

MARYJANES FARM[®]

Sister Issue



September 2018

With some
added pluck,

we came up with this easy way to click (er, cluck) your way back to the farm in between magazine issues. As with any nesting hen, we prefer to accomplish our work with regularity. That's why, if you're an official member of **MaryJane's Farmgirl Sisterhood**, our *Sister Issue* will be showing up in your inbox in May and September, with a special issue coming out the first week in January to announce our Farmgirl Sister of the Year and new Merit Badges. With a cluck-cluck here and a click-click there, we're here for you just when you need a sisterly cyber hug the most. Let the braggin' (er, clucking) begin!

Life made us
FRIENDS,
MaryJanesFarm
made us
SISTERS



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Hello from Sister #1



Look what's **NEW!**

Hopefully, you know. On second thought, maybe you don't know, because if you're like me, computers can be mighty confusing (and very vexing at times).

Did you know that as Farmgirl Sisters, we have our own website? **FarmgirlSisterhood.org**

Check it out and earmark it because we've recently added a shopping cart to our FarmgirlSisterhood.org website so you can also pick up the Sisterhood Supplies you might need, and from there, shop for whatever else MaryJanesFarm is offering using your Sisterhood membership number to qualify for free shipping (like for our garlic on the next page).

Everything from buying a bumper sticker to checking on Merit Badge requirements to clicking on links to our chatroom and GirlGab to reading blog posts from our Beach, City, Ranch, Rural, and Suburban bloggers can be accessed from our main FarmgirlSisterhood.org page. Absolutely *everything* farmgirl can now be found at FarmgirlSisterhood.org.

I encourage you to get used to coming to all things Farmgirl and Sisterhood through FarmgirlSisterhood.org because during the next few months, we'll be reworking our main MaryJanesFarm website to make it hand-held compatible, which means it can't be so full of content (that requires reading, ahem). I'm going there kicking and screaming, but alas, dear lassies, it's the way of the world.

If you have feedback or would like us to consider other changes to our website, please, please, please let me know at maryjane@maryjanesfarm.org.

MaryJane 

MaryJanesFarm Farmgirl Sisterhood

About Us | Join Us | **Shop** | Official Roster | Merit Badge Requirements | Merit Badge Awardees

We are Sisters -- a sisterhood of farmgirls. We're country, we're city, and every before and after in between. It's not where we live, but how we live. We get together to Chat online and form in-the-flesh Farmgirl Chapters. We love to share stories, to craft, to garden, and to nurture the next generation of Farmwives and Young Cultivators. And when our work is done, we get together to throw tea parties, and go camping, fishing, and "jamming" as "Gampers on the Loose."

Learn all about us!

f t

Here for the Tea Party?

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MARYJANESFARM

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Girl:Gab.com

The PLACE where Sisterhood members gather to gabble, gush, and gadabout ...

(new entries daily)

going, going... but not quite gone yet!

Hands down, our two garlic-seed varieties are the best on planet Earth. I kid you not. Just ask anyone who grows our garlic. It's heirloom and hardy as all get out, just a joy to grow. And the best part? Each and every clove is large and super easy to peel (no sticky, white pieces of skin stuck all over your fingers). Every year, for dozens of years, we've sold out in no time at all, which is why we grew more this year. Don't delay. Give us a call! 888-750-6004

MaryJane ♥



MaryJane Garlic Seed

It's true. There's an heirloom variety of hardneck garlic (hardneck means it produces a scape) named after me! It's a rare variety that I slowly brought back into disease-free production over the course of 20 years. From 60 different varieties that I conducted field trials on, this one was in a standout league of its own—truly remarkable. It stores well into spring without sprouting, peels super easy, and each individual bulb is large and pleasant to work with when cooking. It was originally found in the outback of Czechoslovakia by Rich Hannan, the director of the Western Region U.S. Department of Agriculture Germ Plasma Bank, located right next door to us in Pullman, Washington. There truly is no finer garlic than my MaryJane variety.



Red Gourmet Garlic Seed

A rare, disease-free, hardneck variety, Red Gourmet Garlic Seed has gorgeous, robust red tones throughout. The scape my Red Gourmet garlic (below, right) produces is mild, whereas my MaryJane garlic has a scape with plenty of heat. (Scapes make a delicious pesto: grind/chop; add olive oil, lime juice, and Parmesan; and spread on crackers or bread.) If you grow both MaryJane and Red Gourmet garlic, all your bases are covered. Red Gourmet stores well into spring without sprouting, peels super easy, and each individual clove is large and pleasant to work with when cooking.



MARYJANES FARM

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Hello from Sherrilyn Carroll Farmgirl Sister of the Year 2016



Sherrilyn Carroll (Sister #1350), was our Farmgirl Sister of the Year for 2016. A native of Washington, Sherri joined the Sisterhood in 2010 and has since earned over 264 merit badges. She is a member of an active Farmgirl Chapter, The Backdoor Farmgirls, and has taught several skills to her chapter members, including carding and using a drop spindle. Sherri works in her family's recycling and trash equipment business and is the mother of two children, ages 27 and 13. She's the perfect inspirational example of a farmgirl with plenty of fortitude, stick-to-it-ness, grace, and grit. "I dig in my garden without gloves and go barefoot all summer so that I stay connected to the ground on which I walk and the planet I inhabit. I don't do anything by half measures, and sometimes I'm my own worst enemy. I love a good joke and a belly laugh."

How Northwest Can You Get and Still Be in the U.S.? x-----x-----x



Neah Bay of course. What?!? You never heard of Neah Bay? Well, if you live in Washington State, or even in a northwestern state, you have probably heard of the Olympic Peninsula and the Olympic Mountains. If you get out your map and find this peninsula and locate the mountains, then draw you finger northwest until you get to the edge of the land, you have found the Makah Reservation. Within that reservation lies Neah Bay. If you like to hike in out-of-the-way places, see fantastic rock formations and amazing sunsets, and eat local nosh, this is a place worth visiting.

