisk eggs and milk together and pour over cheeses.
8. Place quiche on a baking sheet, loosely cover with aluminum foil, and bake for 55–60 minutes, until eggs have set.





Outpost

Unleashing Your Inner Wild



{OUTPOST} with MaryJane | to earn a Sisterhood badge in our {OUTPOST} category, [CLICK HERE](#)

SCADpad Project

I came across a project that feels a lot like trailer glamping. Have you heard of the SCADpad project? They aim to manufacture micro-houses that fit inside a standard parking space (8 by 16 feet).

Where

The grand scheme is to tuck SCADpads into parking garages worldwide, creating micro communities without disrupting or modifying a city's infrastructure.

Why

According to **SCADpad's website**, there are currently 105 million parking spaces in the U.S. alone, and at least half of them are vacant 40% of the time. That leaves a lot of empty space that could be put to good use as ultra-efficient housing.



Photo courtesy of Scadpad.com



How

Measuring a mere 135 square feet, a SCADpad is designed to be fully self-sufficient and boasts the necessities of modern living: a kitchen, bathroom, and adaptable living space. Plus, when installed in surplus parking garage spaces, SCADpads will share a common green space, including organic community gardens fed by a gray-water system and shared recycling and composting centers. Daylight harvesting structures on the roof of parking garages will bring sunlight to the interior of the cozy little communities.

When

The project has already installed three prototypes in a parking garage on the SCAD campus. These units are ready for student residents to move in and test them out over the next couple of months. Visitors are encouraged to tour the pads on several occasions between now and June 1.

So, urban farmgirls, would you be willing to scale down to a SCADpad? Before you answer, take a peek at these photos:

Mary Jane ♥



Photo courtesy of Scadpad.com



Photo courtesy of Scadpad.com



LOWEL CARDELL

Garden Gate

Bloom Where You're Planted



{ GARDEN GATE } with MaryJane | to earn a Sisterhood badge in our { GARDEN GATE } category, [CLICK HERE](#)

Glass-bottle Terrariums

Isn't there something a little bit magical about the miniature green worlds that grow inside glass-bottle terrariums?

Hello in there ... ?

You can just imagine fairies or some other sort of miniature folk living happily among the lush foliage.



Photo by Christopher via Wikimedia Commons

continued ...



Photo by BrewBooks via Flickr

continued ...



Photo by Jonathunder via Wikipedia

But when I saw the titanic bottle terrarium belonging to Englishman David Latimer, all I could think was ...

Ho, ho, ho!

Yup.

Take a gander:

David planted his bottle garden in 1953 (no typo there!), and it hasn't been watered since 1972. Forty-two years ago, he sealed it up, and the spiderworts within have flourished ever since.

"It's six feet from a window, so gets a bit of sunlight," David told the *Daily Mail*. "It grows towards the light, so it gets turned round every so often so it grows evenly. Otherwise, it's the definition of low maintenance. I've never pruned it; it just seems to have grown to the limits of the bottle."

Here's a video teaching the glass garden technique:



Of course, if you aspire to David Latimer's "green giant," you may want to start with a bigger bottle!



Photo courtesy of The Sun

I created a terrarium in a five-gallon glass water jug when I was in college and gave it to my parents. Whenever I came back home for a visit, there lived my terrarium in the living room, still very much alive, sealed with love and a cork. In fact, my father was so pleased with the fact that his daughter had built a terrarium that was still alive after 15-plus years, he talked the city of Ogden into putting it on display in their courthouse! As it turns out, I helped put myself through college by setting up a table in the student union building on Saturdays selling the terrariums that I made.

Mary Jane ❤️

Sister Loves

{ our favorites ... just a click away! }

Karina's
PICKS
(JUST A CLICK AWAY)



Ironjen



GRAPHIC DESIGNER
(SISTER #4)

One of my favorite things about spring is that it's finally warm enough to get outside and go for a run or a bike ride. Here are a few items I found that excite me to get outside!



REI

WanderingTulip



ThreeBirdNest



REI

You can visit Karina's picks
by clicking on the photos.



MaryJane's
Raising Jane®
Journal
RaisingJane.org

daily entries fresh from the farm



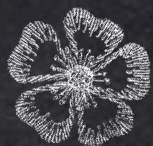
Brought to you by:
MARYJANES FARM®



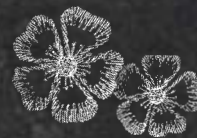
To find out more,
scan here with
your smartphone.



Stitching & Crafting Room



Stitches of Fun & Laughter!



{STITCHING & CRAFTING} with Rebekka Boysen-Taylor | to earn a Sisterhood badge in this category, [CLICK HERE](#)



Rebekka Boysen-Taylor, (Sister #40) was born in Spokane, Washington, right around the time Mount St. Helens blew her top. She studied Geography at Portland State University and taught grade school in the Bronx and inner-city Los Angeles. She lives with her family on the Palouse. As a stay-at-home mama to two organically growing little ones, Rebekka rounds out her organic lifestyle by volunteering at the Moscow Food Co-op, working as an instructor for MaryJane's Pay Dirt Farm School, embracing a DIY ethic, winning blue ribbons at the county fair, and living simply.

Decorative Wooden Spoons

Wooden spoons are the most loved and used tools in my kitchen. I appreciate the simple lines of a basic wooden spoon and the deep curves of a wooden ladle. Lately, I am also smitten with the fancy wooden spoons I see in stores that are etched with forest animals, sweet sayings, or polka dots. They inspired me to try my hand at wood burning.

To make a set for your own kitchen, buy a basic wood-burning kit and blank spoons at the craft store. I should warn you that practicing on actual spoons is risky. I sadly ruined at least one good spoon honing my skills. Instead, grab some scrap wood and get used to using the wood-burning tool. Let the interchangeable tips cool before switching them out (also a lesson learned the hard way). While I admire those fancy designs, simple repeats are a great place to begin as you get the hang of using a tool with a temperature of 750°F! Experiment and see what designs you can come up with. Polka dots, chevrons, and stripes look good on their own or together. For a finishing touch, add a design to the end of the spoon handle using a hot stamping point. When you are done, give each spoon a light sanding with 100-grit sandpaper and rub with **food-grade finishing oil**. Pinterest is a great place to find inspiration—just search for “wood burning” and prepare to be amazed.







Make it Easy



Happy Hearts Make Light Work

{MAKE IT EASY} with CJ Armstrong | to earn a Sisterhood badge in our {MAKE IT EASY} category, [CLICK HERE](#)



CJ Armstrong (Sister #665) was our 2010 Farmgirl of the Year, and she's the one woman we know who's capable of stealing anyone and everyone's heart. CJ and her sidekick daughter, Robin, can be found in campgrounds around the country glamming up their tricked-out tent or Reiver's Rest, their new trailer, wearing CJ's tricked-out aprons. CJ makes the world a MUCH better (and properly aproned) place! See CJ's creations at [FarmFreshAprons](#).

Repurposed Wine Rack



The coming of spring finds many of us doing cleaning, redecorating, and refreshing things in our homes. I didn't like the bland look of the towel bar under my bathroom window with two bath towels hanging on it. So off to the thrift store I went on a search for something I could put in that space that would be more decorative and creative. I found a wooden wine rack with a removable serving tray for just a few dollars and decided it was perfect. It would be just the thing for storing/displaying some rolled bath towels, and with the extra space on the top row, there was also room for a few rolled hand towels. The tray would be a great display for things such as a decorated treasure box, candles, ceramic items, vintage linens, silk flowers ... or whatever suited my fancy.

The rack was stained a dark color and I really wanted it to be lighter, so I cleaned it and then spray-painted it with flat-finish, ivory-colored paint. It was a perfect fit for the area I had, and I liked the way it looked. I then used linens, doilies, etc. to decorate the tray and decided the towel bar could be used to display other vintage linens such as dresser scarves, doilies, and hankies. I like to use lots of doilies and hankies to decorate in other areas of the bathroom as well so it all pulls together. I collect angels, and there are always some angels present in the bathroom that coordinate with the linens.

