

# MARYJANES FARM<sup>®</sup>

Sister Issue

June 2015

*W*ith some  
added pluck,

we came up with this easy way to click (er, cluck) your way back to the farm in between magazine issues. As with any nesting hen, we prefer to accomplish our work with regularity. That's why, if you're an official member of **MaryJane's Farmgirl Sisterhood**, our Sister Issue (formerly **MaryJane's CLUCK**) will be showing up in your e-mail box on the first day of every month (well, except for January, because we head henchos take a much-needed break every December). With a cluck-cluck here and a click-click there, we're here for you just when you need a sisterly cyber hug the most. Let the braggin' (er, clucking) begin!

Life made us  
**FRIENDS,**  
MaryJanesFarm  
made us  
**SISTERS**



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{ just a click away! }



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# Sister Loves

{ staff picks ... only a click away! }

What girl doesn't love to shop, even if all you can afford is some window shopping? Here's where we treat ourselves and our readers to the things we love most. Come shop with us! Our favorites are only a click away.



p. 14

Kristi



MaryJane's Picks

Summer's here and my thoughts go to refreshing iced tea and lemonade for those hot summer days. And to serve my tasty treats, I found these gorgeous drink dispensers and more on [ClassicHostess.com](http://ClassicHostess.com).

You can visit MaryJane's picks by clicking on the photos.



p. 18

Carol



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Karina



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Linnaea



# Hello from Sister #1



## Pack the Perfect (Green) Beach Bag

For my 62nd birthday (May 6) and also for Mother's Day, my daughter surprised me with tickets for Hawaii for just the two of us. Let's just say we turned it into a real vacation and didn't even take photos. Here's the one selfie we took just so you'd believe that we actually went to Hawaii.

Now that I've spent time on some of the most beautiful beaches on planet earth, I'm all about beaches. Here's what I've come up with for the next time I get to go beaching.

Whether you're bound for the sunny shores of lake, river, or sea, don't take off without a tote. Pack a proper beach bag now, and you'll be ready to run for the rest of the summer. Gather the environmentally friendly "Beach Bag Essentials" listed below, then follow the "Packing Protocol" for maximum fun-in-the-sun efficiency.



## Beach Bag Essentials

### 1. The Tote

Designating one roomy tote for bringing to the beach is a must for grab-and-go summer day trips. If you don't already have one in mind, check out the 100 percent recycled cotton totes (with cute seashell prints) for just \$15 at the **Craft Culture Boutique in Etsy**.

### 2. Water

A day in the sun just isn't fun if you're dehydrated. Take water with you (and lots of it), but skip the plastic bottles in favor of a **40-ounce stainless steel jug from Kleen Kanteen** (\$27.95, and save 5 percent when you order two or more).

### 3. Sun Hat

Protect your pretty face from the sun with a wide-brimmed hat like the Sunday Afternoons Adventure Hat (about \$30), which is **highly rated by the Outdoor Gear Lab**. If you're feeling crafty (and, hey, who isn't this time of year?), then try your hand at making **MaryJane's Raffia Garden Hat**. Tell all your friends you made your own hat, and they'll think you're the coolest chic on the coast.



Image courtesy of Boston Public Library  
via Wikimedia Commons





#### 4. Sunglasses

Have a favorite pair? Pack 'em! Otherwise, pick up a premier pair at a deep discount from **SierraTradingPost.com**.

#### 5. Water Resistant Storage Pouch

Keep your keys, lip balm, phone, and other small items tucked safely in their own little pouch like the darling sea-themed **Mud Pie Jute Water Resistant Bags** (about \$10 each) from Coastal4U on eBay.

#### 6. Sunscreen

Have you read the "Sunscreen Survival Guide" in the Cleaning Up section on p. 40? If not, skip over there and take a peek. The bottom line: stick to the Environmental Working Group's list of the **Best Beach & Sport Sunscreens**, period.

#### 7. Bikini Bag

Instead of grabbing a plastic bag for your wet suit every time, opt for a reusable pouch. We are simply gaga over the waterproof coated canvas **Hangin' Around Bikini Bag from Henri Bendel**. Yes, it's \$38, but you'll only have to buy it once, and it is SO much cuter than a ziplock.



Photo by Mk2010 via Wikimedia Commons

#### 8. Towel

Sounds simple, but you wouldn't want to leave home without it. What's more, we found the ULTIMATE beach towel. Seriously. Say it with us: Spiaggia Ombre. This towel is as lovely as it sounds, made of 100 percent combed organic cotton with a soft sheared pile and canvas weave backing that repels sand. Measuring 40" by 70", the Ombre is quick-drying and comes in an array of cheerfully striped patterns for \$50 at **Kassatex.com**.

#### 9. Extras

"While I'm at the beach, I'll want a ... " You fill in the blank: book, snack, Frisbee, knitting project, sketch book, swimsuit cover-up, change of clothes—as long as it fits in the bag, it's fair game.

(Note to beach-bound mommies: Check out **The Organized Mom's Beach Packing List** on The Good Life blog at [GivingAssistant.org](http://GivingAssistant.org))

### Packing Protocol

1. Fold your beach towel, roll tightly, and place the roll vertically against one side of your bag so you can slip it out as soon as you reach the beach.
2. Slide your big water bottle in vertically alongside the towel.
3. If you're bringing a change of clothes, roll them up and tuck them into the bottom of the bag (you likely won't need them till day's end).
4. In the remaining space, organize your extras according to size (bulk on bottom) and necessity (snacks on top).

MaryJane 





## Big welcome to our new and renewing Sisterhood members!

Alicia Winkler  
Andrea Furber  
Angela Rose  
Ann Riddle  
Ashley Heaton  
Barbara Hudson  
Beverly Moeller  
Beverly Rich  
Blair Carter  
Bonita Waters  
Brenda Harris  
Callie Christofferson  
Carol Hagemeyer  
Carol Liljedahl  
Carol Cox  
Caron Van Slyke  
Carrey Hoese  
Carron White  
Cassie Angle  
Cathie Crichton  
Cathy Wright  
Christina Ratchford  
Christine Ellis  
Christine Lally  
Christine Frazzini  
Christy Kopejtka  
Corey LeBoeuf  
Dana Manchan  
Danielle Hartline  
Darlene Ricotta  
Debra Gilbert  
Denise Godwin  
Denise Trine  
Denise Thompson

Denys Draper  
Diane Tellez  
Dody Cochran  
Donna Garrison  
Donna Parmer  
Donna Timms  
Donna Stone  
Elizabeth Del Vecchio  
Elizabeth Culver  
Erin Geroux  
Frannie Lograsso  
Gina Wells  
Heidi Boschee  
Ilse Cherecwich  
Ilse Cherecwich  
Jackie Myrick  
Jami Bolton  
Jane Sprague  
Janice Davis  
Janis Shook  
Janis Comstock-Jones  
Jennifer Summerfield  
Jessica Dike  
Jill Gallagher  
Judy Eairheart  
Judy Burton  
Julie McCamish  
Julie Huber  
Julie Mesdag  
Kalee Cole  
Karen Ladehoff  
Karen Traband  
Kat Clark  
Kate Iles

Kathryn Cartier  
Kelli Wilson  
Kim Watson  
Kim Baxter  
Kirstie Cahela  
Kristen Silvers  
La Verne Duncan  
Laurie Dimino  
Linda Jabbour  
Linda Haar  
Lisa Sprague  
Lisa Kimes  
Lisa Jones  
Lori Collins  
Marcelina Lundy  
Marie Listopad  
Mary Setzer  
Michelle Nemnich  
Michelle Garwood  
Michelle Hassinger  
Michelle Foster  
Mischell Tong  
Monica Hancock  
Nancy Manley  
Nicole Plante  
Pamela J. Bachman  
Patricia Compton  
Patti Wheeler  
Peggy Richmond  
Rachel Cotney  
Rachel Hayden

Rebecca White  
Rebecca Meyers  
Robin Villiers-Furze  
Sally Weber  
Sallyann Dyer-Congdon  
Sandra Giraud  
Sarah Minihan  
Sharon Schrader  
Shawna Matos  
Sheila McLaughlin  
Shelia Taylor  
Shelley Krehbiel-Klein  
Sherry Harris  
Sherry Kennedy  
Stella Jack  
Stephanie Orr  
Stephanie Jordan  
Sue Stout  
Sue Dalos  
SuZan Brown  
Sylvia Talbert  
Tami Fancher  
Terri Maynard  
Theresa Atkinson  
Tigi Ward  
Tina Friday  
Vickie Gaither  
Vicky Weaver

“A true friend  
reaches for your  
hand and touches  
your heart.”

— Author Unknown







# Each Other



*In the Shelter of Each Other*



{EACH OTHER} with Megan Rae | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Megan Rae (Sister #2) grew up “on the farm”—MaryJanesFarm. She attended Gonzaga University and received a bachelor’s degree in Journalism. After marrying her college sweetheart, they moved to Kansas and bought their first home on a cobblestone street. Her love for writing, editing, and well, her Mom, finally brought her back to the farm. Raising her 8-year-old and 6-year-old farmgirls and working alongside her husband, mother, and family is the perfect lifestyle mix for Megan. She rounds it out with travel across the country to visit her five dearest college girlfriends who she loves with all her heart (they’ve all been in each other’s weddings), and one of her favorite farmgirls that she met when she lived in Kansas (scheduled around working the cows, of course).

## Friendship Bracelets

Do you remember making friendship bracelets as a kid? They were easy, right? And your friends loved them! Well, we’re going old school and bringing those crafty, colorful bracelets back. This time around, though, they’re for grown-up girls, too. We made three different styles, just in case your friends are particular—which I imagine they are, if they’ve picked you (*wink*). So, have a blast (from the past) braiding and beading bangles for your besties, or invite them all over for the fun and swap bracelets with girlish glee.



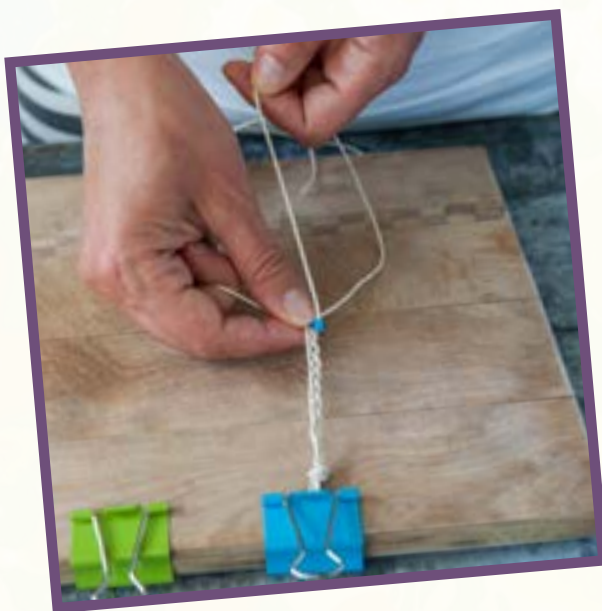




## Braided Bead Bracelet

We used hemp cord for this bracelet because it's slightly stiff and sticky, so the braid holds well while you string beads onto it. Leather would also work well. I cut three 30" strands of hemp cord and tied all three together 1" to 2" from the end. Clip or tape them to your work surface (I used a wooden cutting board). Then I began a basic braid. As you pull your cord from the left to the middle of your braid, add a bead to the string and continue braiding. You can add a bead each time you pull your cord from the left, or every other time, or only a few times. It all depends on how many beads you want on your bracelet. When you're done braiding and beading to your desired length, tie another knot to secure. Cut the remaining cord ends about 1" to 2" from your knot to match the opposite side of the bracelet.

1.



2.



continued ...





continued ...

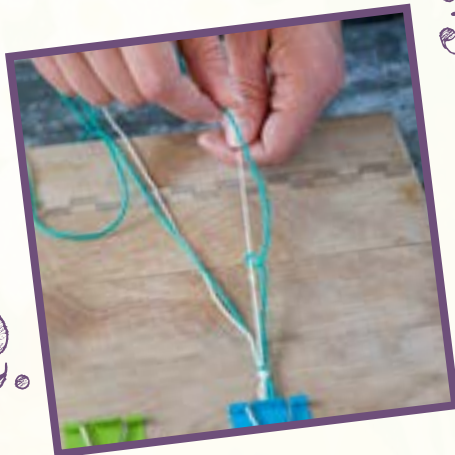
## Diagonal Stripe Bracelet

Start with four strands of embroidery floss. Tie your knot and clip or tape to your work surface, then separate all four strands. The strand on the left side will always be the strand you use for tying to the others. Hold your second strand taut and tie the original strand around it, pulling the knot snug to the top. Then, take that original strand and tie it around your third taut strand, then your fourth taut strand. Now your first strand has actually become your fourth, and you have a new first strand on the left side. Take the new first strand and repeat the steps, always working from left to right, as though you are playing leap frog with your first strand. When you've reached your desired length, gather all four strands and tie a knot, leaving 1" to 2" of floss at the end.