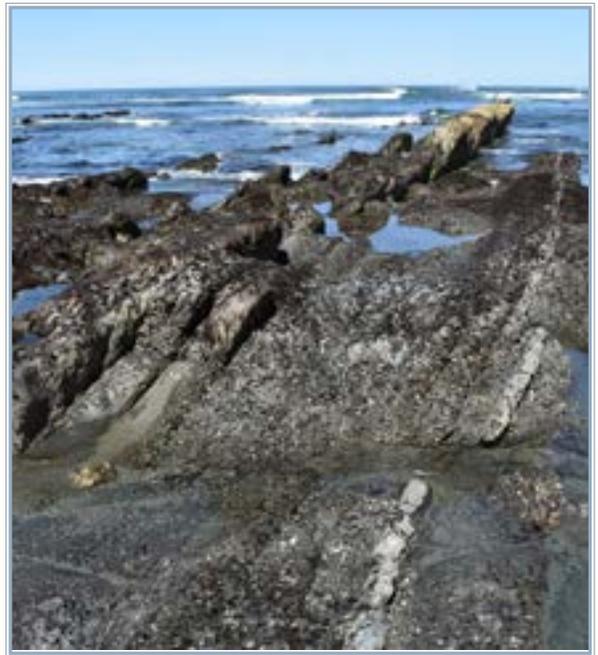
My husband's birthday is May 5, and on his bucket list was a trip to Neah Bay. So I made the arrangements and surprised him with a trip. We arrived just before 9 a.m. Saturday morning so we could get our permit from the General Store when it opens. (You cannot hike on the reservation without their permit.) Then we headed out to the Shi Shi Beach (pronounced Shy Shy) trailhead for a long walk. When we reached the beach, off in the distance, we could see the rock formation referred to as "The Arches," but almost directly in front of





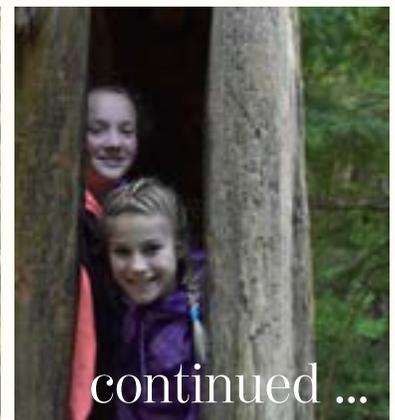
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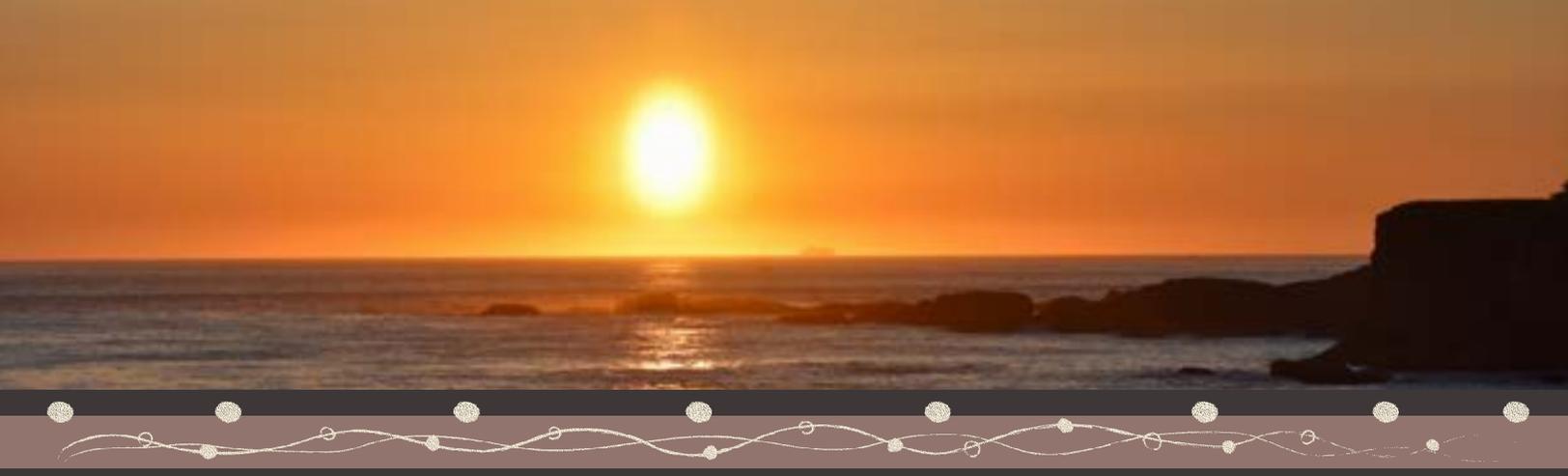
us was a wonderful rock formation, only visible at low tide, which looks like the spines of sleeping dragons. We wandered a ways along the beach, enjoying the view and playing in the water, then sat on the rocks to enjoy our lunch. Food always tastes so much better in nature. Since coming in was a trail of many switchbacks to bring us down the cliff, going out was a long climb back up. We made it back to the trailhead, enjoyed a post-trail snack, and headed to our cabin.



We stayed at Cape Resort, which has both a campground and cabins (we stayed in the cabins). It was a wonderful little place within walking distance of the grocery store and the waterfront. We sat out watching the eagles flying overhead and listening to the seals bark. After we got settled in, we headed to the local museum for a history lesson. There is not enough space to tell you about everything, but suffice it to say that the museum was a small goldmine of local history. They also had some of the most incredible baskets I have ever seen.

By this point, everyone is very tired and I am getting the stink-eye from the girls. Time to locate food. We went back to a small restaurant called Linda's Wood-fired Kitchen. The food was AMAZING. The fresh salads were all homegrown greens, the salmon was fresh caught and smoked just a couple of days before, and even the pizza dough was homemade. The mother-daughter team were friendly and knowledgeable. She even gave us a homemade blueberry muffin (made with wild blueberries) to use as Michael's birthday cake. They had a coffee stand attached to the restaurant as well. Our tummies were very happy.





continued ...



We went back to our cabin to enjoy the evening sounds before embarking on our next hike. When we were within an hour of sunset, we set out for the Cape Flattery Trailhead. This one was only a mile on mostly level ground, so our tired bodies were up for it. Once we reached the overlook, we milled about with many other folks to enjoy the view and wait for the sunset. Cape Flattery is located at the most northwest point of Washington State, the point where the Pacific Ocean meets the Straights of Juan de Fuca. You can see Vancouver Island, BC and the Cape Flattery Lighthouse from the point. We watched fishermen returning home and large freighters destined for either the U.S. or Canada come into the Straight. Slowly, the sun settled onto the horizon, bathing the entire area in its orange glow. We continued to watch as the ocean put out the sun's light and the soft light of dusk settled on the area, then turned back to the trail and to the cabin for the night.

There was no argument when the girls were told to get their showers and get to bed. They were out cold in less than 20 minutes. There is nothing like a little exercise to clear the mind and relax the body. We all slid into the night's embrace with feelings of a day well spent and memories for a lifetime. In the morning, we traveled back home, but what a wonderful mini-vacation! I bid you adieu until the next adventure.



**“Autumn shows us
how beautiful it is
to let things go.”**

– Author Unknown





“ My ideas of living in the country and my ideas of work are entwined. Where one begins the other does not end, and often they bleed into one another until they can't be told apart. ”

– Charles Finn, *Farm Romance & Adventure*



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Big welcome to our new and renewing Sisterhood members!