Because I like to change color themes a few times throughout the year, I'm able to do that just by changing out the linens and the towels. In the spring, I change my color theme to pink, and it stays that way until the end of summer, when I change it to pastel teal shades. At Christmas, the bathroom is decked out in reds and greens, then after the holidays, the red stays and the green is changed to hunter green for a winter theme, which also lends itself to some Valentine items in February.

Wine racks come in all sorts of configurations, and some won't have a removable serving tray, but with a bit of creativity, you can repurpose any rack.



“Find what *inspires* you, put your own spin on it, and try to *create* it.”

— Amy Reeves







Erin McIntosh is the Marketing Manager at Mountain Rose Herbs. Born and raised in the sunny Florida swamps, Erin now makes her home in the evergreen Pacific Northwest, where she studied herbalism, botany, and ethical wildcrafting at the Columbian School of Botanical Studies. She spends her days crafting culinary recipes, making botanical illustrations, gardening, hiking, foraging for wild edibles, photographing pretty flowers, and formulating herbal medicine in the magnificent Oregon Cascades.

A Guide to Herbal Infusions and Decoctions

Teas have been steeped throughout the ages to provide nourishment and pleasure. Because water is a very effective universal solvent, tea also makes a great medicinal preparation. While alcohol tinctures, vinegar infusions, and glycerites offer potent vehicles for herbal constituent extraction, teas can also prove to be strong medicine. Tea is actually a process of water extraction called an infusion. Different herbs, herbal actions, and plant parts require specific infusion methods. Here's a quick and easy guide to help you get started.



Hot Infusions

Hot infusions draw out vitamins, enzymes, and aromatic volatile oils. A few good herbs for hot infusions include chamomile, holy basil, ginger, nettle, peppermint, and skullcap.



Basic Method:

Scoop 1–3 T of dried herbs into a strainer. Heat 1 cup water until it just comes to a boil. Place a strainer in your cup. Pour hot water over the herbs and cover to keep the essential oils from escaping. Steep for 15 minutes to 1 hour and strain.

Cold Infusions

Cold infusions are ideal for slimy herbs and herbs with delicate essential oils. A few good herbs for cold infusions include marshmallow root, chia seed, and fresh lemon balm.



Basic Method:

Dried Herbs and Roots

Bundle 1 oz dried herbs in cheesecloth and fill a quart jar with cold water. Slightly moisten the bundled herbs. Submerge the bundle just below the water in the jar. Drape the tied end of the bundle over the lip of the jar. Secure by loosely screwing on the cap. Allow to infuse overnight.

Fresh Herbs

Chop and fill jar 3/4 full before filling with cold water. Cap and allow to infuse overnight.

Chia Seeds

Add 3 T seeds to a quart jar, fill with cold water, and cap. Allow to infuse overnight. Shake and enjoy.



Decoctions

Decoctions are simmered teas that are perfect for the extraction of hard roots, dried berries, barks, and seeds. This method can also be used for herbal chai or elderberries.



Basic Method:

Place 3 T of dried roots, dried berries, barks, or seeds into a small saucepan. Cover the herbs with a quart of cold water. Slowly heat the water to a simmer and cover. Allow to gently simmer for 20–45 minutes. Strain the herbs and reserve the tea in a quart jar. Pour additional hot water back through the herbs in the strainer to fill your jar.



Fun Tip

Add a bit of honey, fruit juice, licorice-root powder, or powdered stevia leaf to sweeten your tea. Freeze in ice-cube trays or Popsicle molds. Kids love these herbal ice pops.

Enjoy your herbal infusions!



Cleaning Up

The Work of Our Hands



{CLEANING UP} with MaryJanesFarm | to earn a Sisterhood badge in our {CLEANING UP} category, [CLICK HERE](#)

The Reel Deal

"You may think I've sprung a leak in my good sense, MaryJane, but I'm so excited to tell you about my new toy. Well, it's an old toy, actually, and it isn't really the kind of thing that most sane people would consider fun. But perspective is everything, isn't it?"



This ebullient message, sent from a fellow farmgirl named Laurie, piqued my interest. What kind of contraption were we talking about here? I plunged into the rest of the letter to learn that Laurie had recently rummaged through her in-laws' garage in order to excavate a long-dormant reel lawnmower. Yes, the kind that you push along, spinning the happy "hamster wheel" blades without a lick of noise or exhaust. The mower, she wrote, is a Great States model (made in the USA) and although it has a few years on it, it's far from retirement age.

"The beauty of the thing, right off the bat, is that even after sitting for several seasons, it doesn't require any kind of tune-up beyond a serious sharpening of the blades. And even though the blades are currently as dull as the edge of my thumb, they still cut enough grass to give me hope that this newly blossomed relationship is going to last," Laurie went on to say.

If you're puzzling over why a farmgirl would feel so giddy about a powerless lawnmower, let me explain. Like so many un-technological wonders, a reel mower is a blast-from-the-past that holds promise for the future. Just think about the gasoline savings alone.

Did you know? In the U.S. alone, we use 800 million gallons of gas per year mowing our lawns. Lawn mowers spew high levels of carbon monoxide and other toxic fumes, accounting for 5% of our nation's total air pollution. Lawn-mower engines weren't regulated for emissions until the late 1990s, but according to the EPA, even mowing your lawn with a brand-new model for one hour produces more air pollution than driving 11 new cars for one hour. Old habits and vicious cycles are hard to break, but what's more satisfying than taking a crack at a new way of exercising at the same time you're cleaning up your yard?

As it happens, Laurie is not alone in her enthusiasm. A growing number of people nationwide are reverting to old-fashioned mowers. You might say they're "quietly" making a comeback. Of course, everybody has their own reasons. Some like the lack of noise; others enjoy saving money. And parents like Laurie appreciate the fact that they can mow with kids nearby in the yard—no flying debris, deadly blades, or polluted air. And in case you're wondering about how hard it might be to heft around a reel mower, take heart. The modern reel mowers are made of lighter alloys and weigh about 25 pounds (far less than a gas-powered push mower).



But the flip side is that pushing a reel mower at a steady clip is enough work that you breathe and sweat, and your blood pumps. These are great side effects! Suddenly, mowing the lawn becomes incredibly efficient exercise.

Another perk? Reel mowers are really quite cheap, considering the cost of most everything these days. Laurie's model would cost about \$90 new, and the more deluxe models (including those with the option of electric power) are generally somewhere around \$300. They seem to be for sale everywhere. Try Sears, Ace Hardware stores, Home Depot, even Amazon.com. Remember, you can forget expensive maintenance issues—no oil changes, spark plugs, engine overhauls—nothing. The only maintenance required is brushing off the blades after each use, an end-of-season blade spritz with WD-40, and blade sharpening every two years. You can have the blades sharpened by your local hardware store, or purchase a DIY Sharpening Kit at places like Target, Home Depot, or Amazon. You can think of your mower purchase as an investment in cleaner living, but as soon as you get it home, I bet you'll be calling it a toy, too!

Here are some tips to make your reel mowing experience enjoyable and effective:

1. Push your mower at a good, steady pace to keep the blades turning smoothly.
2. Overlap your rows to make pushing easier and to help catch any spots you might have missed on the last row.
3. Experiment with your mowing patterns, since some grass patches may grow in different directions.
4. Mow weekly, or as needed, to keep the grass from getting too tall between cuttings (shorter grass is easier to cut).
5. Adjust your blade height until you get the best results for your lawn.
6. Take advantage of your mower's quiet performance and mow early in the day, while the air is still cool. You won't bother your neighbors one bit!



- Need a push? "Grass not" with plants like polygonum, rose campion, and feverfew. With every clipping, the plants spread sideways instead of up. In between "haircuts," their flowers stay low and put on a show.

MaryJane 



The Scoop

MaryJanesFarm News



Index Available!

We have all the back issues of *MaryJanesFarm Sister Issue* available for download on our website.

[CLICK HERE](#) to read back issues.

[TIP] Use the search/find tool in your browser to look up keywords in back issues.

Farmgirls Unite!

If you are hosting a farmgirl event, open to all farmgirls, send the event description, date, location, and contact info to megan@maryjanesfarm.org. Megan will keep Sisters up-to-date on upcoming gatherings.