1.



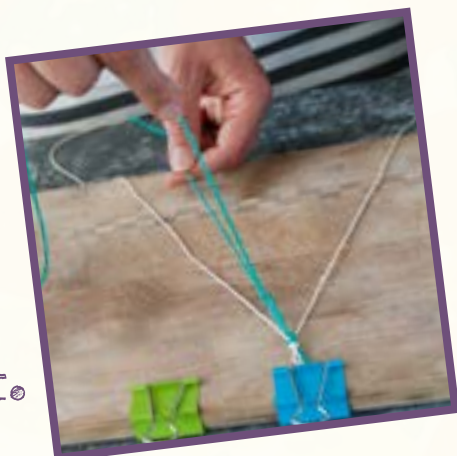
2.



3.



4.



5.



6.

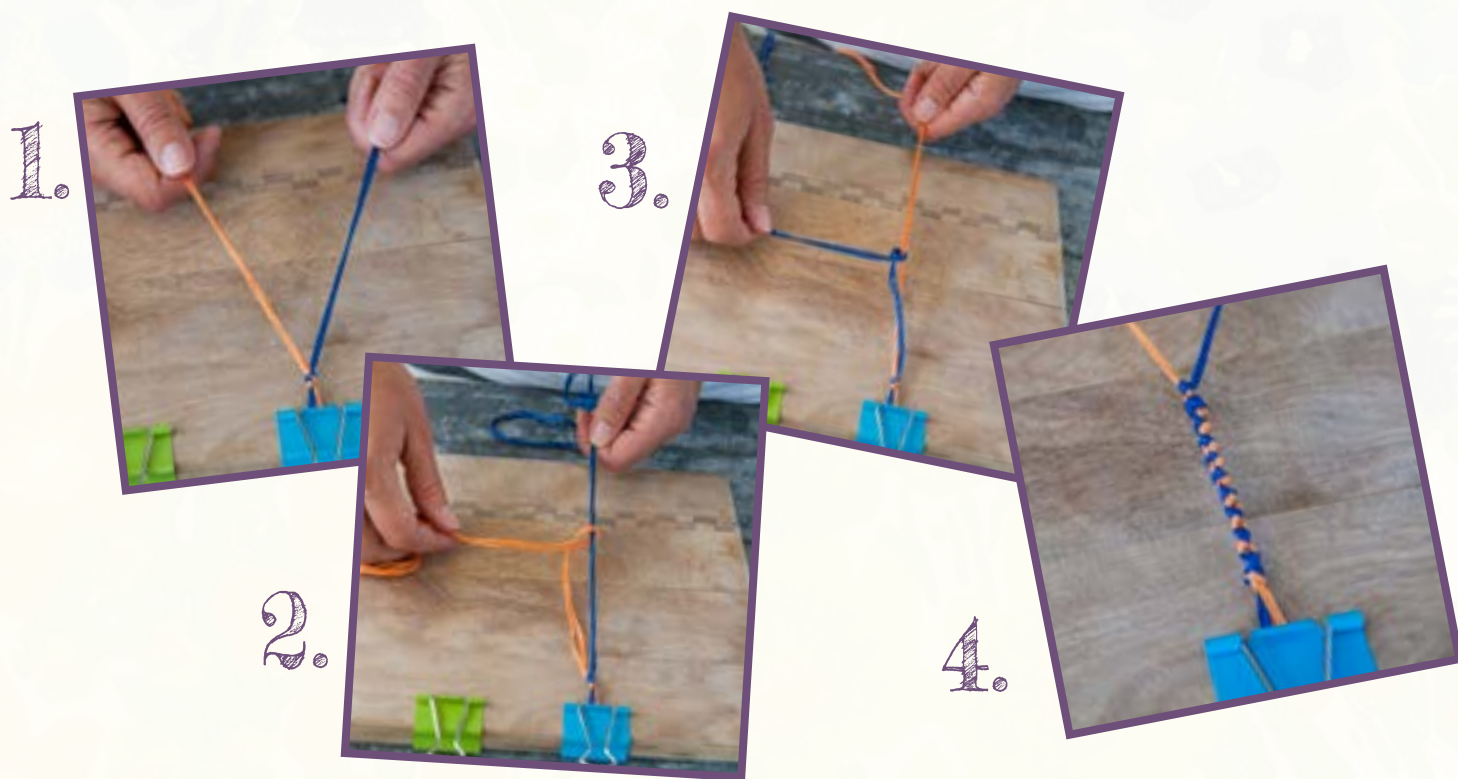






## Double Chain Bracelet

Choose two colors of embroidery floss and cut 3 strands of each. Tie your knot, clip or tape it to your work surface, and separate the two colors so you're working with two thick bundles. Start with the left bundle and tie a single knot, pulling the knot snug to the top, around the right bundle. Now take the right bundle and tie a knot around the left bundle, same as before. Repeat until you reach your desired length, then gather all the strands and tie another knot, leaving 1" to 2" of floss at the end.



## Finishing a Bracelet

Any of the bracelets can be finished for wear by simply tying the ends together into a permanent knot and trimming the loose strands. Make a wish when you tie your bracelet on; when you cut it to take it off, your wish will come true!

Meg



# Sister Loves

{ our favorites ... just a click away! }

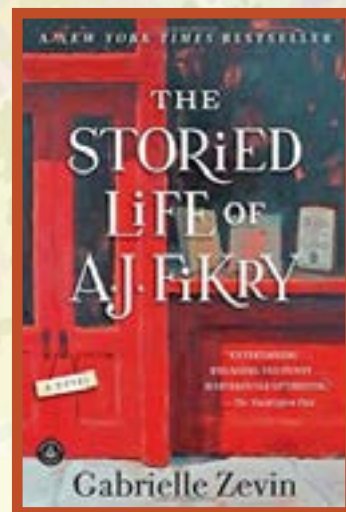
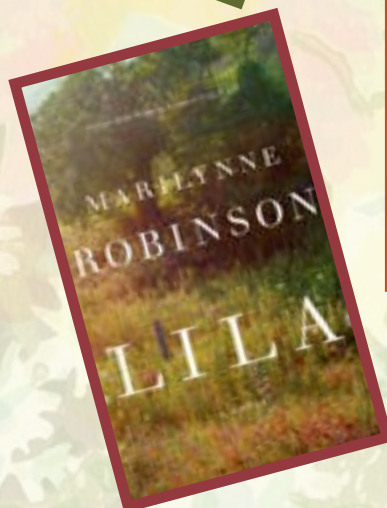
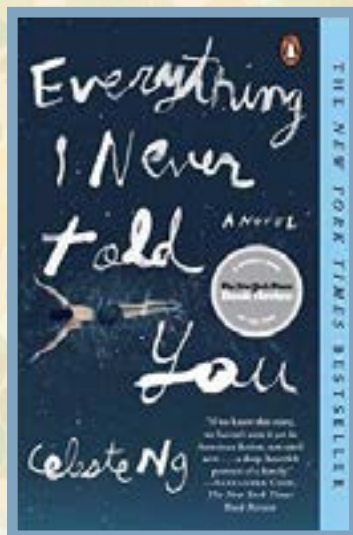
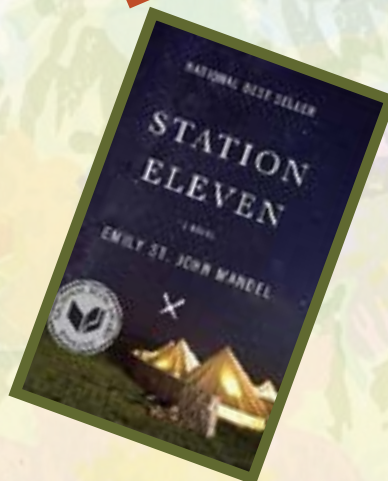
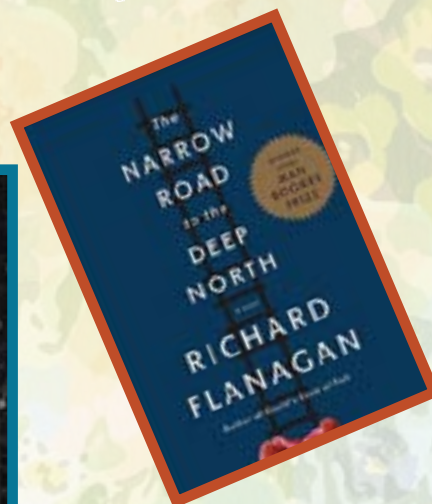
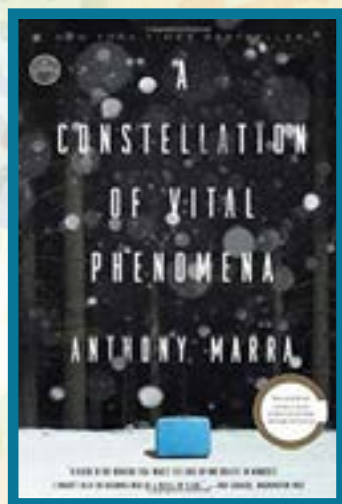
Kristi's  
**PICKS**  
(JUST A CLICK AWAY)



MAIL-ART MAVEN  
(SISTER #4314)

One of the things that really gets me fired up for the summer months is the pleasant task of building my reading list. It's certainly true for me that there are too many books and not enough time, but a girl can dream, right? Here are some titles I found on [Amazon.com](http://Amazon.com) topping my stack right now.

You can visit Kristi's picks by clicking on the photos.





# Goodness, Gracious.

Once Again  
Nut and Seed  
Butters are  
Non-GMO



At Once Again, we love what we do, and we know you'll love this *Chocolate "Sh-moothie"* recipe! To learn more about us, visit our site and check us out on your favorite social network.

MANUFACTURER'S COUPON • EXPIRES 1/31/17

DO NOT DOUBLE



## Save 80¢

on any 16 oz. jar of  
**Once Again Sunflower Seed Butter!**

Void if altered, copied, sold, purchased, transferred, exchanged, or where prohibited or restricted by law.

**RETAILER:** Once Again Nut Butter will reimburse you the face value of this coupon plus 8¢ if submitted within the effective dates. Cash value 1/100 cent. Send to: Once Again Nut Butter, P.O. Box 407, MPS Dept No. 772, Cinnaminson, NJ 08077

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### Chocolate "Sh-moothie"

Find Once Again products at your local co-op or natural products store.

- |  |   |
|--|---|
| ¾ cup silken tofu                      | 1 tbsp Once Again Organic Lightly Sweetened Sunflower Seed Butter |
| ¾ cup frozen banana slices             | ¾ tsp vanilla extract   |
| 2 tbsp unsweetened vanilla almond milk |   |
| 1 tbsp unsweetened cocoa powder        |   |
| 1 tsp agave nectar                     |   |

Vegan  
Gluten Free



Scan this QR code  
for more recipes!

Need a long lasting source of fuel that will keep you full and satisfied all morning? Look no further. This recipe is named a "sh-moothie" since it is protein-packed and more like a chocolate shake's healthy cousin—14 grams of protein with the indulgent sense of dessert!

Place all ingredients in a blender and purée until smooth. Serve immediately in a chilled glass.

**Note:** It is important to use frozen bananas in this recipe since there is no added ice. Frozen bananas also result in the creamiest milkshake-like texture.

**NUTRIENTS PER SERVING** (1 servings): **CALORIES:** 375, **TOTAL FAT:** 13.7g, **SAT. FAT:** 2.0g, **CHOLESTEROL:** 0mg, **SODIUM:** 80.1mg, **CARBS:** 54.7g, **FIBER:** 6.5g, **SUGARS:** 34.2g, **PROTEIN:** 14.2g.