Aidan Murphy
Aimese Hurley
Alisa Lear
Allyson Wolf
Amanda Troost
Amber Watters
Amy Reichert
Amy Kolo-Elmhorst
Andrea Racht
Anette Theopolos
Angela Davis
Angela Vargas
Ann Socolofsky
Anne McAwley-Ledoc
Annette Frerking
Ashley Edstrom
Aurore Stubbs
Becky Runnels-Jose
Beth Weaver
Bette Axiak
Bonnie Ellis
Brenda Alberding
Brenda Bennett
Brenda Davis
Cara M. Kroll
Carla Crawford
Carlene Bedient
Carol Womelsdorf
Carol Hagemeyer
Carol Locker
Catherine Clements
Catherine Blount
Cathy Zahn
Cecily Rae Faith
Cheri Bowman
Cheryl Herron
Cheryle Duffy-Lehrer
Christina O'Neal

Christine Rolfe
Christine Murphy
Christine Ellis
Christine Frazzini
Christy Harrill
Cindy Lackey
Cindy Meier
Connie Warren
Cristy Marxsen
Cynthia Foote
Dana Manchan
Danielle Reuther
Danyel Treece
Darlene Litton
Darlene Mossman
Deb Anderson
Deb Fischer
Debbie Tegar
Debbie Rempe
Deborah A. Lawrence
Deborah Powell
Debra Shanler
Debra Strevig
Debra Rowzee
Dena Corry
Denise Myers
Denise Watkins
Denise Gunter
Denise Trine
Denise Godwin
Denise Thompson
Diana Nelson
Diana Casey
Dianna Hauf
Donna Timms
Donna Parmer
Donna Rowe
Elizabeth Archer

Elizabeth Del Vecchio
Ellen Clack
Ellen Andersen
Ellen Robertson
Emily Gregory
Emily Rose Yost
Fonda L Davis
Gabriele Beck
Gail Karls
Gina McKnight
Ginger Booth
Hailey Griffin
Hannah Frankowski
Harriet Johnson-O'Mara
Heather Burke
Heather Majernik
Heather Lynn Martin
Jacqueline Bates
Jacqueline Ferri
Jami Bolton
Jamie Pospyhalla
Jane Sprague
Janet Gresko
Janice Hamilton



“A true friend
reaches for your
hand and touches
your heart.”

– Author Unknown



Jeanna Morgan
 Jeanne Betters
 Jen Daniels
 Jennifer Prior
 Jennifer Fulks
 Jennifer Tallman
 Jill Davis
 Jill May
 Jo Anne Cox
 Joann Brogan
 Joyce Hollyfield
 Juanita Massey
 Judith Cozart
 Judy Pemberton
 Julia Akers
 Julie Glover
 Kaaminii Stroh
 Karen Dressler
 Karen Ryan
 Karen Buchholz
 Karla Reinhart
 Katerina McFadden
 Kathryn Osborne
 Kathy Graybeal
 Kathy Golston
 Katie Reichenbach
 Katie Robillard
 Katrina Johnson
 Kay Tilton
 Kelly Brubaker
 Kelly O'Neal
 Kelly Wall
 Kimberley Thomas
 Kimberly Parker
 Kitty-Kate Mills
 Kristen Silvers
 Kristin Jonec
 Kristine Christ

La Verne Duncan
 Laura Spencer
 Lavern Pease
 Linda Olivera
 Linda Fonger
 Linda Plattner
 Linda Sanzo
 Linda Trask
 Linda Stark
 Linda Terry
 Lisa Birkner
 Liz Jacks
 Lorey Byrne
 Lori Alto
 Luann Cooley
 Lynn Karidis
 Maggie Daniel
 Marcelina Lundy
 Marcia Wilde
 Marcy Sumoski
 Marie Listopad
 Marilyn Godfrey
 Marilyn Black
 Marjorie Ward
 Marsha Jaramillo
 Martha Koukios
 Mary T. Jason
 Mary Abrahamson
 Mary Mursu
 Mary Duffel
 Maryellen Benton
 Maureen Poorman
 Melanie Koehler
 Melissa Klevans
 Melissa Easterbrooks
 Michelle Young
 Molly M. Edelen
 Nancy Lowe

Nancy Ingham
 Nancy Evans
 Natalia Breuer
 Nicole Miller
 Nikki Allen
 Norma Hart
 Pam Talmadge
 Pamela Rushka
 Pamela Larkin
 Pat Mitchell
 Patti White
 Paula Krone
 Paula Black
 Peggy Gosk
 Peggy York
 Peggy Smith
 Phyllis Fekula
 Polly Winkelvoss
 Rachel Hayden
 Rachelle Musser
 Rachelle Johnson
 Rain Klepper
 Rebecca White
 Rene Merino
 Rita Smith
 Robin A. Thornberg
 Roma Horton
 Roxane McCooeye
 Ruth Ann Kutemeier
 Sallyann Dyer-Congdon
 Sandie Holden
 Sara Davis
 Sara Knight
 Sara Heck
 Shannon Kammer
 Shari Doty
 Shelby Novak
 Shelia Taylor

Shelley Solace
 Sherri Reznicek
 Sherry Dixon
 Stella Jack
 Sue Johnson
 Sue Blosl
 Sue Ryno
 Sue Heighling
 Sue Stout
 Susan Brubaker
 Susan Kaar
 Susanne Bender
 Suzanne Miller
 Suzy Rhoades
 Sylvia Jacobus
 Tanya Nelson
 Teri Johnson
 Terri May
 Theresa Atkinson
 Tracy Digiacomio
 Vanessa Matheu
 Victoria Crawford
 Virginia Gresko
 Wendy Black
 Wendy Wheeler
 Yvonne Modarres
 Zabrina Schaefer



“Be a
 rainbow in
 someone
 else’s cloud.”
 – Maya Angelou





“Autumn is a
second spring
when every leaf
is a flower.”

– Albert Camus



Each issue of
MaryJanesFarm

is filled with gardening guidance, delightful craft projects, and scores of delicious seasonal recipes. Plus, you'll read ideas for vintage collecting, earth-friendly living, and more.



Enjoy the simply, healthy and heartwarming pleasures of MaryJanesFarm all through the coming year.



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reading
with
Marie



I'd like to introduce you to Marie Bostwick. Marie is a *New York Times* and *USA Today* bestselling author of the *Cobbled Court Quilts* series, as well as standalone novels about family and friendship, such as *The Promise Girls* and *The Second Sister*. Her most recent novel, *Just In Time*, is about three very different women who are united by grief but rescue one another through friendship. For more information about Marie, her novels, quilting, and contests, visit MarieBostwick.com.

Meg

farmgirl BOOK CLUB

As a lifelong voracious reader, I made writing my profession. Now, I'm thrilled and grateful that *MaryJanesFarm* and Kensington Publishing have asked me to serve as the moderator of the Farmgirl Book Club! Over the next year, we're going to read some truly wonderful books together. Here's how it works ...