Upcoming Events:

Farmgirls on the Loose Get-a-Way, Brown County State Park, Nashville, IN, May 30–June 1, 2014, (see p. 49)

If you're a Sisterhood member, **click here** to download a FREE Farmgirls on the Loose logo!

Enter your Sisterhood number;
password is: FGLoose (case-sensitive)

(Fun logo ideas: frame it, use
it for transfers on shopping
bags, totes, and pillows, or
make it into a sticker
for your trailer!)



shabby apple



vintage-inspired clothing with quality & style
~~~~~ shabbyapple.com ~~~~~



~~~~~  
a return
to what
dresses
were
always
meant
to be
~~~~~



# May Sisterhood



My recipe for moo-cow love is 400 pages with more than 1,100 photos (phew!) that guide you through 75 fuss-free, farmstyle recipes, in addition to 15 step-by-step, super-simple cheese-making recipes that *really* work, plus how-to details for keeping a pet milk cow on your suburban half acre, a backyard lot in town ... or at least the fantasy of a someday cow grazing outside your kitchen window.

**FREE SHIPPING**

**on any order over \$50**  
(U.S./Domestic orders only)



# ood Special

Get your autographed copy of  
**MILK COW  
KITCHEN**

for only **\$28** (reg \$35)  
(bumper sticker included) →



To qualify for this discount, head on over to **HeritageJersey.org** and sign up to be a member. (Don't hesitate to say Hey! on the chatroom and let us know what you're about.)



Exclusive to **MaryJane's Farmgirl Sisterhood** members only.  
Offer applies to UPS Ground and Standard Post only.  
When checking out, log in to your account to receive free shipping.  
For questions, call Brian at 1-888-750-6004.





MARYJANE'S™

*organic*

## WHY ORGANIC?

Organic cotton is safer for you, for farmers, for your children, and for the environment. My 325 thread count percale sheets feel softer, smell cleaner, and are more hypoallergenic. Not only do they coordinate with the bed sets in my MaryJane's Home collection, the fitted sheet has deep corners that fit even the thickest of mattresses.

farmgirl ingenuity • beauty • humor • honesty

## WHY PERCALE?

In a percale sheet, yarns are woven one over and one under each other to produce a tighter, higher-quality weave than that of standard sheets. Percale sheets are longer lasting, hold up better to washing, and are smoother. They also have that crisp, old-fashioned, delicious feel from an era gone by when sheets were built to last.



**Fred Meyer®**

made from  
organic  
cotton

MARYJANES FARM®





# Farmgirl Sisterhood

Share in the Fun!

## Farmgirl Chatter



**What are farmgirls chatting about?**

Check it out at The Farmgirl Connection link [here!](#)

## Farmgirl Calendar

**Farmgirls on the Loose Get-a-Way, Brown County State Park, Nashville, IN, May 30–June 1, 2014**

ALL events optional, but plan to have fun!

Friday, May 30: Check-in, you will need to reserve your own campsite. Our group will be camping in Buffalo Ridge Electric Campground. I will have 30 individual bags to give you with what is going on in the surrounding area and Indiana. Friday evening around 5 p.m., we will have a crockpot dinner for any farmgirls who would like to join us. If you would like to bring a crockpot meal/dessert etc., that would be great! The more the merrier, plus some good eatin'! Please bring plate and fork, plus a drink.

Saturday, May 31: We will do a Dutch-oven breakfast—if you have a recipe you just love, bring the fixins along to fix at our campsite, around 9 a.m. Please bring plate and fork, plus a drink. Hiking and/or swimming. Trip into Nashville, IN, 11 a.m. This is only a few minutes from the State Park. There are tons of the cutest shops and restaurants, plus lots of artists who display their works.

Crafting: Farmgirl coaster or any craft anyone else would like to present.

Glamping Prom Night: Saturday night at the Seasons Restaurant. I will ask about reservations for a large group. This is also really close to the park. Please let me know ahead of time if you plan to attend (restaurant needs our numbers).

Sunday, June 1: Morning get-together to share our Indiana Glamping Experience, 10 a.m. We could do a breakfast pitch-in if everyone is in favor of doing so. Say our farewells, "UNTIL WE MEET AGAIN." Happy trails, farmgirls!

Contact: Farmgirl Linda Sue at [mcallenml@gmail.com](mailto:mcallenml@gmail.com), (812) 988-5245

## Farmgirl Chatter

**Across the Fence: I know it's spring because ... Submitted by texdane**

Finish this sentence ... let's see how many and what responses we come up with.

I know it's spring because ...

I'll start.

I know it's spring because ...

continued ...





## continued ...

there are turkeys in my yard every day.  
there are birds building nests in the trees.  
I see green!

Share your response [here](#).

### **Barnyard Buddies: Rosie had her litter. Submitted by Calicogirl**

We weren't sure if our Hampshire/Duroc Gilt was in a piggy way; turns out she was. From evidence of the rendezvous, we figured that the 25th was the due date; I guess we missed by one day.

This was a totally new experience for us and exciting, too. Rosie would not eat breakfast yesterday or dinner and when we checked on her in the shelter, there was a hay stack in the middle of the floor. She dropped and we got milk from her teats around 4:30 p.m. The first pig was born about 9:30 p.m. and the last at 12:10 a.m. We have 8 little ones that are adorable. We did lose one (the 9th one), it was born with a very faint heartbeat and we tried to revive it, but it didn't make it. The others are doing great.



Rosie is a great mom and very protective. Endeavour (the dad) has been sleeping outside of the shelter. He is a Large Black. Congratulate Calicogirl [here](#).

### **Barnyard Buddies: What can I do to encourage laying? Submitted by JuliaCatherine**

We got baby chicks last November. They have everything I think they need. When would I expect to start getting eggs? Is there something I need to do to encourage that? I am giving them table scraps in addition to their chicken feed and the weeds all over the yard. Thank you for your advice. Chime in [here](#).

### **Farm Kitchen: Buying organic. Submitted by LenaSassafrass**

Hey ladies!

I was wondering how many of you buy most all of your produce and try for your meats and dairy to be organic, also? How do you keep a low budget when doing this?

I'm wanting to switch our family over to organic as much as possible, and with a garden this summer, that will help. I have 3 little ones to feed with huge appetites and a husband whose appetite is large. Share your ideas [here](#).





### **Garden Gate: Sudden squash seedling death—a mystery! Submitted by LuckyMommyof4**

Well, I decided because spring would be VERY late in coming for us this year (we just had snow on Tuesday, and right now, it's 35 degrees out!), I would start my squash plants inside. I always start tomatoes, eggplant, and peppers from seed indoors, but have no experience with indoor squash sprouting. However, I read up on how you can start them indoors (even though the preferred method is direct sow). I followed all guidelines/recommendations and all the seeds sprouted into big, dark-green, healthy seedlings in no time! I was thrilled.