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[www.OnceAgainNutButter.com](http://www.OnceAgainNutButter.com)







# Each Other



Don't Let Your Babies Grow Up to Be Mamas

{EACH OTHER} with Melyssa Williams | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Melyssa Williams (Sister #161) was homeschooled and spent a perfectly ridiculous amount of time reading and writing, usually in a tree, sometimes with pet chickens. Now she stays out of trees, but still reads and writes. There are three small fry in her house that refer to her as Mom, and keeping in tradition, she puts them in trees with good books. She is the author of the *Shadows* trilogy for Young Adults, and can be reached at [ShadowsGray.com](http://ShadowsGray.com).

## Midnight Conversations with Toddlers

Every kid goes through an insomnia phase. They like to use this time to really bond with their parents. Case in point: a conversation I once had in my bed, with a 4-year-old, who shall remain nameless. We'll call him G.

G: Hey, Mom?

M: Zzzzzz.

G: Hey, Mom, do you know? The sun is up!

M (groggy): That's the moon.

G: Oh. Hey, Mom, do you know?

M: Whaa?

G: You have stinky nose breath.

M: Then. Roll. Over.

G: Hey, Mom, can we get up yet?

M: YOU can.

G: Hey, Mom, do you know? Do you know that blackberries are like squishy potatoes?

M: Huh?

G: Yeah! Yeah, they're like if you left your blackberry in the street and a car came and ran over it.

YEAH! VROOM!

M: Whatever.

G: Hey, Mom, you ever left your blackberries in the street?

M: Sure.

G: And hey, Mom?

M: Grr.

G: My legs won't stay still.

M: I noticed.

G: Hey, Mom? Hey, Mom? HEY, MOM?

M: WHAT?

G: Is that still the moon up?

M: YES. Go to sleep. Do you need to go potty?

G: No.

M: Cause you're really wiggly and if you don't stop elbowing me I'm gonna kick you out.

G: K. K, sorry, Mom. Hey, Mom?







M: What?

G: Can you move over so I can get out and go potty?

\*Four minutes and three elbows-to-the-ribs later ...\*

G: Hey, Mom. Hey, Mom, did you know?

M: Zzzzzz.

G: Hey, Mom, I swallowed a frog.

M: Huh? What now?

G, placing my hand over his chest solemnly: See? Feel that? Feel that ribbitting?

M: Honey, that's your heart.

G: OHHHH! It's just my fart?

M: Go. To. Sleep.

G: K. I love you, but hey, Mom?

M: Grrrrr.

G: Don't breathe your stinky nose breath on me, k? I'm trying to sleep.





# Sister Loves

{ our favorites ... just a click away! }

Carol's  
**PICKS**  
(JUST A CLICK AWAY)



GRAPHIC DESIGNER,  
UKULELE ENTHUSIAST  
(SISTER #3)

Mary, Mary, don't be contrary; look how your garden grows! You might not see silver bells or cockle shells (what the heck are cockle shells, anyway?), but you'll surely see pretty maids all in a row with these handy gardens-in-a-box (or bag). And yes, I confess, I'm always swayed by beautiful packaging, making these picks perfect for summer gift-giving as well.

Foodie Garden Singles growing kits: "Dark-N-Lovely" grows Black Cherry Tomatoes; "Cinn-O-Mite" grows Cinnamon Basil, and "Hot Bonny" grows Scotch Bonnet Peppers.

Everything you need to grow your own Cocktail Garden in one box, including 18 original cocktail recipes.

Amazon.com



UncommonGoods.com



Garden-fresh marinara from a kit. Grow juicy tomatoes, flavorful Greek oregano, and aromatic basil on your windowsill.

Grow Towering Sunflowers, Sky High Delphiniums, or Mammoth Zinnias from a natural jute bag. Once the plant is established, simply plant the whole bag in the garden!

ShopPigment.com



UncommonGoods.com



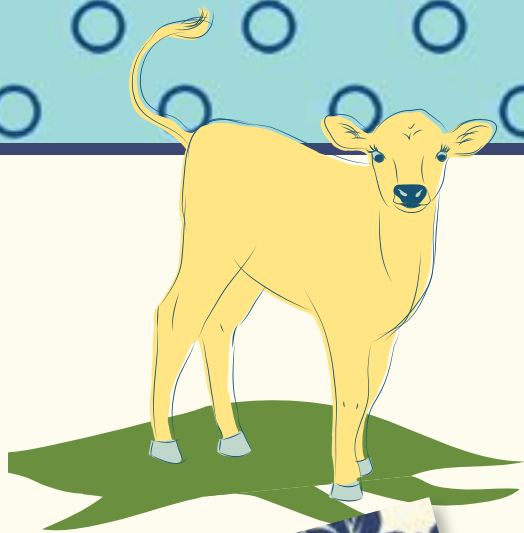
Garden of Wishes flower kit: six types of seeds, all with special meaning.

In just 10 days, grow up to 1 1/2 pounds of tasty oyster mushrooms right out of this little brown box.

Carolina.com







*moda*  
MILK COW KITCHEN  
FABRIC by *Mary Jane* ♥

With every purchase of my Milk Cow Kitchen fabric (available at [MaryJanesFarm.org](http://MaryJanesFarm.org)), we'll include a free copy of the 58" x 72" milk-can quilt pattern shown below. You'll find a list of the fabric you'll need to make the quilt under the fabric's product description.

For a video tutorial that shows how to turn my Milk Cow Kitchen fabric into an adorable kitchen towel, go to [YouTube.com](http://YouTube.com) and type in "Fat Quarter Shop hanging hand towel." My fabric is also available at [FatQuarterShop.com](http://FatQuarterShop.com) and your local quilt shop.

DON'T DELAY! SUPPLIES ARE LIMITED.



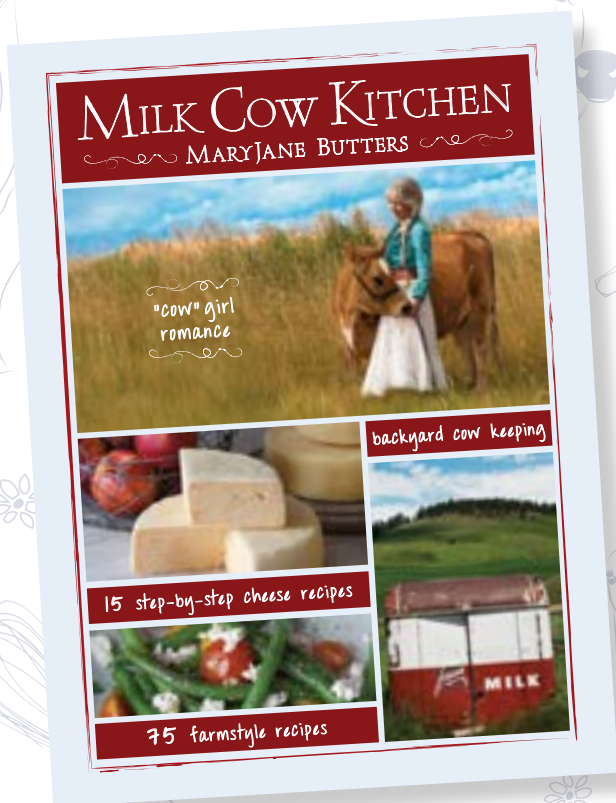




“In her fifth book, MaryJane covers just about everything cows and dairy. If you can make it past the food and cheese recipes without needing to eat, you’re a better “cow”girl than I. But the real gem of the book is the hooves-up, how-to advice on keeping a healthy, happy, backyard cow. Whether you’re a city-dweller or country gal, longtime cow-owner or recently ruminating on the idea of adding a cow to your life, I promise you have something you can learn from *Milk Cow Kitchen*. ”

– Laurel Bake, Dexter milk cow owner

# MILK COW KITCHEN



My recipe for moo-cow love is 400 pages long with more than 1,100 photos that guide you through 75 fuss-free, farmstyle recipes, in addition to 15 step-by-step, super-simple cheese-making recipes that *really* work, plus how-to details for keeping a pet milk cow on your suburban half acre, a backyard lot in town ... or at least the fantasy of a someday cow grazing outside your kitchen window.

MaryJane



autographed copies available at  
MaryJanesFarm.org

\$35/available wherever good books are sold





“The recipe section of the book is chock-full of easy-peasy milk and cheese recipes, topped off with a ton of meals to make with your freshly homemade dairy goods. And the pictures—oh my, the pictures! ”

backyard cow keeping how-to  
75 farmstyle recipes  
15 step-by-step cheese recipes  
milk cow décor



“Eye candy extraordinaire! But, there’s more to it than that. This is the first book I’ve found that really tells you HOW to “have a cow” without having a full-fledged farm ... and there are oodles of recipes, including 15 cheese recipes that I’m dying to try—even before I bring home a cow! ”



“Part coffee-table book with gorgeous photography and beautiful cows, part cookbook with step-by-step instructions on making nearly any kind of cheese you can think of, and part how-to manual on buying/raising/milking a cow, this book is an invaluable reference for anyone considering raising milk cows ... or living vicariously through those who do! ”





# Each Other



Homeschooling with Melyssa



{EACH OTHER} with Melyssa Williams | to earn a Sisterhood badge in our {EACH OTHER} category, [CLICK HERE](#)



Melyssa Williams (Sister #161) was homeschooled and spent a perfectly ridiculous amount of time reading and writing, usually in a tree, sometimes with pet chickens. Now she stays out of trees, but still reads and writes. There are three small fry in her house that refer to her as Mom, and keeping in tradition, she puts them in trees with good books. She is the author of the *Shadows* trilogy for Young Adults, and can be reached at [ShadowsGray.com](http://ShadowsGray.com).

## Homeschooling in 1,746,359.036 Easy Steps

6 a.m.: Awaken to the melodious sounds of scampering pets, squabbling siblings, the smell of coffee, and the beeping of the alarm clock. Either that, or awaken to the sound of silence. Which, as every parent knows, is extremely suspicious and should have you looking over your terrified shoulder for disaster.

7 a.m.: Attempt to say the Pledge of Allegiance over a home-cooked meal of organic muesli, fresh-squeezed juice, and warm-from-the-oven bread. Settle for a rousing chorus of the VeggieTales theme song over soggy frosted flakes.

8 a.m.: Announce to the children that today is the day you are going to crack open those textbooks, by golly!

9 a.m.: Announce now that everyone has gone potty 42 times, had their second breakfast, found the lost pencils, fed the pets, spilled Mom's coffee, talked to Gramma on the phone, and hid under the bed, today is the day you are going to crack open those textbooks, by golly!

10 a.m.: Realize baby is running a fever. Head to doctor.

11 a.m.: Avoid everyone else's children who keep sneezing on your children.

12 p.m.: The soggy frosted flakes are long gone, leaving empty tummies and cranky attitudes. Split a bag of fruit snacks you found in your purse four ways. Children bemoan lack of sustenance and mutiny on you, throwing themselves on the floor dramatically and sobbing. The sneezing children's parents look at you in disgust.

1 p.m.: Head to pharmacy to pick up Baby's prescription. As we all know, there is nothing better in all the land than standing in line with small, hungry, crabby children. It's awesome.

2 p.m.: Attempt a healthy lunch of homegrown veggies dipped in fair-trade hummus, while listening to Mom reading aloud from insertyoureducationanovelofchoicehere. Settle for microwaved Lunchables in front of a rerun of Dora the Explorer, because Mom just realized she didn't shower today.







3 p.m.: Everyone is napping. Mom is breaking open the textbooks, lining them up lovingly, and determining to start them as soon as everyone awakens.

5 p.m.: Snacks. Helping with dinner. Feeding pets. Feeding children. Daddy home.

7 p.m.: Baths.

8 p.m.: Bed.

9 p.m.: Mom realizes the textbooks are still crisp, clean, and completely unread.

10 p.m.: Resolves tomorrow is the day, by golly! Falls asleep contentedly.







# Farm Kitchen

Where the Cookin' Begins!



{FARM KITCHEN} with Ashley Ogle | to earn a Sisterhood badge in our {FARM KITCHEN} category, [CLICK HERE](#)



Ashley Ogle (Sister #2222) was born and raised in northern Idaho, and has always had an intense interest in anything kitchen. Shortly after marrying MaryJane's son, Brian, at the historic one-room schoolhouse his grandfather attended, Brian and Ashley moved back to the farm and began renovating the 1890 farmhouse that both Brian and his grandmother grew up in. And in keeping with tradition, they're raising their family in the same house (two little girls: Adria, 4, and Alina, 1).

Ashley works at MaryJanesFarm as a recipe developer/food stylist, and now spends each day inventing and preparing the delicious food you see in our magazines, books, and websites.