In each issue of *MaryJanesFarm*, we suggest several outstanding, carefully chosen books that coincide with a different theme. We present two main selections and up to three alternate titles. It's up to you to decide which book(s) you'd like to try. You can read them all or just one. With so many terrific titles to choose from, you're sure to find something you'll love and want to talk about—and that's where the fun begins!

Next, convene with your Farmgirl Sisters via our Facebook group and talk about what you're reading. We discuss the characters you can't get enough of, the villains you love to hate, the plot twists you never saw coming, and so much more. We also have special events, giveaways, and even live chats with some of the authors who wrote the books!

Our Farmgirl Book Club is full of surprises, and most importantly, chock-full of great stories to capture your imagination, tug at your heartstrings, allow you to travel the world without leaving your chair, and introduce you to characters who feel like friends. I'm hoping you'll join us; let's explore outstanding books together.

Marie Bostwick

Farmgirl Sister #7185

Reading with Marie, OCT/NOV 2018

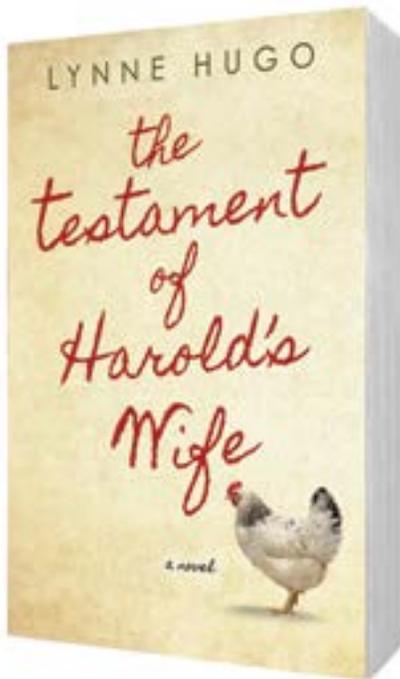
Book Besties

Dear Farmgirl Book Club Sisters,

Have you ever noticed how certain books can come to feel like our best of friends? Those of you who are familiar with my own novels know that female friendships are among the relationships I value most. I love writing about the ways women support and enrich one another through the bonds that form between us. In writing about these friendships between my characters, I often feel like they become close friends as well. Mary Dell Templeton, Grace Saunders, Avery Promise—they all live in the pages of my books, but they also live in my heart and my memories, just like the women I've known in real life and have been lucky to call my friends. I think that's why, when I want to read a book that will lift me up, get me thinking, and leave me feeling empowered, I reach for a story with a strong woman at its center. The kind of woman who will inspire me, start to feel like a dear friend, and stay with me long after her novel ends. I call those characters my "Book Besties," and in this month's issue, I thought I would tell you about some of the Book Besties I've gotten to know recently in these five wonderful new novels.

Don't forget to join your Farmgirl Book Club friends to talk Book Besties and more. Just visit [Facebook.com/groups/FarmgirlBookClub](https://www.facebook.com/groups/FarmgirlBookClub). Happy Reading!



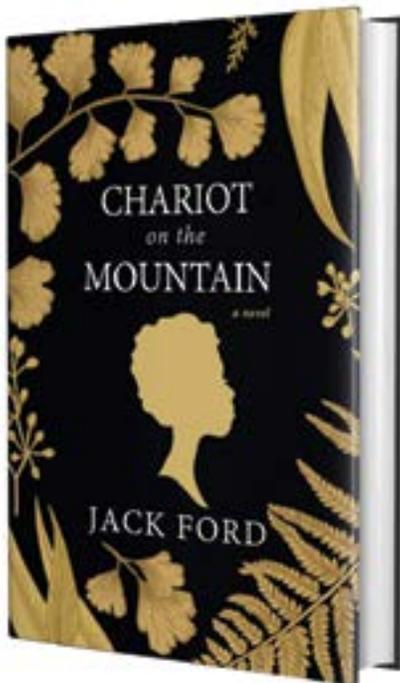


The Testament of Harold's Wife

by Lynne Hugo

Humor, hope, and the healing beauty of nature balance moments of darkness in this refreshingly unsentimental novel about a smart, proactive, and unforgettably sassy retired schoolteacher named Louisa. After the death of her beloved grandson in a drunk-driving accident, then the loss of her husband just months later, Louisa feels she has two choices. She can spend her remaining days mired in grief, alone on her family farm in Indiana with only her geriatric chickens for company. Or she can get busy. Of course, grief can make us a little crazy, and Louisa's uplifting and ultimately life-affirming journey from heartbreak to hope is filled with some pretty crazy—though often hilarious—

antics. There were times when I wanted to give her a hug and other times when I felt like her strength, courage, and humor were hugging me. If any of you have had a chance to visit my blog, FierceBeyond50.com, you'll understand what I mean when I say Louisa is fiercely inspiring!



Chariot on the Mountain

by Jack Ford

The extraordinary women in this novel and their heroic triumph against the shackles of slavery in the Old South would be almost impossible to believe if the story weren't true. Brought to life by Emmy- and Peabody Award-winning journalist Jack Ford, *Chariot on the Mountain* tells of the unlikely alliance between three extraordinary women: a young slave named Kitty Payne, her mistress, and the privileged daughter of the wealthiest plantation owner in the county. Rejecting the divisions of their time and bonding together to do what was right, these strong women undertook one of the most sensational trials of the century, suing Kitty's owner for her freedom—and winning—nearly

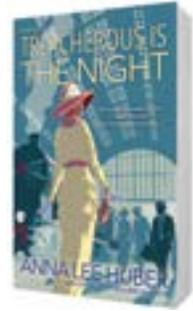
15 years before the Civil War began. You will be amazed that you'd never even heard of Kitty, Mary, or Fanny before. And you will want to share their story with everyone you know!

Join us on the Farmgirl Book Club Facebook Group to learn more, meet the authors, enter giveaways, and talk about books. [Facebook.com/groups/FarmgirlBookClub](https://www.facebook.com/groups/FarmgirlBookClub)

Treacherous Is the Night

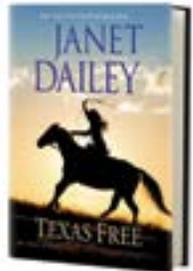
by Anna Lee Huber

This atmospheric, stylish mystery is set in Britain just after WWI and stars Verity Kent, a brilliant, highly capable, and indomitable woman. During the war, Verity was a spy in the British Secret Service, working alongside La Dame Blanche—an actual intelligence gathering network made up of mostly women that existed during the latter years of the First World War. I love Verity's panache and resilience. She loses so many friends in the war, as well as her brother and possibly her husband, yet she keeps throwing her all into every challenge and adventure that comes her way.