Then Monday morning, I got up early and checked on all my seedlings, then found to my horror that one of the patty-pan seedlings was slumped over dead! I was sad, but had no choice but to pitch it. I checked on all the others, which seemed fine. Then this morning, I found a zucchini plant and a winter squash plant in the same flat (but not next to where the other one was) also near death, yellowish and slumped over. I have checked the peat and the tray and I see no fungus. The trays have been exclusively indoors, so there are no pests. And overnight, the trays are kept in areas our cat cannot access (although, even when they are down on tables near the windows for sun during the day, she has never shown an ounce of interest in them, so I don't think she is messing with them in any way).

I just can't figure it out. They are all getting lots of sun during the day (just like my trays of tomatoes, peppers, and eggplant—which are all thriving away).

These are all bush varieties, which clearly stated in their info that they COULD be started indoors, even though that wasn't the usual method.

I don't understand what has gone wrong and want to fix whatever it is before I lose anymore.

Any thoughts? I sure would appreciate any advice!! Thank you! Share advice [here](#).

### **Garden Gate: New potting table. Submitted by Marybeth**

My Bob built me a wonderful potting table. It's just perfect. We bought the lumber on Thursday, and it was done and hauled from the shop to the patio by Saturday. I've used it plenty already. He even put in a tub for potting soil. He's going to put a roof on it so I don't have to stand in the rain. Ain't he the greatest! Share feedback [here](#).



continued ...





continued ...

**Make It Easy: Making sewing patterns last longer. Submitted by 2Ewenique**

I do a lot of sewing in my home. Ever get those multi-sized patterns and wonder how to make a size small and a size large?

I copy my patterns (just for my own use, of course). I use tissue paper, the type you use in gift boxes/bags at Christmas. I often buy it up after the holidays when it is marked down 75%. Tape pieces together with scotch tape if you need larger pieces. Then I simply lay the original underneath and trace onto the tissue paper. This way I never cut the original pattern.

For years I cut the originals and they are often very expensive to buy. I have saved myself tons of money doing it this way. After I copy the pattern, I put it in a plastic baggy and mark what pattern it is and the size. Works great!

I even do this for patterns I use frequently. I make a lot of purses/totes. I simply copy the patterns and then the original stays in good shape.

Hope this saves some of you some money, too! Share your ideas [here](#).

**Make It Easy: Old wool sweater projects. Submitted by Danyel**

I am interested in making items from recycled wool sweaters. My daughters received beautiful handmade gloves from recycled wool sweaters. Before that, I really never knew about using old sweaters to make items. They are so beautiful and warm. Do you need to use 100% wool or can it be a blend? like 80%? How do you keep them from unraveling as you cut and sew? Is there anything that you can do with sweaters that are not wool? I have a lot of those that stretch out over the years (rags for the garage is where they end up). Any ideas for them? Give your advice [here](#).

**Stitching & Crafting Room: Herb garden tips. Submitted by Doreenlee**

I would like to start an herb garden outside and later bring some plants into my kitchen. Any suggestions on what herbs do well started outside and then brought inside the house? How about rosemary, dill, and oregano? These are the ones I use the most. And how about drying them? How do I go about doing that? Please help, ladies. Give your suggestions [here](#).

**Stitching & Crafting Room: I Luv Wool Felties ...**

For those of you who know me ... you know I love wool felties/penny rugs etc... Well for my b-day, my dear sweet (former) neighbor stitched these 2 up for me. Share your interests [here](#).





“A garden is a  
grand teacher. It  
teaches patience  
and careful  
watchfulness; it  
teaches industry  
and thrift; above  
all, it teaches  
entire trust. ”

— Gertrude Jekyll







# Are you prepared for an emergency?

MaryJane's just-add-water organic meals—everything from instant pastas and grains to soups to breads to desserts—are available in 3-lb bulk oxygen-free bags for emergency preparedness long-term storage. Shelf life: 15+ years; breads: 5–8 years.

**Don't delay. Get ready today!**

The BioLite Camp Stove is the perfect complement to MaryJane's just-add-water organic meals. It cooks your meals with nothing but twigs. And, by converting heat into electricity, it can then charge your lights, phones, and other gadgets while you cook. It's great to have on hand during power outages. (\$129, [biolitestove.com](http://biolitestove.com))



**Forget the fuel. Charge your gadgets.  
Support a better world.**



To buy, scan here with your smartphone.




MaryJanesFarm | 888-750-6004 | [MaryJanesFarm.org](http://MaryJanesFarm.org)



# Girl Gab

GirlGab.com




the world as  
our garden

the place where  
girlfriends gather  
to gabble, gush,  
and gadabout ...



lessons in  
herbalism



food from scratch



farmgirl pets



farmgirl love

Find MaryJane's farmgirl bloggers—city, rural, suburban,  
ranch, mountain, and beach—at GirlGab.com. You'll also  
find daily posts from 129 (and counting) sister blogs.

To find out more,  
scan here with  
your smartphone.



Brought to you by:  
**MARYJANESFARM®**







## THE FOLK SCHOOL CHANGES YOU.



Engaging hands and hearts since 1925. Come enjoy making crafts and good friends on 300 natural, scenic acres in western North Carolina.

**JOHN C. CAMPBELL FOLK SCHOOL**  
folkschool.org  1-800-FOLK-SCH  
BRASSTOWN NORTH CAROLINA



## PEPPER PLANTS

500 varieties of Hot & Sweet

- We have Trinidad Scorpion, Ghost Pepper & Red Savina®.
- We have Pepper Seeds!
- We ship Nationwide.



## TOMATO PLANTS

180 varieties of Heirloom & Hybrid

- New! Tomato Seeds!
- Start with our healthy, large transplants... and enjoy your early abundant harvests!

Our plants offer the easiest way to enjoy many rare, unusual, heirloom & hybrid varieties. These transplants are strong and produce abundantly.

**2014 Ordering starts Jan 1<sup>st</sup>.**

Nursery Visitors: Season opens April 12 to May 31. Weekdays 9-5, Sat/Sun 10-5.

**www.ChilePlants.com**

**Cross Country Nurseries**

**(908) 996-4646**

PO Box 170-MJ; 199 Kingwood-Locktown Rd, Rosemont, NJ 08556-0170

**NEVER BUY HOME CANNING JAR LIDS AGAIN!**



## Reusable Canning Lids

Guaranteed to last a lifetime  
when used as prescribed  
for home canning.

- Water Bath
- Pressure Canner
- Dishwasher Safe
- Indefinitely Reusable
- FDA & USDA Approved Materials

*"Thank you for inventing these lids.  
I bought about 20 dozen when we lived in  
Seattle in 1979. I've used them ever since."*



**5% coupon code -  
maryjanesfarm**

Find us on Facebook at Tattler Reusable Canning Lids  
**877-747-2793 • www.reusablecanninglids.com**



Glamping Made Easy! See How