## Sandwich Spread

Lately, I've been daydreaming of summer picnics, which had me thinking about sandwich spreads. Let's face it—while delicious, most of these spreads are not-so-good in the health department. For this reason, I wanted to create a mostly vegetable-based spread that tastes as good as traditional egg-based spreads. I whipped up a tester batch, had hubby taste it, and he was instantly hooked. Since then, he's been raving about the spread and gets excited every time I whip up a batch. I celebrated this as a victory, since it's coming from a man who needs each meal to be a hearty, stick-to-your-ribs affair (I think he's part furnace). To my great surprise and delight, my kids also enjoy it, which makes packing picnics a breeze!

### Avocado & Chickpea Sandwich Spread

Prep Time: 25 minutes

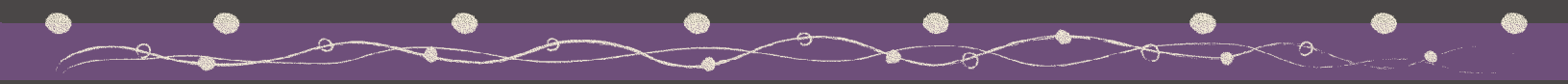
Makes: about 4 cups

- 1 medium avocado (about 4 ozs)
- 1 15-oz can chickpeas, drained (about 1 3/4 cups)
- 2 ozs kale, stems removed (about 2 cups)
- 1/3 cup Greek yogurt
- 1 T lemon juice (about 1/2 lemon)
- 1 t salt
- 1/4 t pepper
- 1/8 cayenne pepper
- 6 celery stalks, finely diced (about 2 cups)
- 2 carrots, finely diced (about 1 cup)

1. Cut avocado in half, remove seed, and scoop out flesh. In a food processor or blender, combine avocado flesh, chickpeas, kale, Greek yogurt, lemon juice, salt, pepper, and cayenne. Pulse into a paste and transfer to a medium bowl.
2. Mix in celery and carrots. Chill until ready to serve. Enjoy on spread onto a sandwich and top with lettuce and a thick slice of tomato, or spread onto crackers.











# Outpost

## Unleashing Your Inner Wild



{OUTPOST} with Sandi | to earn a Sisterhood badge in our {OUTPOST} category, [CLICK HERE](#)



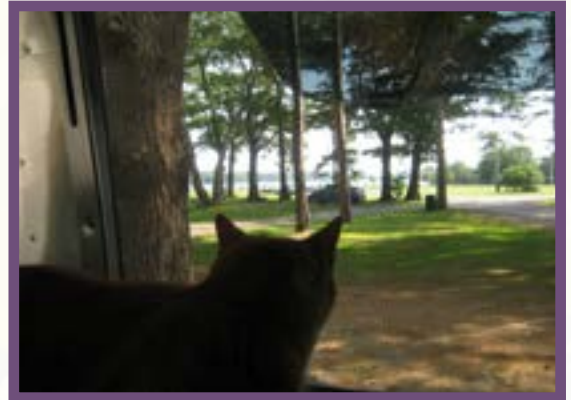
Sandi O'Connor, Sister #3956 says, "I've always loved travel and had a lifelong dream of owning a travel trailer. It was only natural that I began posting as the Travelin' Sister #3956 on **Glampers on the Loose!** My husband and I, who live in coastal Massachusetts, bought our first trailer four years ago, and before I could even think about what was happening, we became immersed in the whole travel trailer culture. We've met wonderful people and made friends for life. Traveling several times a year to meet with friends has become something we look forward to while we're still working. Someday, we'll join the 'on the road' culture and see what it's like to be out for months at a time!"

## Summer

Ahhh ... summer!

Last year, I decided I was going to have the best summer yet. Good books to read, plenty of planned beach time, I even found the perfect pair of summer earrings: silver dangling fish skeletons. I meticulously planned every available weekend with 'just-a-gas-tank-away' camping destinations and went online to find nearby area attractions that we would visit.

Alas, all this came to a screeching halt when one small grandchild who was visiting developed a sniffle, and BAM, I had bronchial pneumonia for three weeks! In July. I first started noticing that my chest hurt on the first day of our weekend trip to Maine. The next day, feeling really lousy, I spent the entire day in bed in the camper. At least I had an excellent salt-water view. I read when my dull, aching brain allowed me to, and even pulled all my resources the next day to visit a tidal estuary restaurant, where I had delicious lobster stew.



My point is, take care of yourself in summer as well. Not that I wasn't, but we tend to do more in the lengthening days of summer when the extended daylight allows the hours to fill up with all kinds of chores and outings. Also, for us, visitors seem to keep finding their way to our door. Not that I mind, but it does take a toll on your time and entertainment skills, not to mention the added housekeeping and cooking.

This year will be the year I learn to pace myself, limit my availability to others, and say no when I feel I'm being overloaded. I will also try to get more sleep as the increase in activity demands it. Vitamin C will head my list of things to do when traveling germs visit.

Nothing is better in my day than an afternoon cup of tea and quiet time, either with a book, a list to make sure I'm keeping up, or just solitude. I hope you make a summer plan that includes being your own best friend and keeping well and rested. Believe me, it's so much better than being forced to stay in bed, even with a salt-water view. Let the summertime fun begin!







# Garden Gate

Bloom Where You're Planted



{GARDEN GATE} with MaryJane | to earn a Sisterhood badge in our {GARDEN GATE} category, [CLICK HERE](#)

## Gardens Aglow

If you've read my ode to the **magic of moonlight gardening**, then you may have already planted fragrant blossoms of jasmine, tuberose, gardenia, and moonflower, whose night-blooming petals lend luminosity to moonlit gardens. But what if you could add just a little more light, giving you a glowing excuse to stay in the garden well past sunset?

With all of the nifty solar technology on the market today, there's no reason not to brighten up the planters and pathways of your garden, making it a go-to spot, even after dark.

Here a few of our favorite bright ideas (beyond the perfunctory pathway lights) to illuminate your journey toward a gleaming night garden, where you can continue your day's work or, better yet, sit back and bask.

Incandescently charming **Solar Flyer Spinners from Plough & Hearth** feature butterflies or hummingbirds that take flight in the breeze and light up in a color-changing display from red to blue to green.

Who wouldn't love the sight of a happy frog lounging on his lily pad, hands resting contentedly on his lighted round belly? The **Reclining Solar Frog Garden Statue from Wind & Weather** lends a bit of whimsy to even the most grown-up garden space.

The **Asli Arts Capiz Solar Windchime from Songbird Garden** is, in a word, captivating. The gentle music of dangling capiz shells (sustainably harvested from Indonesian pearl oysters) is made even more magical by soft solar-gathered light that dances among the ivory-colored discs.

Inspired by the beauty of morning glory blooms, the string of solar **Morning Glory Lights from Gardener's Supply Company** is a lovely imitation of natural blooms, with a blue glow to boot. Tuck strings along fence tops or twine them through a trellis for a fabulous floral accent to your night garden.



Photo by California Waterscapes via Wikimedia Commons





Photo by Frank Vincentz via Wikimedia Commons

To further the floral effect with a touch of fairytale fantasy, add strands of **Solar Fairy Lights from Lighting EVER** to bushes and low-hanging tree limbs.

The newest and, dare we say, the grooviest glow in the garden is glimmering from **CORE Glow Glass**. This stuff is just too cool. Created with recycled glass and inert (i.e. environmentally safe) photoluminescent material, it has the appearance of stars scattered across garden surfaces. The ambient blue and green light from these glass fragments will last all night long (and, according to the company, the glass will continue to glow nightly for approximately 20 years).

What are you waiting for? Get glowing!

*MaryJane* 







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Oregano



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Black Pepper



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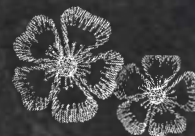




# Stitching & Crafting Room



Stitches of Fun & Laughter!



{STITCHING & CRAFTING} with Megan Rae | to earn a Sisterhood badge in this category, [CLICK HERE](#)

## Quilt Bouquets

Excited about my daughter's wall art that put a new spin on an old quilt motif featured in the Oct/Nov Issue of *MaryJanesFarm* (G is for ...), I turned the classic Double Wedding Ring design into a stand-up bouquet ... with a few sewing notions (bobbins and thimbles) thrown in. To make the "flowers," use my quilt template on p. 33, enlarging it 230% (or any size you want).

After making 30 soon-to-be-flowers, hand-sew a loose gathering stitch on the inner oval, pull it tight, and knot it. Then thread some 14-gauge black annealed mechanic's wire through the center of each flower. To the top of the wire, attach either a bobbin or a thimble (drill a hole through the top of each thimble). To make unique, sturdy stems, wind the other end of the wire around a 1/2" dowel, then remove the dowels.

Next on my list? I can't wait to make flowers from the time-tested historical motifs known as Pickle Dish, Pine Burr, and Pineapple Log Cabin.

MaryJane 



continued ...



continued ...











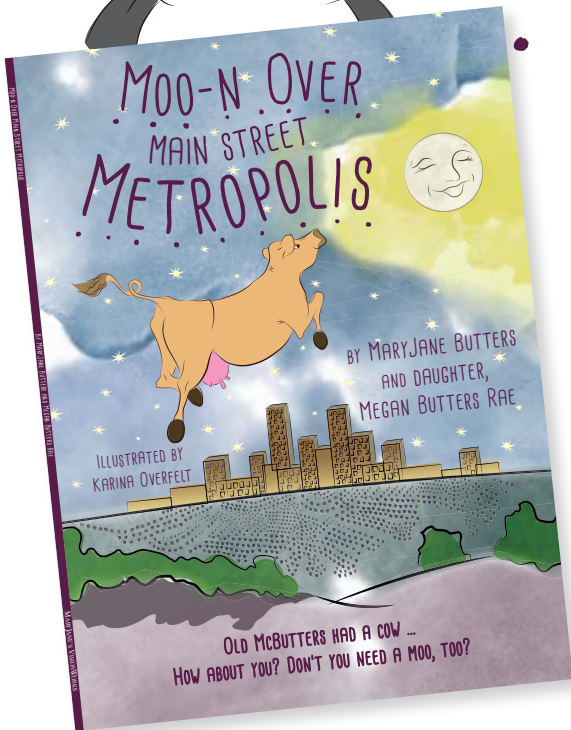
# Moo-n Over Main Street Metropolis

It's about time! MaryJane and daughter, Megan, have finally written a children's book, illustrated by Karina Overfelt—a 34-page cowpanion to MaryJane's fifth book, *Milk Cow Kitchen*. Give or get the gift of this adorable adventure story about a milk cow named Sally O'Mally, who finds love in the home of a single mom and her daughter who never gave up hope that someday, they'd have a backyard milk cow.

Includes 5 reader-to-child educational pages that are jam-packed with conversational questions, including an irresistible hands-on project.

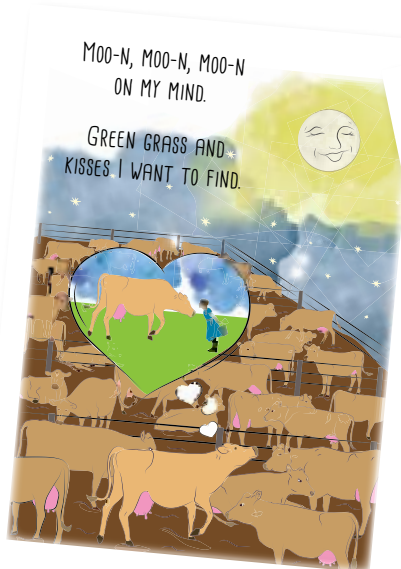
To ORDER A COPY FOR ONLY \$9.89,  
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While you're there, pick up a copy of MaryJane's *Milk Cow Kitchen*, a 400-page cowpendium with 1,100 how-to photographs that detail everything you need to know to keep a milk cow on your suburban half acre, a backyard lot in town ... or at least the fantasy of a someday cow grazing outside your kitchen window.