Texas Free by Janet Dailey

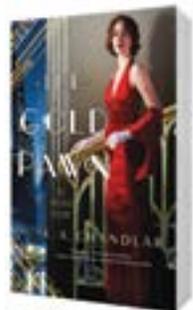
Free-spirited and resourceful, the hardships Rose Landro has endured in her 26 years have only made her stronger. Orphaned as a girl in the 1950s, she was forced to flee her native Texas for Mexico. But she never forgot the small parcel of ranch land that was her birthright. Years later, after tragedy strikes her adopted family in Mexico, Rose decides it's time for her to go back home to Texas and reclaim her inheritance. This means challenging the patriarch of the Tyler family, who annexed her land to his sprawling Rimrock Ranch. But Rose marches to the beat of her own drum and always speaks her mind, so she's just the woman to outmaneuver Bull Tyler. She's also fiercely loyal, and family—whether by blood or by choice—is sacred to her. And when an enigmatic stranger finally wins her heart, it's Rose's strength and destiny that will change the future of Rimrock Ranch forever.



The Gold Pawn

by L.A. Chandlar

When I think of the 1930s, I usually picture scenes from the Great Depression, but this decadent historical mystery set in a glittering Art Deco-style Manhattan shows a different side of the decade, filled with innovation, art, and marvelous cocktails. I love how it weaves little-known nuances of historical fact and culture into an adventurous mystery. And at the center of it all is Lane Sanders, the high-spirited personal aide to New York City's Mayor La Guardia. Witty, creative, and full of gumption, Lane is a real mover-and-shaker who isn't intimidated by the powerful men in the political world she inhabits. She loves chasing adventure and soaking up life as she sprints through the corridors of City Hall in her fabulous red shoes.



September Farmgirl Sisterhood Special

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FREE SHIPPING

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continued ...

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September 2018

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September Farmgirl Sisterhood Special

continued ...

Try our delicious
Buttermilk Biscuits



Smooth, classic biscuits with
a creamy, dreamy texture.
Enjoy as a treat for breakfast or
complement a main dish.
Basic, versatile goodness.



20%
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Exclusive to **MaryJane's Farmgirl Sisterhood** members only. Offer applies to UPS Ground and Standard Post only. When checking out, log in to your account to receive free shipping. For questions, call Brian at 1-888-750-6004.

Farmgirl Sisterhood



Social Media

I want to make sure you're aware of social media happenings at MaryJanesFarm, because you won't want to miss a thing—especially the moment when YOU'RE the sister featured simply because you're just so farmgirl awesome or you've earned a badge or your blog post from our Sisterhood blogging community over at **GirlGab.com** was featured. (This is my favorite daily pleasure. I LOVE GirlGab!)

From GirlGab.com, the place where girlfriends gather to gabble, gush, and gadabout, including daily posts from dozens of sister blogs.

Anna Murfield, Sister #4608
Crooked Feather Studio



100 Naps 100 Flowers

If any of you follow me on Instagram you may have seen that I am working on a new project called "100 Naps 100 Flowers." This is a totally new project I have started, and one I am doing just for fun whenever I have the time to do so. As you may have guessed by the title, this is a project I work on while my little guy takes his naps. When he is down and my older kids are busy I sneak away to my studio and get to work painting flowers just for the fun of it.

I started using oils and creating pieces that looked more polished and finished but I was called to my art journal where I started creating freer less "finished" pieces. I am really loving the ability to use this project to experiment with materials and I love that there isn't any pressure to make something that is for a client or for sale.

Each flower so far has been painted from an image, and in the cases of my art journaled paintings there is a prayer written under each one. The prayer may be for me or my husband or kids or who ever I just pray it, write it down, then cover it up. My prayers don't need to be known by anyone but The One so I don't feel they need to be saved after they are said, but the little bits that remain visible create nice dimension in the image so I leave it there. This is beginning to be a great time for me to take for myself, to meditate on prayer, and practice some skills.

To see more head on over to my Instagram. Feel free to join me and paint some flowers of your own, just tag #100naps100flowers so I see it!





Our sentiments exactly!

This adorable 8" x 8" plaque, printed on canvas and stretched on a wood block edged with burlap, is available at BraveGirlsClub.com. Sisters Melody and Kathy believed there needed to be a place where women could go to feel supported and never alone, no matter what struggles they were having. They wanted to create a place full of good news, good people, good ideas, good adventures, and good times—a place where they could teach women that no matter what curveballs life handed them, they were going to be okay. Get a daily dose of Brave Girl magic by subscribing to the free Brave Girl Daily Truth e-mail affirmation messages—a little present the girls have been giving the world five days a week since 2009. Also sign up for Brave Girl Camp Art + Life Retreats, take online empowerment classes, encourage other Brave Girls with the Brave Girl Truth Card Exchange, and more. Read all about Brave Girls Club in the "Yesteryear" Aug/Sept 2014 issue of *MaryJanesFarm*.

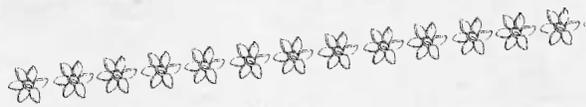
Sisterhood Necklace



Exclusive for Sisters!

Sisterhood Necklace

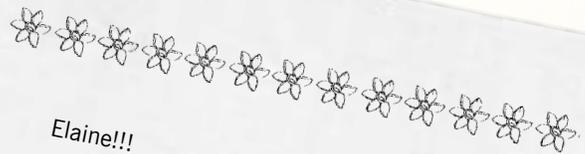
We've partnered with Elaine Tolson of Washington to offer this lovely bit of vintage-style jewelry—for Sisterhood members only. Your necklace will be emblazoned with your own unique Sisterhood number, setting your braggin' rights in stone. Whether you wear it as a secret code for those in-the-know, or as a conversation starter about the Sisterhood, is up to you. **Click here to order yours.**



Hello Elaine!

Thank you so much for my beautiful charm. I received it last week and have enjoyed wearing it and showing it to my friends and family. Can't wait to get our Chapter off the ground here in Cherry Valley.

Thank you again,
Mary Bronson



Elaine!!!

Thank you so very much for the beautiful Farm Gal necklace!!! I beyond love it! I really feel part of something grander when I wear it. You made my day when I opened my little burlap bag, truly.

Kindness counts,
Kim





There is this necklace that I wear,
It rests right below my heart.
Me and this dear trinket
Don't spend much time apart.

It's not made of gold or silver
Or adorned with precious gems,
The design is pure and simple
Unlike the meaning held within.

It matches everything I wear
From my bibs to Sunday's best.
And it's not until I put it on
That I feel fully dressed.

It's a plaything for the children
Who sit upon my lap,
And ask question after question
Like an ever-flowing tap.

"Where'd you get your necklace?"
"Who's the lady with the hat?"
"What's it mean to be a Farmgirl?"
Now, I can answer that!

Maybe not in just one word
Or even three or four.
To explain the farmgirl life
Will take a little more.