**877.545.4897**

**golittleguy.com | tab-RV.com**





# Farmgirl Sisterhood



## Social Media

I'm doubling back to make sure you're aware of all the social media happenings at MaryJanesFarm, because you won't want to miss a thing—especially the moment when YOU'RE the sister featured on one of our Facebook pages simply because you're just so farmgirl awesome or you've earned a badge or your blog post from our Sisterhood blogging community over at **GirlGab.com** was featured. (This is my favorite daily pleasure. I LOVE GirlGab!)

As ladies of the Sisterhood, now numbering 5,892 (and counting), we've earned an amazing number of Merit Badges so far—8,416 total! We've recently started alerting earned Badges daily on our MaryJanesFarm **Facebook** page. We started out alerting just the expert-level earners, but decided recently to alert all levels AND add photos if you include them. We're just so darn proud! Can you hear the clucking?

My blog, **RaisingJane.org**, is a little bit more of the fun and frilly that you've come to expect from MaryJanesFarm, and is my outlet for conversation in between magazines.

If you're a Facebook or Twitter kind of gal, you'll find my posts teased on my **Twitter** account and my **Facebook** account. Updates for all things glamorously glampifying for International Glamping Weekend can be found **here**, at its Facebook fan page.

Facebook and Twitter not your thing? Then, our **Pinterest** page can keep you up-to-date with recipes, projects, products, and beautiful images captured here at my farm.







## Exclusive for Sisters!

### Sisterhood Necklace

We've partnered with Elaine Tolson of Washington to offer this lovely bit of vintage-style jewelry—for Sisterhood members only. Your necklace will be emblazoned with your own unique Sisterhood number, setting your braggin' rights in stone. Whether you wear it as a secret code for those in-the-know, or as a conversation starter about the Sisterhood, is up to you. **Click here to order yours.**



Hello Elaine!

Thank you so much for my beautiful charm. I received it last week and have enjoyed wearing it and showing it to my friends and family. Can't wait to get our Chapter off the ground here in Cherry Valley.

Thank you again,  
Mary Bronson



Elaine!!!

Thank you so very much for the beautiful Farm Gal necklace!!! I beyond love it! I really feel part of something grander when I wear it. You made my day when I opened my little burlap bag, truly.

kindness counts,  
Kim







# Merit Badge Awardees



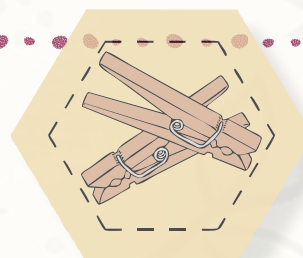
## Merit Badge Awardees

### April Whitehair: #5806

Beginner badge: Stitching & Crafting / Buttoned Up

Beginner badge: Stitching & Crafting / Cross-Stitch

Intermediate badge: Stitching & Crafting / Buttoned Up



### Beverly Gamache: #5778

Beginner badge: Cleaning Up / Going Green

Beginner badge: Stitching & Crafting / Crochet

Beginner badge: Stitching & Crafting / Sew Wonderful

### Catherine Clements: LoganLandingChick #5350

Beginner badge: Make it Easy / Let's Get Physical

Intermediate badge: Make it Easy / Let's Get Physical

Expert badge: Make it Easy / Let's Get Physical



### Connie Warren: Killarney #3392

Beginner badge: Stitching & Crafting / Quilting

### Dawn Perry: #2493

Beginner badge: Cleaning Up / Water Conservation

Beginner badge: Farm Kitchen / Unprocessed Kitchen

Beginner badge: Garden Gate / Bee Good to Your Mother Earth

Beginner badge: Stitching & Crafting / Knitting

Intermediate badge: Farm Kitchen / Unprocessed Kitchen

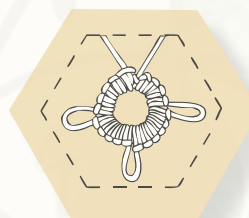
Intermediate badge: Garden Gate / Backyard Farmer

Intermediate badge: Garden Gate / Bee Good to Your Mother Earth

Intermediate badge: Garden Gate / Birds

Expert badge: Garden Gate / Backyard Farmer

Expert badge: Garden Gate / Bee Good to Your Mother Earth



### Dawn Stoll: #5264

Beginner badge: Stitching & Crafting / Aprons

Beginner badge: Stitching & Crafting / Embroidery



continued ...





continued ...

**Denise Meister: Denisemgm #1976**

Beginner badge: Outpost / Woman-at-arms

**Ellen Bailey: #5675**

Beginner badge: Stitching & Crafting / Crochet

Beginner badge: Stitching & Crafting / Knitting

**Jennifer Prior: #5297**

Beginner badge: Each Other / Blogging

Beginner badge: Stitching & Crafting / Knitting

Intermediate badge: Each Other / Blogging

Intermediate badge: Stitching & Crafting / Knitting

Expert badge: Each Other / Blogging

**Mari O'Sullivan: #5644**

Beginner badge: Cleaning Up / Recycling

Beginner badge: Each Other / Little Squirts

Beginner badge: Farm Kitchen / Get it Together

Beginner badge: Garden Gate / 3 R's rule

Beginner badge: Garden Gate / Backyard Farmer

Beginner badge: Garden Gate / Birds

Beginner badge: Garden Gate / Horse Dreams

Beginner badge: Make it Easy / Make it Pretty

Beginner badge: Outpost / First Aid

Intermediate badge: Cleaning Up / Recycling

Intermediate badge: Each Other / Little Squirts

Intermediate badge: Farm Kitchen / Get it Together

Intermediate badge: Garden Gate / 3 R's rule

Intermediate badge: Garden Gate / Backyard Farmer

Intermediate badge: Garden Gate / Birds

Intermediate badge: Garden Gate / Horse Dreams

Intermediate badge: Make it Easy / Make it Pretty

Intermediate badge: Outpost / First Aid

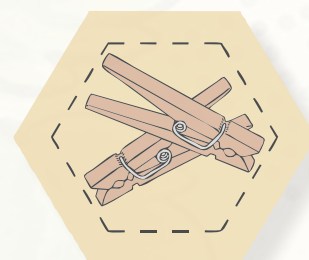
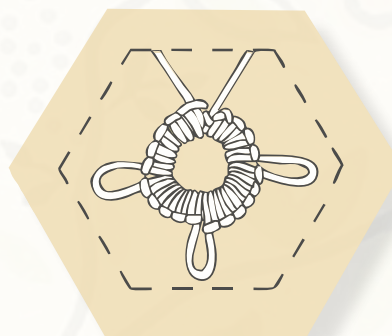
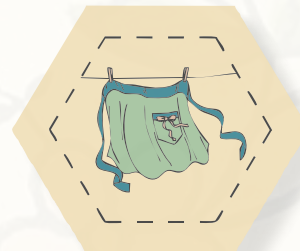
Expert badge: Farm Kitchen / Get it Together

Expert badge: Garden Gate / 3 R's rule

Expert badge: Garden Gate / Horse Dreams

Expert badge: Make it Easy / Make it Pretty

Expert badge: Outpost / First Aid







**Mary Steitz: #5651**

Beginner badge: Cleaning Up / Shopping Green  
 Beginner badge: Each Other / Community Action  
 Beginner badge: Stitching & Crafting / Aprons  
 Intermediate badge: Each Other / Community Action

**Monica Leigh Hancock: mlhancock #5851**

Beginner badge: Cleaning Up / Going Green

**Nancy Boyd: NancyOH1 #2501**

Beginner badge: Cleaning Up / Going Green  
 Beginner badge: Cleaning Up / Recycling

**Peggy Smith: forever young #1815**

Expert badge: Stitching & Crafting / Aprons

**Phyllis Inglesby: #5645**

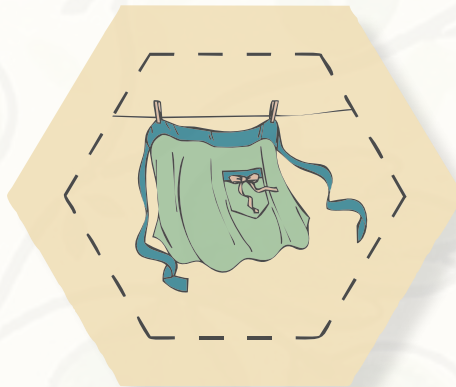
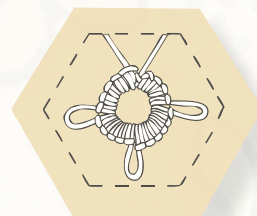
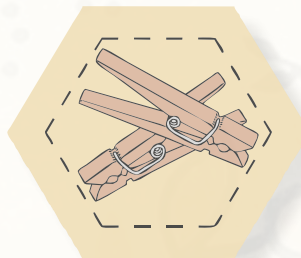
Beginner badge: Cleaning Up / Shopping Green  
 Beginner badge: Stitching & Crafting / Crochet  
 Beginner badge: Stitching & Crafting / Scrapbooking

**Rebecca Riccio: ladybek9756 #4932**

Beginner badge: Cleaning Up / Shopping Green  
 Beginner badge: Each Other / Languages + Culture  
 Beginner badge: Farm Kitchen / Get it Together  
 Beginner badge: Farm Kitchen / Icing on the Cake  
 Beginner badge: Garden Gate / Bee Good to your Mother Earth  
 Beginner badge: Garden Gate / Herbs  
 Beginner badge: Garden Gate / Weather  
 Intermediate badge: Farm Kitchen / Icing on the Cake  
 Intermediate badge: Garden Gate / Herbs  
 Intermediate badge: Garden Gate / Weather

**Sarah Shipley: #5496**

Beginner badge: Cleaning Up / Going Green  
 Beginner badge: Cleaning Up / Shopping Green  
 Intermediate badge: Cleaning Up / Shopping Green



continued ...





## continued ...

### **Starletta Schipp: star-schipp #1927**

Beginner badge: Cleaning Up / Going Green

Beginner badge: Cleaning Up / Recycling

Beginner badge: Farm Kitchen / Cheesemaking

### **Suzann Nichols: #5094**

Beginner badge: Cleaning Up / Recycling