“ Move over dogs, cats, and hamsters—milk cows are making the ‘moo-ve’ to be your next household pet. With songs to sing, fun facts, and colorful illustrations, *Moo-n Over Main Street Metropolis* is a wonderful reader-to-child experience that connects children to their food, one milk cow at a time. ”

— Suzanne Gibbs Taylor, Creator of BabyLit®







“ All the good ideas  
I ever had came to me  
while I was milking a cow. ”

- Grant Wood





# Make it Easy



*Happy Hearts Make Light Work*

{MAKE IT EASY} with CJ Armstrong | to earn a Sisterhood badge in our {MAKE IT EASY} category, [CLICK HERE](#)



CJ Armstrong (Sister #665) was our 2010 Farmgirl of the Year, and she's the one woman we know who's capable of stealing anyone and everyone's heart. CJ and her sidekick daughter, Robin, can be found in campgrounds around the country glamming up their tricked-out tent or Reiver's Rest, their new trailer, wearing CJ's tricked-out aprons. CJ makes the world a MUCH better (and properly aproned) place! See CJ's creations at [FarmFreshAprons](#).

## Making an Easy Fabric Panel Banner

Banners seem to be very popular with farmgirls and glampers, and they can be such fun decorations to incorporate into almost any setting. I've made several with fabric pennant shapes as well as hankies, and would now like to share my idea for making one with fabric panels.

I purchased some fabric from MaryJanesFarm store a few years ago that has different farmgirl images on 12"-square panels. I cut the panels apart, then cut pieces of red and white gingham fabric for the backs, sewing each of them together on the sides and the bottom and leaving the top open for turning right-side out. Then I clipped the corners, turned the panel pieces right-side out, pressed them flat, and top-stitched along the sides and bottoms. After measuring the panels and including a 1" space between each panel, I determined the length needed for a binding piece with tie ends. I used double-fold quilt binding, sewing together two pieces for the needed length. Starting from the center, I pinned the panel pieces with the open tops inside the binding, and then sewed the binding edge closed from the tie end, folding in approximately 1/2" of the binding on both ends to finish them. Because I wanted to sew jumbo rickrack on the top, I left an opening approximately 1" in length at the outside edges of the outside two panel pieces so I could tuck the raw ends of the rickrack inside and sew them closed. My finished banner panel section measures approximately 69" and the tie ends from there are each 31" long.

You'll need:

- panel print fabric of your choice (Any size panel should work. I suggest staying with panels that aren't too large.)
- backing fabric of your choice (You could use the same fabric for all the panels or do contrasting prints on each panel.)
- double-fold quilt binding
- rickrack or other trim (Other ideas for trim would be lace, buttons, yo-yos, ribbon, etc.)



I plan to use my panel banner at my house for special farmgirl occasions and perhaps for glamping outings. I have another piece of panel print fabric that has smaller panels of vintage seed packets that would be great for my yard or garden. Perhaps I'll make that one soon!









Erin McIntosh is the Marketing Manager at Mountain Rose Herbs. Born and raised in the sunny Florida swamps, Erin now makes her home in the evergreen Pacific Northwest, where she studied herbalism, botany, and ethical wildcrafting at the Columbine School of Botanical Studies. She spends her days crafting culinary recipes, making botanical illustrations, gardening, hiking, foraging for wild edibles, photographing pretty flowers, and formulating herbal medicine in the magnificent Oregon Cascades.

## Potluck Recipe: Pickled Curry Deviled Eggs

Clucking happily atop rolling country hills and bustling city backyards, our precious hens provide the richest and most delicious protein nuggets around. Here's one of my favorite herbal infused egg recipes to help inspire you when that basket fills up. Especially festive this time of year, the sweet and spicy beet brine imparts this gorgeous shade of magenta while the creamy curried yolk filling brings a pop of gold to the plate. Show up to the potluck with these beauties and watch everyone's eyes grow wide with wonder. They're super tasty too!

### *Pickling Ingredients*

- 2 cups water
- 1 cup organic white vinegar
- 3 small organic beets, washed and sliced
- 1 organic shallot, roughly chopped
- 2 t organic sugar
- 1 t organic black peppercorns
- 1/2 t organic fenugreek seed
- 1/2 t organic brown mustard seed
- 1 t sea salt
- 6 hard boiled local organic eggs, peeled

### *Filling Ingredients*

- 6 egg yolks
- 2 T organic mayo
- 2 t organic Dijon mustard
- 1 t organic curry powder
- 1 t fresh organic lemon juice
- 1/4 t organic cayenne powder
- fresh cilantro leaves or chives for garnish
- salt and pepper to taste

### *Directions*

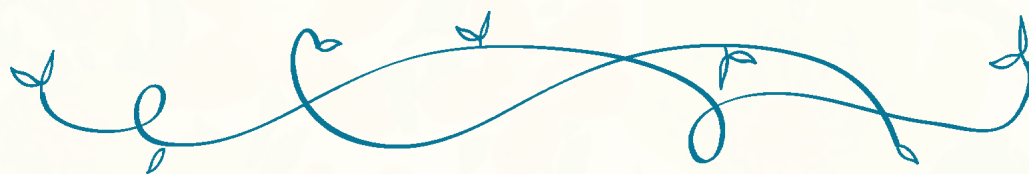
Combine all of the pickling ingredients (except for the eggs) in a medium saucepan. Bring to a boil and then simmer on low for 10 minutes. Allow the brine to cool slightly and then add the peeled hard-boiled eggs. Use the beet slices to submerge the eggs in the brine.







Let the eggs marinate for at least two hours in the fridge or overnight. Remove the eggs from the brine and slice them in half lengthwise. Remove the yolks and in a separate bowl mash them together with mayo, Dijon mustard, curry powder, and a touch of salt and pepper to taste. Spoon the yolk filling into the eggs and then garnish with fresh cilantro and a dusting of curry powder.







# Cleaning Up

*The Work of Our Hands*



{CLEANING UP} with MaryJanesFarm | to earn a Sisterhood badge in our {CLEANING UP} category, [CLICK HERE](#)

## Sunscreen Survival Guide

The **2015 Guide to Sunscreens** recently released by the Environmental Working Group evaluated the ingredients and effectiveness of 1,700 sunscreen products, including sunscreens, SPF-rated moisturizers, and lip balms. The results? Not so hot. According to the EWG, 80 percent (!) of the products tested are either ineffective or contain ingredients that may be harmful to your health, such as the hormone disruptor oxybenzone or retinyl palmitate, a form of vitamin A associated with skin damage.

Creepy chemicals are not surprising if you've read any sunscreen labels lately (shudder), but ineffective, too? What gives?

"Theoretically, applying sunscreen with a sun protection factor (SPF) of 100 would allow beachgoers to bare their skin 100 times longer before suffering a sunburn. Someone who would normally redden after 30 minutes in the midday sun could stay out for 50 hours. But for high-SPF sunscreens, theory and reality are two different things," says the EWG. "There are five key strikes against SPF values greater than 50."

You can find those five strikes in the EWG's post [What's Wrong with High SPF?](#) as well as an A-Z list of EWG approved products [here](#).

As for us here at MaryJanesFarm, we can't resist the urge to DIO (do-it-ourselves), and one of our favorite recipes to date is the Herbal Sunscreen Recipe, complete with calendula, created by our friends at **Mountain Rose Herbs**.

How sunny is that?

*MaryJane* 



Photo by Wouter Hagens via  
Wikimedia Commons



# Sister Loves

{ our favorites ... just a click away! }

## Karina's PICKS (JUST A CLICK AWAY)

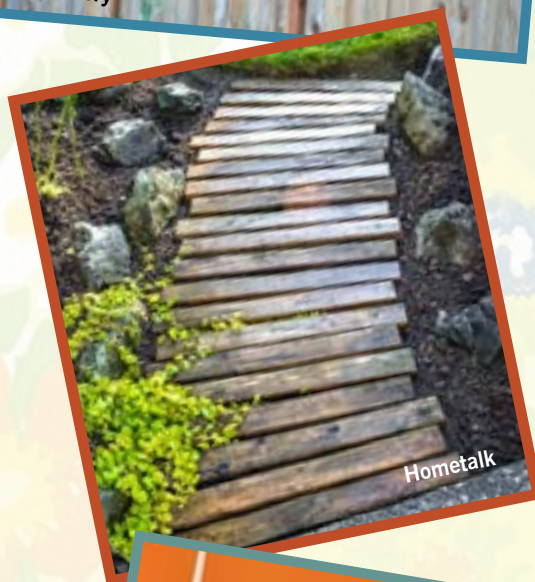


GRAPHIC DESIGNER  
(SISTER #4)

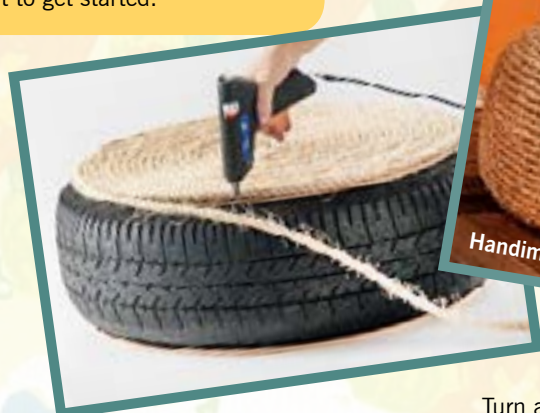
The outside of my house needs a little farmgirl love. I love to recycle old objects I have that are just laying around. Here are some great DIY projects I found when I was browsing for ideas. I have a couple old pallets and an old tire laying around. I can't wait to get started.



casadeberry



Hometalk



Handimania

Turn an old tire into  
an outdoor ottoman!



Sheryl Salisbury



The Horticult

You can visit Karina's picks  
by clicking on the photos.



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Inventing a pattern for our Sister Loonies took us two months. Why? We wanted a fitted elastic back, just big enough to easily get them on and off, but not so big they made your big bigger, if you know what we mean. We also wanted the front of them to be flat and ungathered. In other words, flattering. Who wants a front that’s poofy? Made from 100% cotton with a generous organic cotton voile ruffle, we’ve sized these for every body type we can think of, from XS to 3XL, so there’s no excuse not to join the Sister Loonies movement.

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# Sister Loves

{ our favorites ... just a click away! }

Linnaea's  
**PICKS**  
(JUST A CLICK AWAY)



GRAPHIC DESIGNER

There comes a moment every year when I realize that summer is right on top of us, and, unlike the sane half of the population, I haven't bought any summer clothes. And so I dive onto the Internet and go on the hunt for clothes (not that I mind). This is one of the outfits that caught my eye (here's to polka dots)!

You can visit Linnaea's picks by clicking on the photos.

MagicLeatherStudio



Amazon.com



Modcloth.com



Modcloth.com



Amazon.com



Spool 72







## Index Available!

We have all the back issues of *MaryJanesFarm Sister Issue* available for download on our website.

**CLICK HERE** to read back issues.

**[TIP]** Use the search/find tool in your browser to look up keywords in back issues.

## Farmgirls Unite!

If you are hosting a farmgirl event, open to all farmgirls, send the event description, date, location, and contact info to [megan@maryjanesfarm.org](mailto:megan@maryjanesfarm.org). Megan will keep Sisters up-to-date on upcoming gatherings.

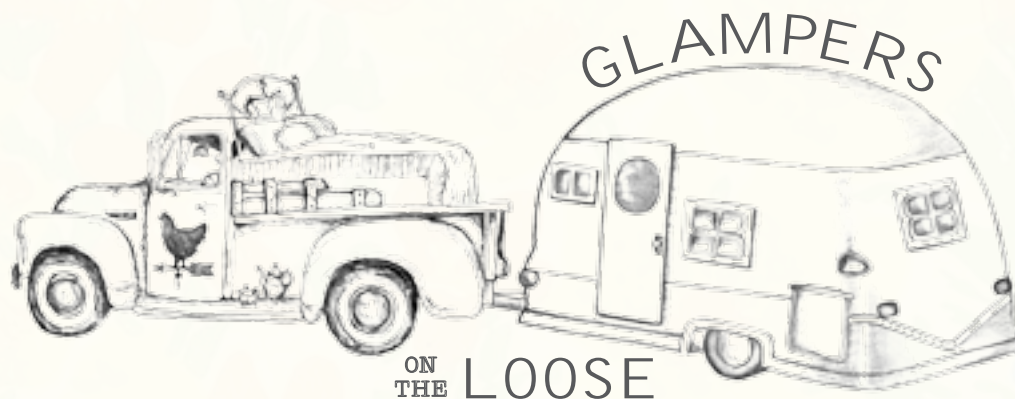
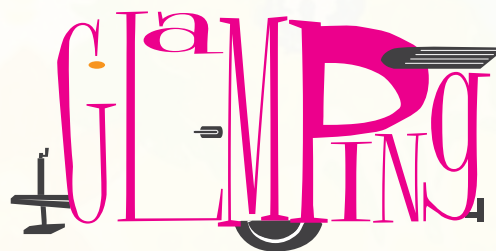
## Upcoming Events:

**Mitten Kitten Glampouts, MI, June 5–7, July 10–14, and August 7–10, 2015 (see p. 52)**

If you're a Sisterhood member, **click here** to download a FREE Glampers on the Loose logo!