A farmgirl is a gentle soul
Filled with grace but then,
She has an inner strength
More than a thousand men.

She has many, many sisters
Much more than she can count.
And they are always on the ready
To help each other out.

She has a 'can-do' spirit
With every task at hand.
And she feels a true connection
To the earth and to its land.

A farmgirl likes the simple things
The wholesome, clean and pure,
But if the need arises
She can be quite the connoisseur!

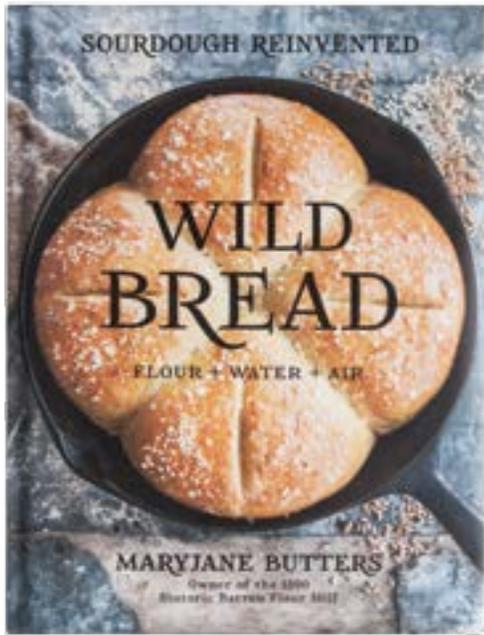
You may find her dressed in work clothes,
And of course, a wide brimmed hat.
But she'll add a pretty apron
To go on top of that.

She doesn't have to be a farmer
Or even live upon a farm.
She can be a city dweller
And still have that farmgirl charm.

It's not a fancy title
That sets us all apart,
For every farmgirl knows
It's a condition of the heart.

So, this necklace that I wear
Is a badge of honor you might say,
For it makes me proud to show
That I live the farmgirl way.

~Wendy Cecil Curling



WILD BREAD

FLOUR + WATER + AIR

Is the world ready to rethink bread making? I certainly think so. My book, *Wild Bread*, completely reinvents the concept of healthier-for-you, naturally fermented sourdough. Until now, sourdough meant too much work and sour-tasting, artisan-style-only loaves. My revolutionary fermentation technique demonstrates the use of eight different types of flours for each bread featured—everything from gluten-free brown-rice flour to quinoa to common white to heirloom whole wheat—for a whopping 295 recipes and 475 photographs. Using my method, every style of bread imaginable, including gluten free, will loft with wild abandon without the purchase of a single packet of not-so-healthy, store-bought yeast. In nutritionally superior wild-yeast bread, fermentation triggers the release of vital nutrients and breaks down carbohydrates. In my world, there's no such thing as too much bread because once you convert to slow-rise wild-bread making, that bagel you've been thinking about is more like a vitamin pill than a source of "carb-loaded" guilt.

FIRST MONTH
1 minute 2 x day
BAKE
1 x week

ONGOING
1 minute 1 x week
BAKE (at least)
1 x month

MaryJane

224 PAGES
295 recipes, 475 color photos
Autographed copies available at MaryJanesFarm.org \$24.99

5-STAR ONLINE REVIEW:
Wild Bread is not just a gorgeous gallery of photos—it is a fully functional and fabulously **USEFUL** guide to mastering the art of wild-bread baking.



SOURDOUGH REINVENTED



It's the night BEFORE Bake Day (p. 58). As usual, you're going to pull 1/2 cup mother from your Refrigerator Mother, feed her 3/8 cup flour and 1/4 cup water, stir/cover, and put her back until next week, and 1/4 cup water, stir/cover.

It's Bake Day. Rise and stir/cover feed your activated batter 3/8 cup flour and 1/4 cup water, stir/cover. Two to three hours later, it's ready to go to work for you.

Depending on the type of flour you're using, follow the amounts in the chart below:

	Activated Batter	Water	Salt	Flour (same type as mother)	Oil	Olive Oil
White	1 1/2 cups	1 cup	1 1/2 t	2 3/4-3 1/4 cups	1 cup	
Kamut	1 1/2 cups	1 cup	1 1/2 t	2 1/4-2 3/4 cups	1 cup	
Sprouted	1 1/2 cups	1 cup	1 1/2 t	2 1/2-3 cups	1 cup	
Einkorn	1 1/2 cups	1 cup	1 1/2 t	4 3/4-5 1/4 cups	1 cup	
Spina	1 1/2 cups	1 cup	1 1/2 t	4-4 1/2 cups	1 cup	

- To the batter in your bowl, add water and salt; stir well. Starting with the smallest amount of flour in the chart, reserve 1 cup of it for kneading and add the rest of it to the bowl with the batter; mix until a stiff, tacky dough forms. Let rest 5 minutes.
2. Dip a clean work surface with reserved flour and scoop dough out of bowl. As you begin to work in the reserved flour, raise the edge to add more flour, as it will produce a dense loaf instead. Very lightly coat your hands with worked-in, begin working in another 1/2 cup of flour. Continue to knead until dough is smooth, pliable, and slightly tacky (about 8 minutes).
3. Wash and dry bowl and coat with safflower oil. Shape dough into a ball and add to bowl. Coat bowl with its lid and let rest in a warm place (70-73°F) for 30 minutes.
4. After 30 minutes, remove lid. Starting at the edge of the bowl, lift a portion of the dough toward the center of all edges have been folded toward the center (6-8 total folds). Cover bowl with lid and let rest again in a warm that conditions the dough so it rises well (step 8).
5. After the last 30 minutes, lightly dust a clean work surface with flour and scoop dough from bowl using the bowl scraper. Divide dough into 3 equal portions and stretch each portion into a 4" x 16" rectangle. Starting from the uniform rope, pinch seams to seal.
6. (facing page)
7. Before bread finishes its 45-minute rise, move an oven rack to the center of the oven and another to the bottom. Place an enameled cast-iron Dutch oven on the bottom rack. Preheat oven to 425°F.
8. Put epi halves into oven. Add ice cubes to enameled cast-iron Dutch oven. (Why? See p. 216.)
9. Bake for 25 minutes, or until internal temperature reaches 190°F. Remove from oven and transfer to a cooling rack.

Proofing Time: 2 hours, 45 minutes **Bake Time:** 25 minutes **Makes:** Three 15" epis

EPI

6. Line an inverted baker's sheet with parchment paper. Roll a single rope onto a baguette board and transfer to prepared baking sheet, seam side facing down. Stretch rope on baking sheet. Repeat this process with remaining portions of dough.
7. Using kitchen shears, make a 45° angle cut at the top of a rope, leaving the back of the rope intact (about 1/2" up from the bottom). Turn cut piece to the left and make another 45° cut, and the third, turn cut piece to the right.
8. Continue making cuts and turning cut pieces in alternating directions. Once all ropes have been cut, cover on seams with a flour-salt, cotton flour, and let rise for 45 minutes.