### **Suzanne Holland: Suzanneh #828**

Beginner badge: Cleaning Up / Green Energy

Beginner badge: Cleaning Up / Home Insulation

Beginner badge: Cleaning Up / Recycling

Beginner badge: Each Other / Community Service

Beginner badge: Each Other / Entrepreneurial Spirit

Beginner badge: Each Other / Farmgirl Gratitude

Beginner badge: Each Other / Farmgirl Shutterbugs

Beginner badge: Each Other / Know Your Roots

Beginner badge: Each Other / Languages/Culture

Beginner badge: Make it Easy / Carp-hen-try

Beginner badge: Make it Easy / Make it Pretty

Beginner badge: Stitching & Crafting / Knitting

Beginner badge: Stitching & Crafting / Quilting

Beginner badge: Stitching & Crafting / Sew Wonderful

Intermediate badge: Cleaning Up / Green Energy

Intermediate badge: Cleaning Up / Home Insulation

Intermediate badge: Cleaning Up / Recycling

Intermediate badge: Each Other / Civic Heritage

Intermediate badge: Each Other / Community Service

Intermediate badge: Each Other / Entrepreneurial Spirit

Intermediate badge: Each Other / Know Your Roots

Intermediate badge: Each Other / Languages/Culture

Intermediate badge: Make it Easy / Carp-hen-try

Intermediate badge: Stitching & Crafting / Sew Wonderful

Expert badge: Cleaning Up / Home Insulation

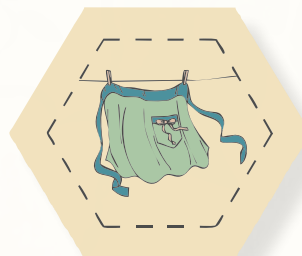
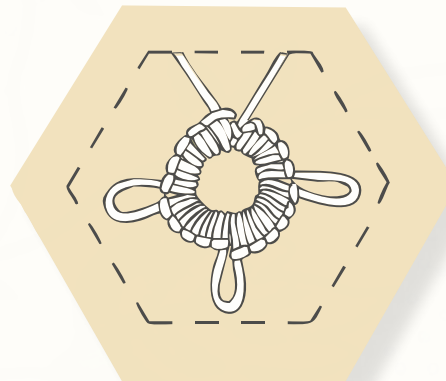
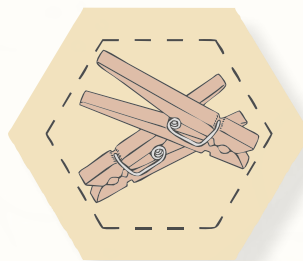
Expert badge: Cleaning Up / Recycling

Expert badge: Cleaning Up / Shopping Green

Expert badge: Each Other / Civic Heritage

Expert badge: Each Other / Entrepreneurial Spirit

Expert badge: Each Other / Know Your Roots







**Tami Beeler: #765**

Beginner badge: Stitching & Crafting / Buttoned Up

**Teresa Julian: TeresaJ25 #1348**

Beginner badge: Farm Kitchen / Get it Together

Beginner badge: Make it Easy / Let's Get Physical

Beginner badge: Make it Easy / Relaxation

Beginner badge: Stitching & Crafting / Origami

Intermediate badge: Farm Kitchen / Get it Together

Intermediate badge: Make it Easy / Let's Get Physical

**Tina Page: #1265**

Beginner badge: Cleaning Up / Shopping Green

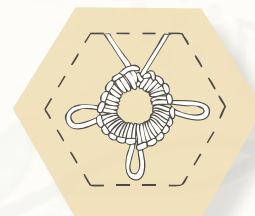
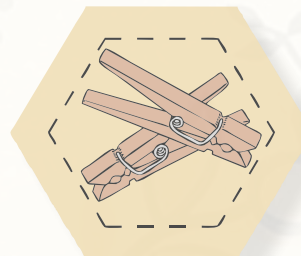
**Vicki Johnson: #5773**

Beginner badge: Cleaning Up / Shopping Green

Beginner badge: Farm Kitchen / Recipes

Beginner badge: Stitching & Crafting / Embroidery

Expert badge : Farm Kitchen / Get it Together





# Farmerettes & Young Cultivators

## Merit Badge Awardees

**Alaina Mack:** Young Cultivator of Melissa Mack #5842  
Beginner badge: Stitching & Crafting / All Tied Up

**Briana Maria Bloomfield:** Young Cultivator of Monica Leigh Hancock #5851  
Beginner badge: Cleaning Up / It's in the Bag  
Beginner badge: Cleaning Up / Trash Talk

**Ellia Dove White:** Young Cultivator of Jill White #5780  
Beginner badge: Each Other / Let's Go to Town

**Savannah Hoffman:**  
Beginner badge: Farm Kitchen / All Dried Up  
Beginner badge: Stitching & Crafting / Weaving In and Out  
Intermediate badge: Farm Kitchen / All Dried Up



### What's a Farmerette?

Farmerettes are young farmgirls-in-training between the ages 14–18. They can earn the same Merit Badges as adult Sisters, so long as there is a Farmgirl Sisterhood member nearby to work with them. **Click here to find out more.**

### What's a Young Cultivator?

Young Cultivators are girls and boys between the ages 6 and 13. They can work with Farmgirl Sisterhood members to earn badges, but have their own unique program. **Click here to find out more.**







## Young Cultivators Group

Rebekka Boysen-Taylor, our Stitching & Crafting columnist, also coordinates a Young Cultivators group. She'll report on their activities here and in future issues.

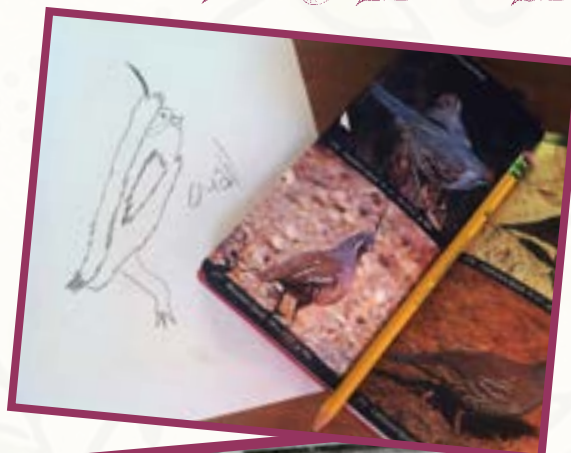
### Gone to the Birds Badge



The birds are back from their winter adventures and my family is taking up bird watching. Our work toward the kids' Gone to the Birds Badge has added a nice structure and motivation for my budding ornithologists. To prepare for this badge, I went to the thrift store in search of bird guides and binoculars. Our library has an impressive collection of field guides and bird books, but I wanted to make sure that the kids had copies they could take outside without worrying about damage.

On our first birding day, we talked about how to best observe birds: pick one place to visit regularly, settle in, and wait quietly. The kids were familiar with a few common bird songs and they shared them with one another. The thing I love about birding is how accessible it is—anyone can do it from their front porch; it's free; and no matter where you travel, there are new birds to spot. Older kids can keep a notebook with the date, place, and time of bird sightings, along with field notes. For younger kids, drawing works just as well—adults can take dictated notes and let little ones write the birds' names with help. One way to help kids stretch their thinking is to ask them to share things they notice and wonder about:

I notice ... that robins eat lots of worms, that quail say ch-i-ca-go. I wonder ... if birds eat berries, if ducks spend more time on land or water?







IN 1997, I took over stewardship of The Barron Flour Mill, a four-story, 124-year-old building on the National Register of Historic Places. Joseph Barron, the third-generation miller who spent his life there milling grains, eventually pioneered the first certified organic flour in the Northwest. I created this easy-to-use organic baking mix in honor of Joseph and all the frugal farm women who served their families wholesome food ... on a budget.

AVAILABLE IN

**UNBLEACHED WHITE • WHOLE WHEAT • GLUTEN FREE**

## BUDGET MIX™ ALSO COMES GLUTEN FREE.

YOU'LL FIND RECIPES FOR BISCOTTI, BISCUITS, BREADS, BREAKFAST DISHES, BROWNIES, CAKES, CREPES, COOKIES, MUFFINS, PIE CRUST, QUICHE, AND MORE, INCLUDING MY SIGNATURE FARMGIRL BAKEOVER™ AND FOLDOVER™.



# MARYJANESFARM

888-750-6004 • MARYJANESFARM.ORG



## My BUDGET MIX™ IS VERSATILE!

YOU'LL FIND 15 RECIPES INSIDE EACH BOX AND MORE SPRINKLED THROUGHOUT MY BOOKS AND MAGAZINES.

Order my "Farm Kitchen" special recipe issue and get more than 50 original recipes using my Budget Mix. It's a way of eating that anyone (urban, suburban, or rural) can benefit from. Not only is it a time and money saver, it's a reputation builder! My mother was the Budget Mix queen, baking her magic every day from a 10-gallon flour tin beneath our kitchen sink.

To find out more,  
scan here with  
your smartphone.





# Coming Soon to a Magazine Near You

Find lots of ideas for handmade weddings (including our own Karina, below), learn to make your own canvas art frames, discover natural remedies for depression and anxiety, make reader-submitted pizza contest recipes, get ideas for decorating with burlap, and more in the next issue of *MaryJanesFarm*. Our June/July issue (Something Borrowed) will hit newsstands on May 13. Don't risk missing *MaryJanesFarm* magazine on newsstands. Subscribe [here](#)!







# MARYJANE'S™

*home*



**T**he MaryJane's Home towel collection is a spirited tribute to all that she loves. Her signature drawnwork comes alive with whimsical sophistication. Intricate subtleties like twill tape and appliques offer dimension, while delicate double ruffles divinely complicate the simplicity of her collection. The entire collection is a wonderful mix of patterns and textures that, when pieced together, create a harmonious balance of rustic femininity, fresh from her farm.

Sold Exclusively at Belk Stores and BonTon.com