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# June Sisterhood



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# Farmgirl Sisterhood

Share in the Fun!

## Farmgirl Chatter

**What are farmgirls chatting about?**

Check it out at The Farmgirl Connection link [here!](#)

## Farmgirl Calendar

### Mitten Kitten Glampout

When: June 5–7, 2015, Friday to Sunday

Who: Lindy Brown from Paddle the Mitten

Where: Mitten Kitten Glampout, Seven Lakes State Park, Fenton, Michigan

How: e-mail inquiries to [Lindy@paddlethemittensup.com](mailto:Lindy@paddlethemittensup.com) or 810-626-8923

Website: [PaddleTheMittensUp.com](http://PaddleTheMittensUp.com)–2015 Events

Celebrate National Glamping Weekend with us! 2015 will be our 2nd year for providing Glamping in Michigan. Our group is called the Mitten Kittens and we love to stand-up paddle, but you don't need to stand-up paddle to join us. It is NOT a requirement. We are all about making women feel good about themselves and others around them. Our trips offer a variety of activities, including yoga, hiking, swimming, antiquing, zentangling, stand-up paddling, relaxing, and more! Seven Lakes State Park is a quiet, peaceful gem in Michigan.

Ages usually range from 30s to late 60s (you must be 21 years of age); we are a unique and diverse group. All activity levels are welcome. I honestly can say that I have never had anyone not enjoy their time on my "retreats." As we get closer to February, I will have prices and details. Early RSVP is suggested—we do fill up our Glampouts!

Two types of camping:

1. Bring your own camper or tent and join us at our main base camp.
2. Stay in the 1965 vintage Airstream or our glamped-out bell tent (space limited).

### Mitten Kitten Glampout

When: July 10–14, 2015, Friday to Monday

Who: Lindy Brown from Paddle the Mitten

Where: Mitten Kitten Glampout, Young State Park, Boyne City, Michigan

How: e-mail inquiries to [Lindy@paddlethemittensup.com](mailto:Lindy@paddlethemittensup.com) or 810-626-8923

Website: [PaddleTheMittensUp.com](http://PaddleTheMittensUp.com)–2015 Events

continued ...





Voted one of the United States' most beautiful lakes, Young State Park sits on the shores of Lake Charlevoix. Join us for 4 days of enjoying the sandy beach, sun, fresh water, and sisterhood. Area attractions and activities include yoga, good food, hiking, sightseeing, stand-up paddling the Jordan River, stand-up paddle yoga on Lake Charlevoix, shopping in Boyne City, and antiquing at Deer Creek Junk in East Jordan. Nighttime campfires on the beach under the sapphire black sky with brightly shining stars. Ages usually range from 30s to late 60s (you must be 21 years of age); we are a unique and diverse group. All activity levels are welcome. I honestly can say that I have never had anyone not enjoy their time on my "retreats." As we get closer to February, I will have prices and details. Early RSVP is suggested—our Glampouts sell out fast!

Two types of camping:

1. Bring your own camper or tent and join us at our main base camp.
2. Stay in the 1965 vintage Airstream or our glamped-out bell tent (space limited).

#### **Mitten Kitten Glampout**

When: August 7–10, 2015

Who: Lindy Brown from Paddle the Mitten

Where: Mitten Kitten Glampout, Leelanau Peninsula, Michigan

How: e-mail inquiries to [lindy@paddlethemittensup.com](mailto:lindy@paddlethemittensup.com) or 810-626-8923

Website: **PaddleTheMittensUp.com**—2015 Events

Voted one of the United States' most beautiful places in America by *Good Morning America*, join your guide, Lindy, for a memorable weekend. From early morning yoga, stand-up paddling, hiking, sightseeing, wine tasting, and enjoying the local fresh farm fare, you will not be disappointed to join this Glampout. We will be Glamping and renting a house for those who are coming from out of state or do not have a trailer. I also will have the bell tent available. This is one of our most popular weekends of the year. Ages usually range from 30s to late 60s (you must be 21 years of age); we are a unique and diverse group. All activity levels are welcome. I honestly can say that I have never had anyone not enjoy their time on my "retreats." As we get closer to February, I will have prices and details. Early RSVP is suggested—our Glampouts sell out fast!

Three types of accommodations:

1. Bring your own camper or tent and join us at our main base camp.
2. Stay in our glamped-out bell tent (space limited).
3. Stay in our Mitten Kitten-approved comfy and cozy beach house.

## **Farmgirl Chatter**

### **Barnyard Buddies: Our little "farm" just got goats! Submitted by NixKat**

I just became a new goat mama, or should I spell it "maaa, maaa" (since that is what I hear from my two little girls). A few days ago, 5 to be exact, we brought home our two little Nubian sisters. Such excitement! We had been talking about the possibility of owning goats for a couple of years and we finally acted on it.

continued ...





## continued ...

The girls were born in January. Although we don't own a large parcel of land, our lot is actually just under 1/2 acre. We have managed to create a good-size fenced yard for them. We also turned a 10' X 10' area of our garage into a barn stall for them.

So far, it all seems to be working out nicely. Our little backyard farm attracts a growing number of visitors who love having a free petting zoo practically in their backyard. (A small school, K-3, abuts our backyard fence-line, so all the children and most of the parents get to see our menagerie daily.

Last November, the teachers began bringing their students to see the turkeys and chickens.

Now we have 12 ducks, 14 hens, 2 rooster chicks, and two goats. Coming soon: more turkeys and meat chickens.

We also grow most of the vegetables we will use in the coming year. All this, and it only uses the backyard. We plan to plant an orchard in the front yard. By planting mini-dwarf trees in espalier method, we should be able to plant several apple, peach, and pear trees in the limited space.

Thanks for letting me share my news. Share your story [here](#).

### **Barnyard Buddies: Eggs hatching today and tomorrow. Submitted by farmmilkmama**

We have 22 eggs in one incubator and 18 eggs in another incubator that, if all goes well, should be hatching today and tomorrow. This never gets old! It's always exciting to see how many hatch out and what we end up with. We collected eggs from our hens, candled at a week, got rid of what wasn't fertilized, and are anxiously awaiting to see how many new chicks we have to add to our farm. :) Will keep you posted! Share your story [here](#).

### **Barnyard Buddies: Longhorn calf "Beautiful" joins the herd. Submitted by ceejay48**

Yesterday, midday (05/11/15), this little cutie, a Longhorn heifer calf joined our hobby herd of Longhorns. My hubby decided to name her "Beautiful." He's funny about names! :)







Her momma is an almost-all-white Longhorn, but with some small “butterscotch” spots here and there and a very impressive set of horns. We’ve never had a calf with markings quite like hers! :)

“Beautiful” is most likely to be the last calf because we no longer have a bull and are gradually paring down the herd, hopefully to not have any by the time all the steers are butchered.

Longhorns are interesting because you never know how they are going to be marked and each one has a different configuration to their horns. Thanks for letting me share! Share your experience [here](#).

**Farm Kitchen: Homemade yogurt. Submitted by kymomma4**

I have a question. Why do you need yogurt to make yogurt? Every recipe I have seen says that you need yogurt to make homemade yogurt. I’m so befuddled. Give your advice [here](#).

**Garden Gate: What’s in your garden? Submitted by texdane**

Ahhhhh. So nice to be planting! I’ve got a pot of lettuce, lavender, and patio tomatoes. In the garden, I have eggplant, kale, romaine, tomatoes, peas, beets, potatoes, squash, and cukes. In the front, I have blueberry bushes with blooms, pumpkin, and I just picked up ruffled purple basil. Ever try that?

What’s growing where you are? Share what you’re growing [here](#).

**Outpost: Reluctant hubby glamper. Submitted by sherone\_13**

Anyone else have a hubby that is reluctant to go camping with you? My father gifted me the most beautiful 28-foot camper with all the bells and whistles. I am in love with it and I want to spend every waking moment in it. Hubby, however, is not as excited as me. It’s almost like he’s afraid to use it. He has pulled horse and stock trailers his whole life, so I know he can handle backing it up and such. I just can’t figure out what’s holding him back.

Trust me, I can handle taking it out on my own. I just really love being around the guy. Share your story [here](#).

**Stitching and Crafting: Finished my 5<sup>th</sup> rug, Meadow & Sky. Submitted by melody**

I can tell just after the first couple of rugs that I am getting the “hang” of it now. I just wish I could continue on after completing a rug, but I’m still having issues with one end section getting less and less taut as I weave along. I know it is because I didn’t use a tension box when I loaded on the warp at the very beginning. Now that I have my new “Toika” temple, it’s helping immensely. So I will just continue to cut the rug I complete then tie on with each new rug. Whew, who knew fun would be so much work? Share your experience [here](#).



continued ...





continued ...

## Farmgirl Jubilee

Here are some fun photos of farmgirls celebrating Farmgirl Jubilee this year (May 2–3). To share how it was celebrated, click [here](#).



Submitted by quiltee



Submitted by Killarney



Submitted by Cissik





Submitted by sunshine4u



Submitted by sunshine4u




Submitted by AFinkberry



# Girl Gab

GirlGab.com



the world as  
our garden

the place where  
girlfriends gather  
to gabble, gush,  
and gadabout ...




lessons in  
herbalism



food from scratch



farmgirl pets



farmgirl love

Find MaryJane's farmgirl bloggers—city, rural, suburban,  
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find daily posts from 130 (and counting) sister blogs.

To find out more,  
scan here with  
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# MARYJANE'S CHILLOVER® POWDER

GELATIN ALTERNATIVE



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## STABILIZED WHIPPED CREAM

PREP TIME: 10 MINUTES,  
PLUS 2 HOURS CHILLING  
COOK TIME: 8 MINUTES  
MAKES: 4 CUPS

2¼ cups cream, divided  
½ t vanilla  
¼ cup honey  
¼ cup water  
1¼ t MaryJane's ChillOver Powder

1. Add 2 cups cream and the vanilla to a medium bowl or stand mixer; set aside.
2. Bring honey and water to a simmer in a small saucepan over medium heat; slowly sprinkle in ChillOver Powder and continue to simmer for 3 minutes, stirring constantly. Remove from heat and whisk in remaining cream.
3. Begin whipping cream. Add honey mixture just before soft peaks form, then continue to whip into stiff peaks.
4. Pipe cream onto your baked goods and refrigerate for 2 hours to set.



**Looks like gelatin. Tastes like gelatin. But it isn't. It's better!**

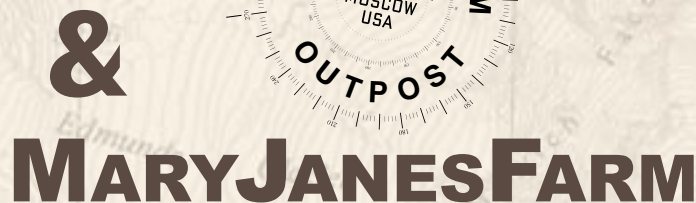
My innovative ChillOver® Powder is for all the people who grew up loving gelatin desserts but gave up on them, knowing their animal origin. It sets up in half the time gelatin does. It seals in flavors more quickly. And it doesn't melt at room temperature. Once you try it, you'll never go back!

**To order, call 888-750-6004  
or go to [MaryJanesFarm.org](http://MaryJanesFarm.org)**



\* You'll find several jam recipes using our ChillOver Powder in the magazine section of our website: [MaryJanesFarm.org/Recipes-Patterns-Instructions](http://MaryJanesFarm.org/Recipes-Patterns-Instructions)





Here's a delicious way to **help MaryJanesFarm**  
**help veterans help disaster victims.**

**“Your food made our day  
in the Philippines!”**

I just wanted to let you know that we love your products. We were on the ground in Tacloban, Philippines, four days after the typhoon hit, doing relief work and setting up operations for our teams out there. Conditions that first week were challenging and extreme. We never complained, and your instant (just add water) pouches of food sure helped. We ate the awesome Outrageous Outback Oatmeal in the mornings and fought over the Shepherd's Pie in the evenings. We didn't have the luxury of taking a lot of them, but when the 15 of us were able to sit down to eat them, it was all smiles. Thank you! ”

— Kirk Jackson, TeamRubiconUSA.org



When we received the above e-mail and photo from Kirk Jackson of Team Rubicon, a veteran-focused disaster relief organization, we were humbled and pleased that our just-add-water organic meals found their way to the Philippines after the devastating typhoon in 2013. We also knew we wanted to help this great organization carry on their inspiring and important work.