Einkorn

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C O N T E N T S

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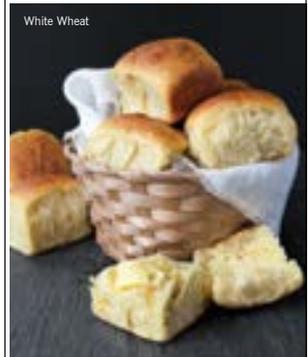
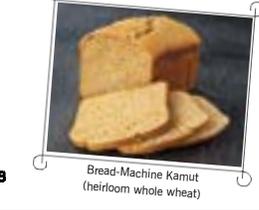
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Treats 172

Quick-and-easy treats, everything from panbread bites to muffins to pancakes to doughnuts.



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Section 5
Equipment 200

Find it, buy it! Not all equipment, cookware, and tools are created equal. Lean in for the lowdown. Also, gift ideas.

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Merit Badge Awardees



Merit Badge Awardees



Aidan Murphy: aidanm #7664

Beginner badge: Each Other / Bibliophile Badging
 Beginner badge: Each Other / Civics Challenge
 Beginner badge: Stitching & Crafting / Nellie Will-do
 Beginner badge: Outpost / Rocks and Minerals
 Intermediate badge: Each Other / Civics Challenge
 Expert badge: Each Other / Civics Challenge

Ann Gee: #7351

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Ann Socolofsky: #7692

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 Intermediate badge: Each Other / Entrepreneurial Spirit
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Bea Campbell: quiltingbea #2575

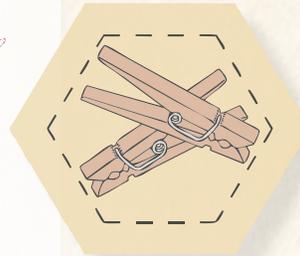
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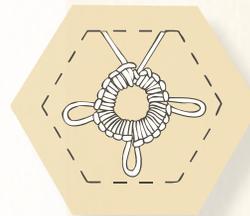
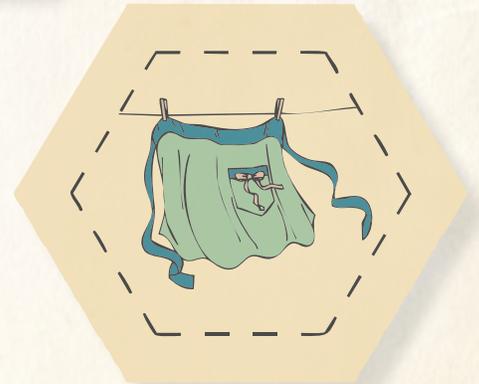
Beginner badge: Cleaning Up / Recycling
 Beginner badge: Each Other / Civics Challenge
 Beginner badge: Each Other / Farmgirl Jubilee
 Beginner badge: Farm Kitchen / Unprocessed Kitchen
 Beginner badge: Stitching & Crafting / Nellie Make-do
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**Click here to
read about Merit
Badge awardees.**



continued ...



continued ...

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Beginner badge: Stitching & Crafting / Nellie Make-do

Beginner badge: Stitching & Crafting / Quilting

Beginner badge: Stitching & Crafting / Sew Wonderful

Beginner badge: Outpost / Disconnect to Reconnect

Beginner badge: Outpost / Pampered Pets

Intermediate badge: Stitching & Crafting / Quilting

Intermediate badge: Stitching & Crafting / Sew Wonderful

Intermediate badge: Outpost / Pampered Pets

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Beginner badge: Each Other / Languages/Culture

Beginner badge: Farm Kitchen / Recipes

Beginner badge: Outpost / Farmgirl's Best Friend

Intermediate badge: Cleaning Up / Going Green

Intermediate badge: Cleaning Up / Recycling

Intermediate badge: Cleaning Up / Shopping Green

Intermediate badge: Outpost / Farmgirl's Best Friend

Expert badge: Cleaning Up / My Fair Farmgirl

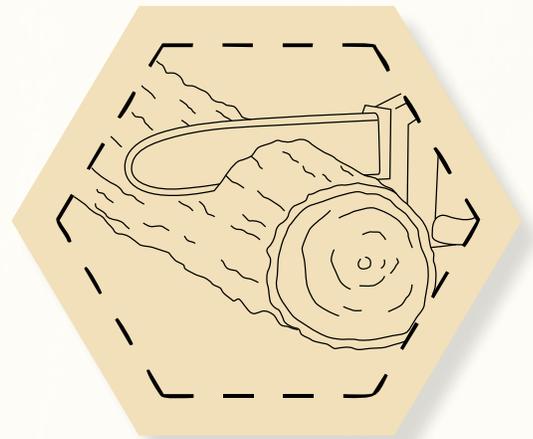
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Intermediate badge: Cleaning Up / Recycling



continued ...



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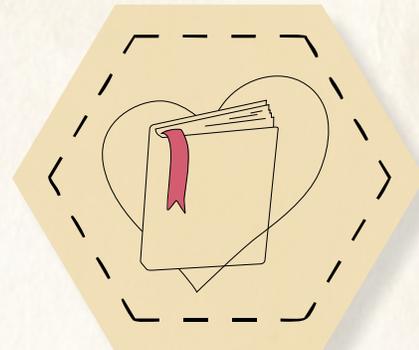
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Intermediate badge: Farm Kitchen / Canning

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Intermediate badge: Make It Easy / Jewelry Making
Intermediate badge: Make It Easy / Mindfulness Meditation



continued ...



continued ...

Intermediate badge: Outpost / Farmgirl's Best Friend

Expert badge: Farm Kitchen / Carpe Cocoa

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Beginner badge: Each Other / Reading, 'Riting, and 'Rhythmic

Beginner badge: Make It Easy / Let's Get Physical

Intermediate badge: Each Other / Families Forever

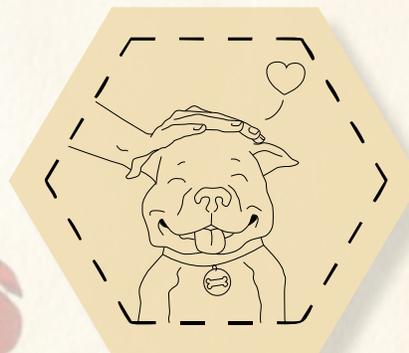
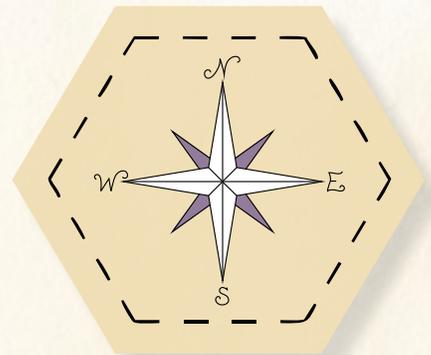
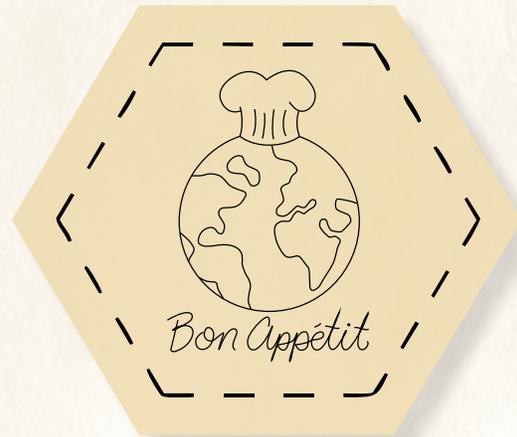
Intermediate badge: Garden Gate / Horse Dreams