MARYJANES FARM®



# FOLKWEAR



#215 - EMPIRE DRESS

## SEWING PATTERNS FOR A VINTAGE LIFESTYLE



See our timeless patterns adapted from  
vintage fashion and ethnic costume  
at [www.folkwear.com](http://www.folkwear.com)

*patterns with timeless style*

# TIMELESS CHARM

HOME DECOR & GIFTS

Unique Home Decor,  
Seasonal Accents  
& More



\$5 Catalog  
Subscription  
with  
\$10 Coupon

319-656-3044 • [TIMELESSCHARM.COM](http://TIMELESSCHARM.COM)

# Dotti Holland Studios



## HEN HOUSE PIN UPS

*Fine Art prints and  
Greeting Cards*

*Wholesale and retail  
for free catalog contact*

**DOTTI HOLLAND**  
[www.dottihollandstudios@yahoo.com](mailto:www.dottihollandstudios@yahoo.com)



**Hatching and  
Shipping Since 1936**

- **Egglayers**
- **Rare Breed Chicks**
- **Meat Birds**
- **Ducks**
- **Geese**
- **Turkeys**
- **Bantams**
- **Guineas**
- **Game Birds**

**Free Color Catalog**

**Cackle Hatchery**  
**P.O. Box 529**  
**Lebanon, MO 65536**  
**417.532.4581**  
[www.cacklehatchery.com](http://www.cacklehatchery.com)



## Certified Organic Feed & Supplements

**Happy birds start with healthy feed  
and supplements.**

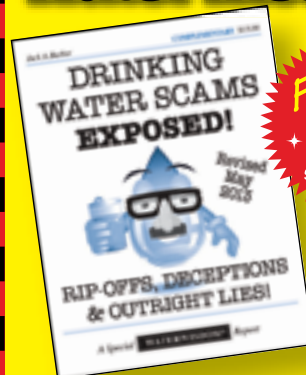
Modesto Milling sells certified organic  
feeds, supplements and minerals that  
promote the well-being of your favorite  
feathered friends.

Our unique formulations have evolved  
over decades to meet the dietary and  
energy needs of birds during the various  
stages of their lives.

We ship anywhere. Get your personalized  
quote today at: **800-897-9740** or  
[modestomilling.com/maryjane.html](http://modestomilling.com/maryjane.html)



# Waterwisdom®



**FREE**  
Report  
\$1500 Value

© 2012 Waterwise Inc

**Shocking truth revealed about:**

- well
- bottled
- filtered
- mineral
- spring
- alkalized
- energized
- reverse osmosis
- distilled
- and more...

**Call for FREE Report & Catalog!**

**800-874-9028** Ext 756

Waterwise Inc  
PO Box 494000 Leesburg FL 34749  
[www.waterwise.com/mjf](http://www.waterwise.com/mjf)



# Meet our Bloggers

*Being a farmgirl isn't where you live, but how you live!*

Farmgirls are tapping away at their keyboards to bring you news from the homefront, no matter where you live or what your interests. Rebekah Teal, a former judge, writes about being a farmgirl in the city; Alexandra Wilson blogs from the rural perspective; Nicole Christensen gives you the suburban viewpoint, and Debbie Bosworth writes from the beach. You can click to our farmgirl blogs right on our home page ([MaryJanesFarm.org](http://MaryJanesFarm.org)). While you're there, sign up for our e-mail blog alerts and recipe of the week.

## city FARMGIRL



**Rebekah Teal** is a farmgirl from a large metropolitan area who recently made her dreams come true by moving to a farm. Given her dyed-in-the-wool city-girl background, she still writes our **City Farmgirl Blog**. She's a lawyer who has worked in both criminal defense and prosecution, and she has been a judge, a business woman, and a stay-at-home mom. She's not only down-home citified, she's a true-blue farmgirl ... in (the occasional) pair of stilettos!

Mustering up the courage to do the things you dream about, she says, is the essence of being a farmgirl. Learning to live more organically and closer to nature is Rebekah's current pursuit.

## rural FARMGIRL



**Alexandra Wilson** is a budding rural farmgirl living in Palmer, Alaska—the agricultural seat of the last frontier—and she shares her adventures on our **Rural Farmgirl Blog**. Alex is a graduate student at Alaska Pacific University, pursuing an M.S. in Outdoor and Environmental Education. She is focused on developing a program to inspire young women to become beginning farmers. She lives and works on the university's 700-acre educational farm, and has just welcomed the newest member of her family, baby Ava Maureen. Alex loves to rock climb, repurpose found objects, cross-country ski on the hay fields, travel, practice yoga, and cook with new-fangled ingredients.

## suburban FARMGIRL



**Nicole Christensen**, our current **Suburban Farmgirl Blogger**, calls herself a “knitter, jam-maker, and mom extraordinaire.” Born and raised in the great state of Texas, she now resides in suburban New England in picturesque Connecticut, just a stone's throw from New York state.

Married close to 20 years to her Danish-born sweetheart, Nicole has worked in various fields and has been a world-traveler, entrepreneur, knitting teacher, and homemaker, but considers being a mom her greatest job of all. Loving all things creative and domestic, Nicole considers her life's motto to be “Bloom where you are planted.”

## beach FARMGIRL



**Debbie Bosworth** left her lifelong home in the high desert of northern Nevada 10 years ago and washed up on the shore of America's hometown, Plymouth, Massachusetts, where she, her “beach-bum Yankee” husband of 20 years, and her two homeschooled kids are now firmly planted. Debbie writes our **Beach Farmgirl Blog**.

“I found a piece of my farmgirl heart when I discovered MaryJanesFarm. Suddenly, everything I loved just made more sense! I enjoy unwinding at the beach, writing, gardening, and turning yard-sale furniture into ‘Painted Ladies’! I’m passionate about living a creative life and encouraging others to ‘Make Each Day their Masterpiece.’”





suburban farmgirl

## Nicole's Favorites

### Yes to Carrots

May brings warmer weather, and for my family, that means more time outside ... gardening and having fun! All that outdoor activity means we're washing our hair more frequently. Both my daughter and I have long hair that can frizz with the wrong shampoo or conditioner. I often feel like Goldilocks, not because of her hair color, but because it's hard to find a "just right" shampoo! So many "moisturizing" or silicone-enhanced "anti-frizz" shampoos make my hair limp. Those promising "body and fullness" can make it feel stripped. Conventional shampoos are filled with sulfates and petrochemicals. Most are over-fragranced, irritating my sinuses and making for an itchy scalp. My shower was filled with half-used bottles of shampoo and conditioner, while I searched for something simple to lather and keep tangles and dryness at bay. Switching to more natural products made the hunt for shampoo still difficult; some make our hair feel brittle and difficult to comb out. But I've found my perfect match with **Yes to Carrots Nourishing Shampoo and Pampering Conditioner!** This creamy, frothy shampoo is 99.4% natural, and is chock-full of goodies like organic carrots, dead-sea minerals, and scalp-calming calendula. Our hair is shiny, full of body, and soft.

My in-his-40s husband still has a full head of thick, beautiful hair, but suffers from chronic dry, flaky scalp. The homeopathic remedy of rinsing hair with apple cider vinegar just isn't practical for everyday when he's rushing for work. Conventional anti-dandruff shampoos are loaded with medicating chemicals, and smell horrible. My husband now uses new Yes to Carrots Scalp Relief Shampoo. It's 95% natural and relies on fruit acids and tea-tree oil to soothe and moisturize a flaky scalp. He's seen great results and loves it!