**So we teamed up with the Team:** For every 3-lb box of our emergency food you buy (15 to 25 servings, depending on entrée), **we donate two single-serve pouches of food to Team Rubicon** to help feed them when they travel to help those in need. Each box of emergency food contains one 3-lb bulk oxygen-free mylar bag of our just-add-water organic meals for emergency preparedness long-term storage. Shelf life: 15+ years.



one  
**3-lb  
bulk box**  
for you  
=  
two  
**single-serve  
pouches**  
for  
Team Rubicon



**Why Prepare?**

Natural disasters—floods, fires, earthquakes, tornadoes, and windstorms—affect tens of thousands of people every year. One week of emergency food is needed in order to ride out most disasters. That's a minimum of three meals per person per day for one week. Do the math and then get ready!

**Why Eat Organic?**

Surviving any kind of disaster is stressful. Why compound your burden by eating bad food? You need nourishment, not the mindless calories found in most preparedness meals that are overly laden with salt and preservatives; laced with pesticides, herbicides, and fungicides; and formulated using genetically modified ingredients.



# Team Rubicon & MaryJanesFarm

## The Mission

**Team Rubicon** unites the skills and experiences of military veterans with first responders in order to rapidly deploy emergency response teams, oftentimes arriving on the scene before traditional aid organizations.

**MaryJanesFarm** helps feed Team Rubicon's emergency response teams by donating two pouches of food for every box of emergency food sold. That's where you come in. Every time you buy a box of our emergency food, you're feeding Team Rubicon.

## Team Rubicon Saves Lives

Since its creation in January 2010, Team Rubicon has impacted thousands of lives—in Haiti, Pakistan, the Philippines, and here at home most recently during Hurricane Sandy; the tornadoes in Moore, Oklahoma; and massive flooding in Colorado. Team Rubicon reaches victims outside the scope of where traditional aid organizations venture.

## Team Rubicon Engages Veterans

Thousands of U.S. military veterans, many returning home after fighting 10 years of war, find a renewed sense of purpose for their skills and experiences through Team Rubicon.



MaryJanesFarm just-add-water organic meals—everything from instant pastas and rice to soups to breads to desserts—are perfectly complemented by the BioLite Camp Stove (BioliteStoves.com) that boils water with nothing but twigs. And, by converting heat into electricity, it can also charge your flashlights, phones, and other gadgets while you cook.

## Product of USA

### EcoPouch® Packaging



Our unique pro-environment **EcoPouch® Packaging** has offset 1,547,955 sq ft of aluminum foil since 1996. **That's 58 tons of landfill waste avoided!**

for a hefty dose of inspiration, watch Team Rubicon on [YouTube.com/TeamRubiconUSA](http://YouTube.com/TeamRubiconUSA)

**MaryJanesFarm | 888-750-6004 | [MaryJanesFarm.org](http://MaryJanesFarm.org)**



# ★ ★ TIME FOR A LITTLE ★ ★ TEA PARTY?

.....  
★ BREW SOME ORGANIC ★  
★ HERBAL GOODNESS

.....  
AND FILL YOUR  
CUP WITH PURE  
BOTANICAL  
★ FUN! ★



  
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## Our sentiments exactly!

This adorable 8" x 8" plaque, printed on canvas and stretched on a wood block edged with burlap, is available at [BraveGirlsClub.com](http://BraveGirlsClub.com). Sisters Melody and Kathy believed there needed to be a place where women could go to feel supported and never alone, no matter what struggles they were having. They wanted to create a place full of good news, good people, good ideas, good adventures, and good times—a place where they could teach women that no matter what curveballs life handed them, they were going to be okay. Get a daily dose of Brave Girl magic by subscribing to the free Brave Girl Daily Truth e-mail affirmation messages—a little present the girls have been giving the world five days a week since 2009. Also sign up for Brave Girl Camp Art + Life Retreats, take online empowerment classes, encourage other Brave Girls with the Brave Girl Truth Card Exchange, and more. Read all about Brave Girls Club in the "Yesteryear" Aug/Sept 2014 issue of *MaryJanesFarm*.





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*Joshua Goldenberg, ND (2013)*

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# Farmgirl Sisterhood



## Social Media

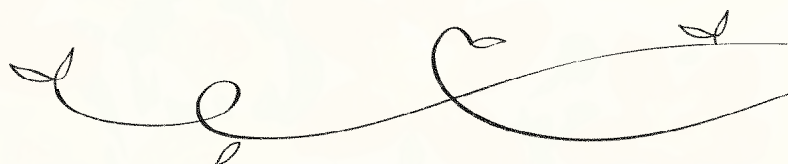
I'm doubling back to make sure you're aware of all the social media happenings at MaryJanesFarm, because you won't want to miss a thing—especially the moment when YOU'RE the sister featured on one of our Facebook pages simply because you're just so farmgirl awesome or you've earned a badge or your blog post from our Sisterhood blogging community over at **GirlGab.com** was featured. (This is my favorite daily pleasure. I LOVE GirlGab!)

As ladies of the Sisterhood, now numbering 6,450 (and counting), we've earned an amazing number of Merit Badges so far—9,160 total! We've recently started alerting earned Badges daily on our MaryJanesFarm **Facebook** page. We started out alerting just the expert-level earners, but decided recently to alert all levels AND add photos if you include them. We're just so darn proud! Can you hear the clucking?

My blog, **RaisingJane.org**, is a little bit more of the fun and frilly that you've come to expect from MaryJanesFarm, and is my outlet for conversation in between magazines.

If you're a Facebook or Twitter kind of gal, you'll find my posts teased on my **Twitter** account and our **Facebook** account. Updates for all things glamorously glamping for International Glamping Weekend can be found **here**, at its Facebook fan page.

Facebook and Twitter not your thing? Then, our **Pinterest** page can keep you up-to-date with recipes, projects, products, and beautiful images captured here at my farm.







## Exclusive for Sisters!

### Sisterhood Necklace

We've partnered with Elaine Tolson of Washington to offer this lovely bit of vintage-style jewelry—for Sisterhood members only. Your necklace will be emblazoned with your own unique Sisterhood number, setting your braggin' rights in stone. Whether you wear it as a secret code for those in-the-know, or as a conversation starter about the Sisterhood, is up to you. **Click here to order yours.**



Hello Elaine!

Thank you so much for my beautiful charm. I received it last week and have enjoyed wearing it and showing it to my friends and family. Can't wait to get our Chapter off the ground here in Cherry Valley.

Thank you again,  
Mary Bronson



Elaine!!!

Thank you so very much for the beautiful Farm Gal necklace!!! I beyond love it! I really feel part of something grander when I wear it. You made my day when I opened my little burlap bag, truly.