Expert badge: Cleaning Up / Shopping Green

Expert badge: Each Other / Families Forever

Tina Smith: TinaSmith #7472

Beginner badge: Stitching & Crafting / Crochet





“The heat of autumn
is different from the
heat of summer.
One ripens apples,
the other turns them
to cider. ”

– Jane Hirshfield

Farmerettes & Young Cultivators

Merit Badge Awardees

Amelia Myers: Young Cultivator of Denise Myers #1593
Beginner badge: Each Other / Let's Go To Town

Katie Rose Harrill: Young Cultivator of Christy Harrill #1951
Beginner badge: Stitching & Crafting / All Buttoned Up

Kaya Bonn: Young Cultivator of Kim Reineke #4826
Beginner badge: Each Other / Families Forever
Beginner badge: Farm Kitchen / Icing on the Cake
Intermediate badge: Farm Kitchen / Icing on the Cake
Expert badge: Farm Kitchen / Icing on the Cake

Kelly Rowland: Young Cultivator of Rosemary Rowland #1392
Beginner badge: Farm Kitchen / Mmm, Chocolate!
Intermediate badge: Farm Kitchen / Mmm, Chocolate!
Expert badge: Farm Kitchen / Mmm, Chocolate!

Leanne Noble: Young Cultivator of Ambrosia Blasier-McCollum #7494
Beginner badge: Garden Gate / Farmyard to Kitchen

Madeline Yost: Young Cultivator of Emily Yost #5070
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Beginner badge: Farm Kitchen / Icing on the Cake
Intermediate badge: Each Other / Families Forever
Intermediate badge: Farm Kitchen / Icing on the Cake
Expert badge: Each Other / Families Forever
Expert badge: Farm Kitchen / Icing on the Cake

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Beginner badge: Each Other / Let's Go To Town

Rylee Greene: Young Cultivator of Starletta Schipp #1927
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Beginner badge: Stitching & Crafting / Weaving In and Out
Intermediate badge: Farm Kitchen / Icing on the Cake
Intermediate badge: Stitching & Crafting / Weaving In and Out
Expert badge: Farm Kitchen / Icing on the Cake

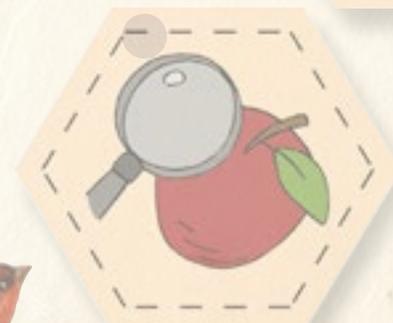
Click here
to read
about
Merit Badge
awardees.

What's a Farmerette?

Farmerettes are young farmgirls-in-training between the ages 14–18. They can earn the same Merit Badges as adult Sisters, so long as there is a Farmgirl Sisterhood member nearby to work with them. **Click here to find out more.**

What's a Young Cultivator?

Young Cultivators are girls and boys between the ages 6 and 13. They can work with Farmgirl Sisterhood members to earn badges, but have their own unique program. **Click here to find out more.**





FARM FRESH STYLE!

MARY JANES FARM

eat better • feel better • look better

OCT/NOV 2018 ISSUE

Contents {KEEP the CHANGE}



But first ... SOME FUN!

- 11 Farmgirl Finds (staff picks)
- 13 Farmgirl Expressions (artwork with farmgirl flair)

Whether you're a city chick or a farm chick, we're here to help guide you back to your farmgirl roots, back to healthful eating, next door with biscuits, downtown for an evening of crocheting with friends, uptown in a dress-up apron, and starward to your dreams—maybe even a farm of your own. Subscribe, join in, and sign up today! Find back issues in the magazine section of my website (MaryJanesFarm.org).

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Bee^s INSPIRED

Meet an artist inspired to illuminate the abundance that bees give to humanity through their hard work, harmony, order, and frugality.

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Magazines, Books & More



Our Oct/Nov issue (Keep the Change) will hit newsstands on Sept. 11. In it, you'll learn the secret to perfect pumpkin pie, discover natural ways to get relief from chronic pain, find delicious fall recipes from our 16-year-old intern, learn how to turn fabric into wall art and removable wall coverings, and more. Don't risk missing *MaryJanesFarm* magazine on newsstands.

[Click here](#) to subscribe to *MaryJanesFarm* magazine.

If you're a subscriber, you should receive your magazine soon. (Those of you near postal hubs get faster delivery; rural delivery takes a little longer.) If you don't receive your magazine, you can call our publisher's subscription department at 800-476-4611 to check on your delivery.

MaryJanesFarm Calendar

Our 2019 calendar will be available soon. Each month's top page features a full-color image from our farm and each calendar page includes dates, holidays, inspirational sayings, lunar phases, and fabulous farmgirl culture. This is a Project F.A.R.M. (First-class American Rural Made) product. All 26 pages are printed here at the farm on 8 1/2" x 11" card stock and are bound with black spiral wire, unfolding to 11" x 17".

Current Holidays:

- September 3 ~ Labor Day
- September 8 ~ International Literacy Day
- September 9 ~ Rosh Hashanah Begins
(at sundown)
Grandparents' Day
- September 16 ~ Stepfamily Day
- September 17 ~ Citizenship Day
- September 18 ~ Yom Kippur Begins (at sundown)
- September 21 ~ International Day of Peace
- September 22 ~ Autumnal Equinox: *First Day of Autumn*
Businesswomen's Day
- September 28 ~ Good Neighbor Day
- September 29 ~ Family Health & Fitness Day
National Public Lands Day



Magazine "Goodies" on the MJF Website

"For those who are looking for the magazine portion of the website, here is the place to find additional patterns, instructions, recipes and such! Yum!" – Alee, Farmgirl Sister #8
To find the goodies, [click here!](#)



7,713 Sisterhood members and 11,281 Merit Badges earned — growing stronger every day!