All of the products in the Yes to Carrots line are at least 95% natural, are free from parabens, petroleum, silicon, and phthalates, are cruelty-free, and made with recyclable materials. The company even started a "Yes to Seed Fund," giving back a portion of their sales to help feed kids around the world, making them a perfect spring pick. I find my shampoo and conditioners at Whole Foods and Walgreens; you can find them in most grocery, mass merchandise, and drugstores, or online at **YesToCarrots.com**.



# MaryJanesFarm Marketplace



**DO YOU HAVE A PRODUCT OR SERVICE YOU WOULD LIKE TO PROMOTE? PLACE A CLASSIFIED AD HERE AND SELL TO FARMGIRLS NATIONWIDE!**

**Call Brian 1-888-750-6004 OR EMAIL**

**advertising@maryjanesfarm.org**

At Orchard Farm all of our products are made from scratch



with fair trade, organic oils, and homegrown botanicals.  
Visit: [www.orchardfarmsoap.etsy.com](http://www.orchardfarmsoap.etsy.com)

## American Garden Tools

[www.AmericanGardenTools.com](http://www.AmericanGardenTools.com) 800-294-1951.  
Incredibly durable and exclusively American-Made Garden tools and accessories. The best American-Made gifts to give yourself and others.

## Project F.A.R.M.

Buying something made by hand from someone you "know" is our concept of how the world should be. Become one of our Project F.A.R.M. sellers and become part of a powerful rural movement.  
[iris@maryjanesfarm.org](mailto:iris@maryjanesfarm.org)

the Quilting Solution  
*Celebrating 10 Years*  
of building affordable  
Longarm Quilting Machines

- Homesteader 22" Machine
- SideSaddle Computer Controller

[www.thequiltingsolution.com](http://www.thequiltingsolution.com)  
864-275-7079  
MADE in the USA

## Composting Worms

**RED WORMS**(*Eisenia Fetida*) perfect for composting. \$26.00 per pound, five pound limit per order. Free Shipping. Greenway Farms of Georgia, 1100 Beasley Rd., Roberta, GA 31078.  
[www.greenwayfarmsofga.com](http://www.greenwayfarmsofga.com)

## Earth Worms

[www.GreenGregsWormFarm.com](http://www.GreenGregsWormFarm.com) Bedrun Redworms – 5,000/\$42, 10,000/\$65, 20,000/\$118, 50,000/\$280. Postpaid. Fishing, Composting, Gardening. Greg Allison, 112 Stilwell Drive, Toney, AL 35773. Free "How To Guides" included. **256-859-5538**

## European Garden Tools

**The Marugg Company** European-style scythes, snaths, and sickles. Free catalog. P.O. Box 1418, Tracy City, TN 37387. [www.themaruggcompany.com](http://www.themaruggcompany.com)

## Fertilizer

**NEPTUNE'S HARVEST ORGANIC FERTILIZERS:** Extremely effective. Commercially proven. Outperform chemicals. Wholesale/retail/farm. Catalog. **800-259-4769** [www.neptunesharvest.com](http://www.neptunesharvest.com)

## Health Aids

### WHO'S SLEEPING WITH YOU TONIGHT?

Nontoxic Kleen Green stops bedbugs, scabies, lice, and mites fast! Safe for children and pets.

Fast, confidential shipping. **800-807-9350**

[www.kleengreen.com](http://www.kleengreen.com)

## Health & Beauty

**FREE ESSENTIAL OIL GUIDE & NATURAL PRODUCTS CATALOG.** 170 pure essential oils. Large selection of blends, liniments, creams, rubs, cosmetics, diffusers, and supplies. **800-308-6284.**  
[www.AromaTherapeutix.com/mj](http://www.AromaTherapeutix.com/mj)

## Juice Beauty

Clinically validated and authentically organic. This USDA certified skincare line includes skin, hair, and makeup choices suited for all types. Why organic? Because our customers expect all the great benefits of efficacious beauty products without harmful chemicals.

## Interest to all

### J.R. WATKINS ALL NATURAL PRODUCTS.

Shop & Buy with us - Phone, Email, or Website.  
Or start your own WATKINS from Home Business.

Barb Birch – WATKINS No. 080207

Call **800-215-2743.** [barbbirch@mchsi.com](mailto:barbbirch@mchsi.com)

or visit. [www.watkinsonline.com/birch](http://www.watkinsonline.com/birch)

## Music Instruments

**ACCORDIONS, CONCERTINAS,** Button Boxes, Rolands. Buy, sell, trade, repair, tune. Catalogs, \$5. Castiglione, PO Box 40, Warren MI 48090.  
**586-755-6050.** [www.castiglioneaccordions.com](http://www.castiglioneaccordions.com)

## Organic Beehives

**QUALITY TOP BAR** Bee Hives for easy backyard beekeeping. Raise Bees, process your honey the natural, organic way. **270-703-5877.**  
[www.organicbeehives.com](http://www.organicbeehives.com)

## Business Opportunities

**GREEN HOME BUSINESS.** Make a living while making a difference working from home. P/T or F/T. Flexible hours. No large investment. [www.EcoTeamUnited.com](http://www.EcoTeamUnited.com).

## YOUR AD HERE

Call Brian  
**1-888-750-6004**

## CONCERNED ABOUT GMOS?



If you'd rather not eat products containing genetically modified organisms (GMOs), you're not alone. The Non-GMO Project's non-profit third party verification program empowers you to have an informed choice. Non-GMO Project Verified products have met rigorous, transparent standards for GMO avoidance, including testing of all GMO risk ingredients.



For more information, including a complete listing of thousands of participating products, please see [www.nongmoproject.org](http://www.nongmoproject.org)



# Magazines, Books & More



Our June/July issue (Something Borrowed) will hit newsstands on May 13. In it, you'll find lots of ideas for handmade weddings, learn to make your own canvas art frames, discover natural remedies for depression and anxiety, make reader-submitted pizza contest recipes, get ideas for decorating with burlap, and more!

[Click here](#) to subscribe to *MaryJanesFarm* magazine.

If you're a subscriber, you should receive your magazine by about May 10. (Those of you near postal hubs get faster delivery; rural delivery takes a little longer.) If you didn't receive your magazine, you can call our publisher's subscription department at 800-476-4611 to check on your delivery.

## MaryJanesFarm *Calendar*

Our **2014 calendar** is still available. Each month's top page features a full-color image from our farm and each calendar page includes dates, holidays, inspirational sayings, lunar phases, and fabulous farmgirl culture. This is a Project F.A.R.M. (First-class American Rural Made) product. All 26 pages are printed here at the farm on 8 1/2" x 11" card stock and are bound with black spiral wire, unfolding to 11" x 17".

### Current Holidays:

May 1 ~ May Day, National Day of Prayer  
May 3 ~ National Scrapbooking Day  
May 4 ~ World Laughter Day  
May 5 ~ Cinco de Mayo  
May 6 ~ National Teachers' Day  
May 9 ~ Child Care Providers' Day  
May 11 ~ Mothers' Day  
May 12 ~ International Nurses' Day  
May 15 ~ International Day of Families  
May 16 ~ National Bike to Work Day  
May 17 ~ Armed Forces' Day  
May 18 ~ Neighbor Day  
May 24 ~ International Tiara Day  
May 26 ~ Memorial Day

April  
Sisterhood  
Special!  
(see p. 46)

### Magazine "Goodies" on the MJF Website

"For those who are looking for the magazine portion of the website, here is the place to find additional patterns, instructions, recipes and such! Yum!" – Alee, Farmgirl Sister #8  
To find the goodies, **click here!**



**5,892 Sisterhood members and  
8,416 Merit Badges earned —  
growing stronger every day!**