kindness counts,  
Kim







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~~~~~  
a return  
to what  
dresses  
were  
always  
meant  
to be  
~~~~~





# Merit Badge

## Awardees



### Merit Badge Awardees

**Andrea Houck: #6259**

Beginner badge: Farm Kitchen / Breadmaking

Intermediate badge: Farm Kitchen / Breadmaking

**Becki Pope: #2389**

Beginner badge: Stitching & Crafting / Buttoned Up

Beginner badge: Stitching & Crafting / Crochet

**Beth Lohman: cntybuff #2591**

Beginner badge: Garden Gate / Backyard Farmer

Beginner badge: Garden Gate / Herbs

Beginner badge: Stitching & Crafting / Aprons

**Betty Hoffman: Dapple Grey Lady #5589**

Beginner badge: Each Other / Farmgirl Jubilee

**Cathie Toppari: #6366**

Beginner badge: Garden Gate / Backyard Farmer

Beginner badge: Stitching & Crafting / Buttoned Up

**Christy Jordan: ChristyJordan #6399**

Beginner badge: Garden Gate / Backyard Farmer

**CJ Armstrong: ceejay48 #665**

Intermediate badge: Each Other / Farmgirl Jubilee

**Diane Kasperzak: DiDi #3657**

Beginner badge: Each Other / Farmgirl Jubilee

Intermediate badge: Each Other / Farmgirl Jubilee

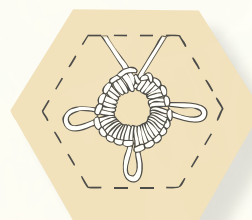
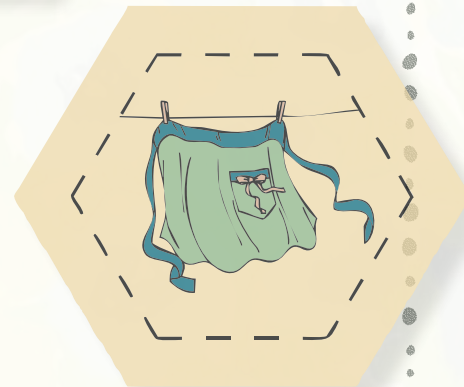
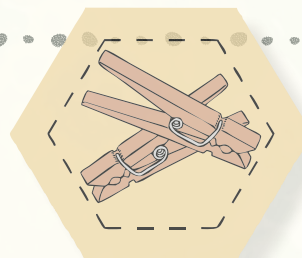
**Emily Race: Simply Satisfied #3591**

Beginner badge: Garden Gate / Heirlooms Forever

Beginner badge: Outpost / First-aid

Intermediate badge: Each Other / Blogging

Expert badge: Garden Gate / Heirlooms Forever!







**Erin McBride: notathreatinsight #3762**

Beginner badge: Make it Easy / Let's Get Physical

Beginner badge: Make it Easy / Make it Pretty

**Heidi Bragg: #6211**

Beginner badge: Each Other / Farmgirl Gratitude

**Jackie Beauchene: miles2go #6270**

Beginner badge: Stitching & Crafting / Sew Wonderful

**Janie Green: Janie G. #6331**

Beginner badge: Cleaning Up / Going Green

**Jennifer Pierson: MossHillFarmMomma #6269**

Intermediate badge: Cleaning Up / Recycling

Intermediate badge: Cleaning Up / Shopping Green

Expert badge: Cleaning Up / Recycling

**Jennifer Prior: critzyj #5297**

Beginner badge: Farm Kitchen / Get it Together

Beginner badge: Make it Easy / Let's Get Physical

Intermediate badge: Farm Kitchen / Get it Together

Intermediate badge: Make it Easy / Let's Get Physical

Expert badge: Farm Kitchen / Get it Together

Expert badge: Make it Easy / Let's Get Physical

**Joanna Green: Joanna #5965**

Beginner badge: Garden Gate / Birds

Beginner badge: Stitching & Crafting / Buttoned Up

**Katie Wright: #5600**

Beginner badge: Stitching & Crafting / Aprons

Intermediate badge: Stitching & Crafting / Aprons

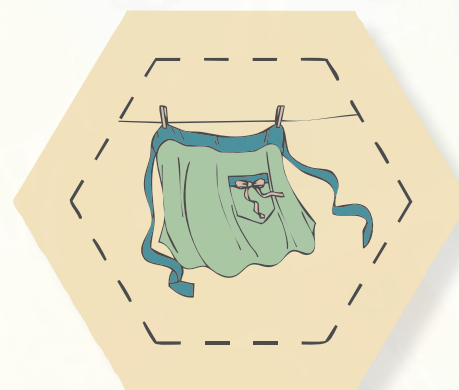
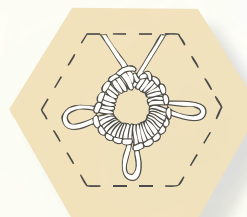
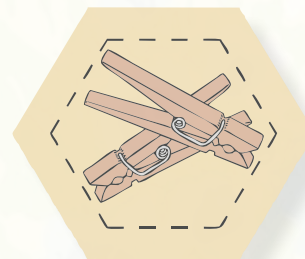
Expert badge: Stitching & Crafting / Aprons

**Kris Sievert: KESinMN #6020**

Beginner badge: Cleaning Up / Recycling

Beginner badge: Each Other / Farmgirl Gratitude

Beginner badge: Garden Gate / Putting Away for Winter



continued ...





## continued ...

Beginner badge: Stitching & Crafting / Quilting  
 Beginner badge: Stitching & Crafting / Sew Wonderful

### **Linda Cole: #4879**

Beginner badge: Stitching & Crafting / Knitting

### **Linda Olivera: quiltee #1919**

Beginner badge: Stitching & Crafting / Aprons  
 Intermediate badge: Each Other / Farmgirl Jubilee

### **Marilyn Hartman Sullivan: #6318**

Beginner badge: Cleaning Up / Recycling  
 Beginner badge: Each Other / Farmgirl Gratitude  
 Beginner badge: Garden Gate / The Secret Life of Bees  
 Intermediate badge: Cleaning Up / Recycling

### **Melanie Jones: #4211**

Beginner badge: Make it Easy / Carp-hen-try  
 Intermediate badge: Make it Easy / Carp-hen-try

### **Miranda Strickland: Missus Miranda #3535**

Beginner badge: Cleaning Up / Recycling

### **Sherrilyn Askew: Sherri #1350**

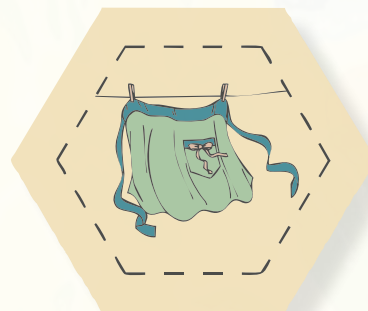
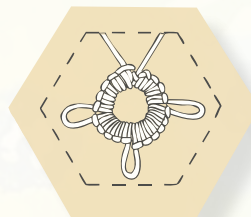
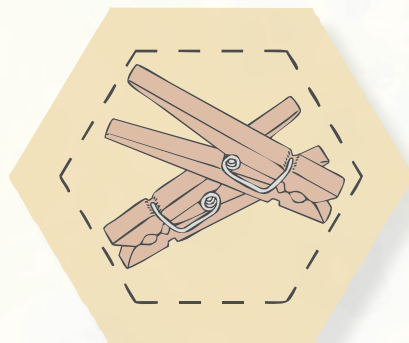
Beginner badge: Stitching & Crafting / Dyeing for Color  
 Beginner badge: Stitching & Crafting / Scrapbooking  
 Intermediate badge: Outpost / Knotty Farmgirls  
 Intermediate badge: Outpost / Stargazing Chicks  
 Expert badge: Garden Gate / Bee Good to your Mother Earth  
 Expert badge: Stitching & Crafting / Nellie Will-do

### **Theresa Atkinson: atkinst2 #1632**

Beginner badge: Each Other / Farmgirl Gratitude  
 Beginner badge: Garden Gate / Horse Dreams  
 Beginner badge: Stitching & Crafting / Safe Toys

### **Vicki Meeds: pearlsnjeans #120**

Beginner badge: Each Other / Farmgirl Jubilee









# Farmerettes & Young Cultivators

## Merit Badge Awardees

### *Young Cultivators*

**Maile Drinen:** Young Cultivator of Leah Drinen #6220  
Beginner badge: Farm Kitchen / Icing on the Cake  
Intermediate badge: Farm Kitchen / Icing on the Cake  
Expert badge: Farm Kitchen / Icing on the Cake



### What's a Farmerette?

Farmerettes are young farmgirls-in-training between the ages 14–18. They can earn the same Merit Badges as adult Sisters, so long as there is a Farmgirl Sisterhood member nearby to work with them. **Click here to find out more.**

### What's a Young Cultivator?

Young Cultivators are girls and boys between the ages 6 and 13. They can work with Farmgirl Sisterhood members to earn badges, but have their own unique program. **Click here to find out more.**







## Young Cultivators Group

### Young Cultivators

Our Young Cultivators are continuing to learn all about embroidery.

*Mary Jane* ♥







IN 1997, I took over stewardship of The Barron Flour Mill, a four-story, 124-year-old building on the National Register of Historic Places. Joseph Barron, the third-generation miller who spent his life there milling grains, eventually pioneered the first certified organic flour in the Northwest. I created this easy-to-use organic baking mix in honor of Joseph and all the frugal farm women who served their families wholesome food ... on a budget.

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# Coming Soon to a Magazine Near You

Our June/July issue (Buds, Berries & Bulbs) hit newsstands on May 12. In it, you'll find recipes for game-night snacks; learn how to savor summer's avocados; meet an artist who makes garden art from discarded junk; learn how to turn a cast-iron bathtub into an outdoor sofa; read about an organization that provides simple hand-sewn dresses to girls in need around the world; discover the anti-aging power of berries; and more. Don't risk missing *MaryJanesFarm* magazine on newsstands. Subscribe [here!](#)





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# Meet our Bloggers

*Being a farmgirl isn't where you live, but how you live!*

Farmgirls are tapping away at their keyboards to bring you news from the homefront, no matter where you live or what your interests. Rebekah Teal, a former judge, writes about being a farmgirl in the city; Alexandra Wilson blogs from the rural perspective; Nicole Christensen gives you the suburban viewpoint, and Debbie Bosworth writes from the beach. You can click to our farmgirl blogs right on our home page ([MaryJanesFarm.org](http://MaryJanesFarm.org)). While you're there, sign up for our e-mail blog alerts and recipe of the week.

## city FARMGIRL



**Rebekah Teal** is a farmgirl from a large metropolitan area who recently made her dreams come true by moving to a farm. Given her dyed-in-the-wool city-girl background, she still writes our **City Farmgirl Blog**. She's a lawyer who has worked in both criminal defense and prosecution, and she has been a judge, a business woman, and a stay-at-home mom. She's not only down-home citified, she's a true-blue farmgirl ... in (the occasional) pair of stilettos!

Mustering up the courage to do the things you dream about, she says, is the essence of being a farmgirl. Learning to live more organically and closer to nature is Rebekah's current pursuit.

## rural FARMGIRL



**Alexandra Wilson** is a budding rural farmgirl living in Palmer, Alaska—the agricultural seat of the last frontier—and she shares her adventures on our **Rural Farmgirl Blog**. Alex is a graduate student at Alaska Pacific University, pursuing an M.S. in Outdoor and Environmental Education. She is focused on developing a program to inspire young women to become beginning farmers. She lives and works on the university's 700-acre educational farm, and has just welcomed the newest member of her family, baby Ava Maureen. Alex loves to rock climb, repurpose found objects, cross-country ski on the hay fields, travel, practice yoga, and cook with new-fangled ingredients.

## suburban FARMGIRL



**Nicole Christensen**, our current **Suburban Farmgirl Blogger**, calls herself a “knitter, jam-maker, and mom extraordinaire.” Born and raised in the great state of Texas, she now resides in suburban New England in picturesque Connecticut, just a stone's throw from New York state.

Married over 20 years to her Danish-born sweetheart, Nicole has worked in various fields and has been a world-traveler, entrepreneur, knitting teacher, and homemaker, but considers being a mom her greatest job of all. Loving all things creative and domestic, Nicole considers her life's motto to be “Bloom where you are planted.”

## beach FARMGIRL



**Debbie Bosworth** left her lifelong home in the high desert of northern Nevada 10 years ago and washed up on the shore of America's hometown, Plymouth, Massachusetts, where she, her “beach-bum Yankee” husband of 20 years, and her two homeschooled kids are now firmly planted. Debbie writes our **Beach Farmgirl Blog**.

“I found a piece of my farmgirl heart when I discovered MaryJanesFarm. Suddenly, everything I loved just made more sense! I enjoy unwinding at the beach, writing, gardening, and turning yard-sale furniture into ‘Painted Ladies’! I’m passionate about living a creative life and encouraging others to ‘Make Each Day their Masterpiece.’”





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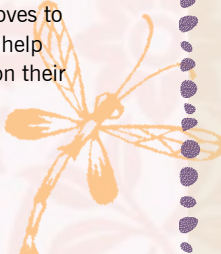


ranch  
FARMGIRL



**Dori Troutman, our Ranch Farmgirl Blogger,** is the daughter of second-generation cattle ranchers in New Mexico. She grew up working and playing on the ranch that her grandparents homesteaded in 1928. That ranch, with the old adobe home, is still in the family today. Dori and her husband always yearned for a ranch of their own. That dream came true when they retired to the beautiful green rolling hills of Tennessee. Truly a cattleman's paradise!

Dori loves all things farmgirl and actually has known no other life but that. She loves to cook, craft, garden, and help with any and all things on their cattle farm.



suburban farmgirl

## Nicole's Favorites

### Deodorant



Summer heat is back and I love it! Growing up in Houston, Texas, I'm no stranger to hot, humid weather, and I don't mind when it comes to New England. What I *do* mind is feeling less than fresh. At the risk of sharing too much information (we are farmsisters, after all), I'll be frank. I don't "glisten," I *sweat*. Underarm deodorant is not something I feel confident going without, especially in summer, but using the wrong one could be a health hazard.

Odor comes from bacteria, and our armpits are breeding grounds for bacteria ... warm, moist, dark areas, with lymph glands. Sweating is a natural and necessary function. Antiperspirants work to block sweat using aluminum salts. I'm sure you've heard that aluminum has been thought to be a link to Alzheimer's. It's also been questioned if it might raise the risk for breast cancer in women. The reason women are told not to wear antiperspirant when getting a mammogram is because the aluminum flecks it contains can be picked up on the imaging. Searching online for the risks of using antiperspirant, I see there are no definitive answers as to whether or not health hazard claims are 100% verified, but as a farmgirl, I have to question whether blocking a natural body function is such a good idea.

Conventional deodorants without antiperspirants still contain other harsh, toxic chemicals known to be carcinogens like parabens, propylene glycol, talc, triclosan ... the list goes on. It's known that what you put on your body is absorbed by the skin, and those with sensitive skin like me can't use many of those ingredients without irritation.

I relished the idea of making homemade deodorant, using organic coconut oil, organic cornstarch, and baking soda, and found it did work well ... for awhile. Unfortunately, my husband has developed an intolerance to coconut oil. If he uses the homemade deodorant, he develops a horrible rash that resembles poison ivy. Another farmsister friend also developed a rash when she made homemade deodorant. Some individuals might develop yeast issues under their arms from the cornstarch. The deodorant also liquefies when warm. Homemade deodorant formulations aren't for everyone.

We tried lots of different store-bought "natural" deodorants before finally finding one I give my stamp of approval to. Some melted, stained my clothes, were irritating, or just didn't work well. Finally, I found a new natural deodorant I like.

**EO All Day Fresh Certified Organic Deodorant** delivers.

In a spray bottle, with few ingredients, it comes in refreshing formulas like citrus, vetiver, and lavender (my choice). While it does contain organic ethanol (the alcohol in alcoholic beverages), we've been using it for several weeks without excessive dryness or irritation. There's none of the nasty, toxic chemicals, and it's certified organic and gluten free. Containing essential oil blends and purified water, the lavender is a wonderful scent, without being overpowering. EO All Day Fresh Certified Organic Deodorant is refreshing and works well. I've found that even after a hot day outdoors, I'm not (ahem), offensive. The spray is also great to use as a "freshener" for later in the day. The three formulas come in generous 4-fluid-ounce spritz bottles for around \$6.99. I found mine at my local Whole Foods store. You can also find it online at **EOProducts.com**. Bring on that summer weather!







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# Magazines, Books & More



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[Click here](#) to subscribe to *MaryJanesFarm* magazine.

If you're a subscriber, you should have received your magazine by about May 5. (Those of you near postal hubs get faster delivery; rural delivery takes a little longer.) If you didn't receive your magazine, you can call our publisher's subscription department at 800-476-4611 to check on your delivery.

## MaryJanesFarm *Calendar*

Our **2015 calendar** is still available. Each month's top page features a full-color image from our farm and each calendar page includes dates, holidays, inspirational sayings, lunar phases, and fabulous farmgirl culture. This is a Project F.A.R.M. (First-class American Rural Made) product. All 26 pages are printed here at the farm on 8 1/2" x 11" card stock and are bound with black spiral wire, unfolding to 11" x 17".

### Current Holidays:

June 1 ~ Say Something Nice Day  
June 5 ~ World Environment Day  
June 6 ~ International Glamping Weekend  
June 8 ~ World Oceans Day  
June 10 ~ Iced Tea Day  
June 14 ~ Flag Day  
June 16 ~ Fresh Veggies Day  
June 21 ~ Fathers' Day  
June 25 ~ Log Cabin Day

June  
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